

# SUBJECTIVE COGNITIVE DECLINE AMONG MEN

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Men in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

**1 in 9**

men aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

**36%** of men with SCD had to give up day-to-day activities



**76%** of men with SCD have at least one chronic condition

**nearly one in three**

men with SCD say it interfered with social activities, work or volunteering



**less than half**

of men with SCD have discussed their symptoms with a healthcare provider



**30%** of men with SCD need help with household tasks



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