

SUBJECTIVE COGNITIVE DECLINE AMONG MEN

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Men in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9

men aged 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

36% of men with SCD had to give up day-to-day activities



nearly one in three

men with SCD say it interfered with social activities, work or volunteering



less than half

of men with SCD have discussed their symptoms with a healthcare provider

30% of men with SCD need help with household tasks



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