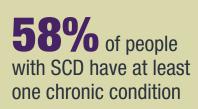
SUBJECTIVE COGNITIVE DECLINE AMONG ASIAN/NATIVE HAWAIIAN/PACIFIC ISLANDER ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Asian, Native Hawaiian, or other Pacific Islander Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older



Asian, Native Hawaiian, or other Pacific Islander adults 45 years and older are experiencing Subjective Cognitive Decline SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

51% of people with SCD had to give up day-to-day activities



nearly one in two people

with SCD say it interfered with social activities, work or volunteering





only a third

of people with SCD have discussed their symptoms with a healthcare provider **42%** of people with SCD need help with household tasks





U.S. Department of Health and Human Services Centers for Disease Control and Prevention alzheimer's R association <u>cdc.gov/aging</u> <u>alz.org/publichealth</u>