



Domestic Travel During COVID-19

Information for People Traveling within the United States and U.S. Territories

Updated May 3, 2022



As a result of a court order, effective immediately and as of April 18, 2022, CDC's January 29, 2021 [Order](#) requiring masks on public transportation conveyances and at transportation hubs is no longer in effect. Therefore, CDC will not enforce the Order. CDC continues to recommend that people wear masks in indoor public transportation settings at this time.

What You Need to Know

- **Make sure you are up to date with your COVID-19 vaccines before travel.**
- Check your destination's COVID-19 situation before traveling. State, tribal, local, and territorial governments may have travel restrictions in place.
- Wearing a mask over your nose and mouth is recommended in indoor areas of public transportation (including airplanes) and indoors in U.S. transportation hubs (including airports).
- Do not travel if you have COVID-19 symptoms, tested positive for COVID-19, are waiting for results of a COVID-19 test, or had close contact with a person with COVID-19 and are recommended to quarantine.

Before You Travel

Make sure you are **up to date** with your COVID-19 vaccines before travel.

Make sure to plan ahead:

- Check the current [COVID-19 Community Level at your destination](#).
 - If traveling to an area with high or medium COVID-19 Community Levels, and you are, live with, or are visiting someone with a weakened immune system or at increased risk for severe disease, plan to take [steps to prevent getting sick](#).
- Make sure you understand and follow all state, tribal, local, and territorial travel restrictions, including proper mask wearing, proof of vaccination, testing, or quarantine requirements.
 - For up-to-date information and travel guidance, check the [state, tribal, local and territorial health department's website](#) where you are, along your route, and where you are going.
- If you have a [medical condition or are taking medication that weakens your immune system](#), you might NOT be fully protected even if you are up to date with your COVID-19 vaccines. Talk to your healthcare provider before travel. Even after vaccination, you may need to continue taking all [precautions](#).
- If traveling by air, check if your airline requires any testing, vaccination, or other documents.
- Prepare to be flexible during your trip as restrictions and policies may change during your travel.



Testing

RECOMMENDED

- Consider getting tested for current infection with a [viral test](#) as close to the time of departure as possible (no more than 3 days) **before** travel.
 - [Check COVID-19 testing locations near you](#) .

Do NOT travel if...

- You have [COVID-19 symptoms](#), even if you recovered from COVID-19 within the past 90 days or are up to date with your COVID-19 vaccines.
- You [tested positive](#) for COVID-19.
 - Do not travel until a full 10 days after your symptoms started or the date your positive test was taken if you had no [symptoms](#).
- You are waiting for results of a COVID-19 test.
 - If your test comes back positive while you are at your destination, you will need to [isolate](#) and postpone your return until it's safe for you to travel. Your travel companions may need to [quarantine](#).
- You had close contact with a person with COVID-19 and **are recommended** to [quarantine](#).
 - Do not travel until a full 5 days after your last close contact with the person with COVID-19. It is best to avoid travel for a full 10 days after your last exposure.
 - If you must travel during days 6 through 10 after your last exposure:
 - [Get tested](#) at least 5 days after your last close contact. Make sure your test result is negative and you remain without [symptoms](#) before traveling. If you don't get tested, avoid travel until a full 10 days after your last close contact with a person with COVID-19.
 - Properly wear a [well-fitting mask](#) when you are around others for the entire duration of travel during days 6 through 10. If you are unable to wear a mask, you should not travel during days 6 through 10.

If you had close contact with a person with COVID-19 but are NOT recommended to [quarantine](#)...

- [Get tested](#) at least 5 days after your last close contact. Make sure your test result is negative and you remain without [symptoms](#) before traveling.
 - If you had confirmed COVID-19 within the past 90 days, you do NOT need to get tested, but you should still follow all other recommendations (including getting tested if you develop COVID-19 symptoms).
- If you travel during the 10 days after your last exposure, properly wear a [well-fitting mask](#) when you are around others for the entire duration of travel during the 10 days. If you are unable to wear a mask, you should not travel during the 10 days.

During Travel

Protect Yourself and Others



RECOMMENDED

- Everyone aged 2 years or older—including passengers and workers— [should properly wear](#) a well-fitting [mask or respirator](#) in indoor areas of public transportation (such as airplanes, trains, buses, ferries) and transportation hubs (such as airports, stations, and seaports), especially in locations that are crowded or poorly ventilated such as airport jetways.
- Follow all [state, tribal, local, and territorial health recommendations and requirements](#) at your destination.
- Follow [recommendations for protecting yourself and others](#).

After Travel

You might have been exposed to COVID-19 on your travels. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others.



ALL Travelers

RECOMMENDED

- Get [tested](#)  for current infection with a [viral test](#) if your travel involved situations with greater risk of exposure such as being in crowded places while not wearing a well-fitting mask or respirator.
 - Follow [additional guidance](#) if you know you were exposed to a person with COVID-19.
- Self-monitor for [COVID-19 symptoms](#); isolate and get [tested](#)  if you develop symptoms.
- Follow all [state, tribal, local, and territorial](#) recommendations or requirements after travel.

If Your Test is Positive or You Develop [COVID-19 Symptoms](#)

- [Isolate](#) yourself to protect others from getting infected. Learn [what to do](#) and when it is safe to be around others.



If You Recently Recovered from COVID-19

You do NOT need to get tested if you recovered from COVID-19 in the past 90 days. You should still follow all other travel recommendations. If you develop [COVID-19 symptoms](#) after travel, [isolate](#) and immediately get [tested](#) . Continue to isolate until you know the results. Wear a [well-fitting mask](#) around others.

More Information

[Frequently Asked Questions about Travel and COVID-19](#)

[Protect Yourself and Loved Ones When Gathering with Friends and Family](#)

[Families and COVID-19](#)

[International Travel](#)