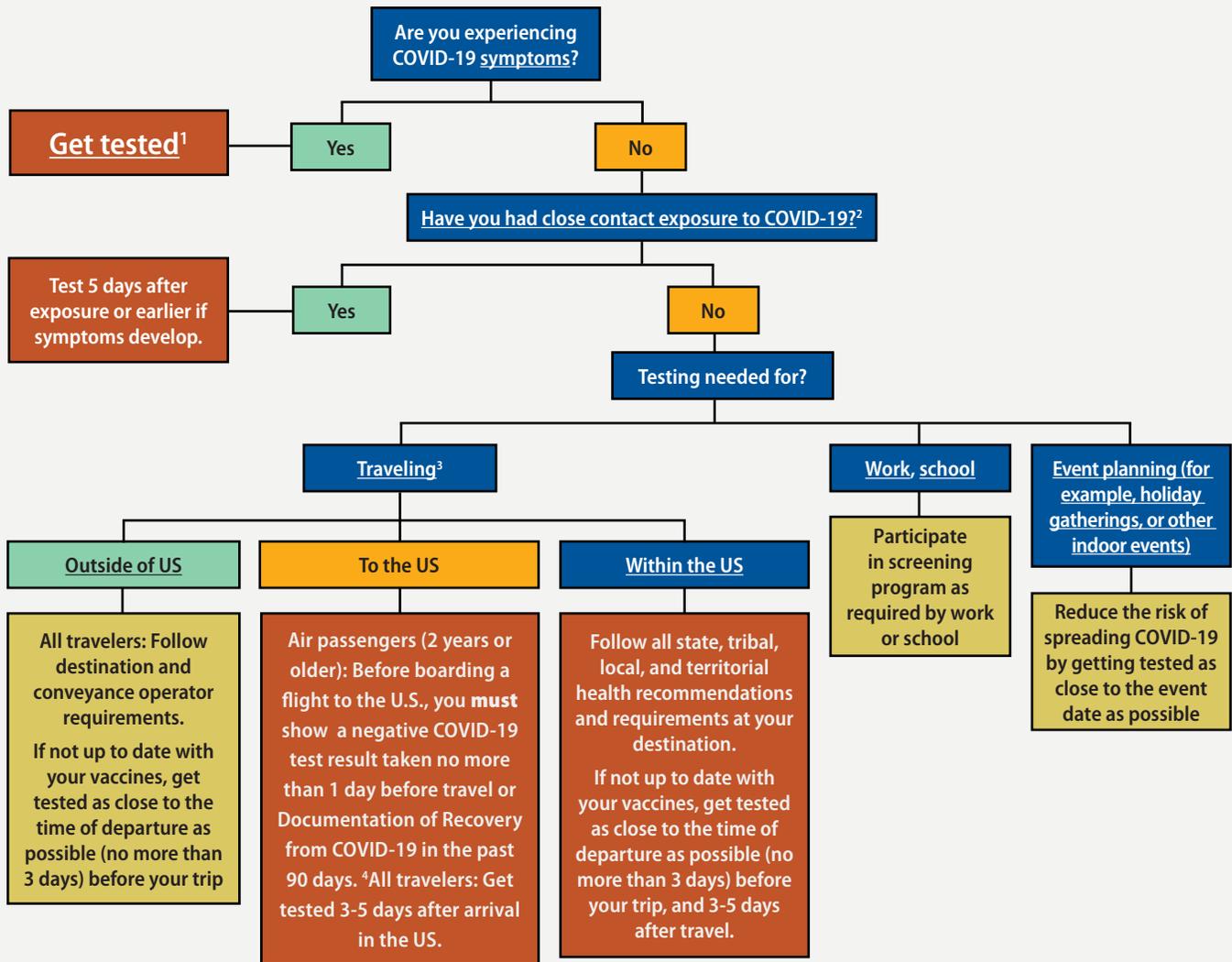# WHEN TO GET TESTED | COVID-19 |

* If you have had COVID-19 in the past 90 days and recovered, you do not need to be tested unless you develop new symptoms. If you do have new symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Tested positive? Learn what the next steps are here.

Are you experiencing COVID-19 symptoms?

- **Yes** → **Get tested[1]**
- **No** → **Have you had close contact exposure to COVID-19?[2]**
  - **Yes** → Test 5 days after exposure or earlier if symptoms develop.
  - **No** → **Testing needed for?**

Testing needed for?

Traveling[3]

Outside of US

All travelers: Follow destination and conveyance operator requirements.

If not up to date with your vaccines, get tested as close to the time of departure as possible (no more than 3 days) before your trip

To the US

Air passengers (2 years or older): Before boarding a flight to the U.S., you **must** show a negative COVID-19 test result taken no more than 1 day before travel or Documentation of Recovery from COVID-19 in the past 90 days. [4]All travelers: Get tested 3-5 days after arrival in the US.

Within the US

Follow all state, tribal, local, and territorial health recommendations and requirements at your destination.

If not up to date with your vaccines, get tested as close to the time of departure as possible (no more than 3 days) before your trip, and 3-5 days after travel.

Work, school

Participate in screening program as required by work or school

Event planning (for example, holiday gatherings, or other indoor events)

Reduce the risk of spreading COVID-19 by getting tested as close to the event date as possible

Footnotes

[1] Rapid tests such as antigen or laboratory based tests such as PCR are acceptable. If you have had COVID-19 in the past 90 days consult a healthcare provider for testing recommendations.

[2] Someone who was less than 6ft away from a laboratory confirmed case for a cumulative total of 15 minutes or more over a 24-hour period. However, in the K–12 indoor classroom setting or a structured outdoor setting where mask use can be observed (i.e., holding class outdoors with educator supervision), the close contact definition excludes students who were between 3 to 6 feet of an infected student if the infected student correctly wore mask the hold time.

[3] For more information, visit: www.cdc.gov/covid19travel. If traveling by cruise, also check with your cruise line for additional requirements.

[4] For more information on the requirement for a negative test or documentation of recovery and information for foreign nationals who have an additional requirement for proof of COVID-19 vaccination visit www.cdc.gov/travelrequirements

cdc.gov/coronavirus