

ARKANSAS

SUBJECTIVE COGNITIVE DECLINE

AR

2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 9

people aged 45 years and older are experiencing
Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

83%



of people with SCD have at least one chronic condition

48%

of people with SCD had to give up day-to-day activities



Less than half

of people with SCD have discussed their symptoms with a healthcare provider



Nearly half

of people with SCD say it interfered with social activities, work, or volunteering



43%

of people with SCD need help with household tasks



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for more
information:

www.alz.org/publichealth

www.cdc.gov/aging