

SUBJECTIVE COGNITIVE DECLINE



2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 11

people aged 45 years and older are experiencing

Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

80%

of people with SCD have at least one chronic condition



39%

of people with SCD had to give up day-to-day activities



Less than half

of people with SCD have discussed their symptoms with a healthcare provider



Over a third

of people with SCD say it interfered with social activities, work, or volunteering



36%

of people with SCD need help with household tasks

