



COVID-19

COVID-19 Information for Specific Groups of People

Updated Feb. 25, 2022

If you or your family member are at high risk for severe illness, wear a mask or respirator with greater protection in public indoor spaces if you are in an area with a high COVID-19 Community Level. Talk with your healthcare provider about wearing a mask in a medium [COVID-19 Community Level](#).

If you test positive for COVID-19 and have [one or more health conditions](#) that increase your risk of becoming very sick, [treatment may be available](#). Contact a health professional right away after a positive test to determine if you may be eligible, even if your symptoms are mild right now. Don't delay: Treatment must be started within the first few days to be effective.

Vaccine Information for [different groups of people](#).

At Increased Risk for Severe Illness



- Some people are more likely than others to become severely ill.
- Severe illness means that a person with COVID-19 may need: hospitalization, intensive care, a ventilator to help them breathe or they may even die.
- People at increased risk, and those who live or visit with them, need to take precautions to protect themselves from getting COVID-19.
- [Treatment may be available](#) that could lower your chance of becoming very sick. Ask your healthcare provider if you may be eligible for treatments.

Older Adults

People with Medical Conditions

Pregnant and Recently Pregnant People

Families & Children

Breastfeeding & Caring for Newborns

Alcohol, Drugs, & Substance Abuse Disorder

People with alcohol, drugs or substance use disorders

Disabilities

People with disabilities

Developmental & Behavioral Disorders
Caregivers of people with developmental disabilities

Racial & Ethnic Minority Groups

Prisons & Jails
People living in prisons and jails

Refugee Populations

Risk by Age Group

Risk for COVID-19 Infection, Hospitalization, and Death

Rate Ratios

Risk by Race/Ethnicity

Risk for COVID-19 Infection, Hospitalization, and Death

Rate Ratios

[Communication Toolkit](#) – For Migrants, Refugees, and Other Limited-English-Proficient Populations.

Digital Resources

What You Can do if You are at Higher Risk of Severe Illness from COVID-19

Are You at Higher Risk for Severe Illness?



Based on what we know now, those at high-risk for severe illness from COVID-19 are:

Here's What You Can do to Help Protect Yourself



Stay home if possible.



Wash your hands often.

What You Can do if You Are at a Higher Risk 

[744 KB, 1 page]
Learn what you can do to protect yourself.

DON'T DELAY: TEST SOON AND TREAT EARLY

| COVID-19 |

If you are at high risk of getting very sick from COVID-19, and test positive, treatment may be available.





Get tested as soon as possible after your symptoms start.

Don't Delay: Test Soon and Treat Early

 [361 KB, 1 page]
Learn what you can do to protect yourself.

[View PDF in Spanish](#)

Archived Content

To find a list of content that has been archived for historical purposes, [please visit our archive](#). Please note the content of these pages and files may be out of date as they are no longer being updated. [View Archive](#)

Last Updated Feb. 25, 2022