



What is mPINC?

mPINC is CDC's national survey of Maternity Practices in Infant Nutrition and Care.

What does mPINC measure?

The survey measures care practices and policies that impact newborn feeding, feeding education, staff skills, and discharge support.

Who is included in mPINC surveys?

CDC invites all hospitals with maternity services in the U.S. and territories to participate. In 2020, 35 of 53 eligible hospitals in Virginia participated (66%).

State Total Score*

82

National Total Score*

81

Implementing best practices and policies in maternity care help to improve breastfeeding outcomes. Use your state's mPINC data to bring together partners, identify gaps, celebrate achievements, and prioritize next steps.

Immediate Postpartum Care	National Subscore	83	Virginia Subscore	83	Virginia Hospitals with Ideal Response
Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (vaginal delivery)					77%
Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until breastfed (cesarean delivery)					51%
Mother-infant dyads are NOT separated before rooming-in (vaginal delivery)					94%
Newborns are monitored continuously for the first 2 hours after birth					60%
Rooming-In	National Subscore	76	Virginia Subscore	80	Virginia Hospitals with Ideal Response
Mother-infant dyads are rooming-in 24 hours/day					83%
Routine newborn exams, procedures, and care occur in the mother's room					43%
Hospital has a protocol requiring frequent observations of high-risk mother-infant dyads					89%
Feeding Practices	National Subscore	82	Virginia Subscore	85	Virginia Hospitals with Ideal Response
Few breastfeeding newborns receive infant formula					37%
Hospital does NOT perform routine blood glucose monitoring on newborns not at risk for hypoglycemia					97%
When breastfeeding mothers request infant formula, staff counsel them about possible consequences					66%

Feeding Education & Support	National Subscore	93	Virginia Subscore	94	Virginia Hospitals with Ideal Response
Mothers whose newborns are fed formula are taught feeding techniques and how to safely prepare/feed formula					89%
Breastfeeding mothers are taught/shown how to recognize/respond to feeding cues, to breastfeed on-demand, and to understand the risks of artificial nipples/pacifiers					74%
Breastfeeding mothers are taught/shown how to position and latch their newborn, assess effective breastfeeding, and hand express milk					71%
Discharge Support	National Subscore	79	Virginia Subscore	80	Virginia Hospitals with Ideal Response
Discharge criteria for breastfeeding newborns requires direct observation of at least 1 effective feeding at the breast within 8 hours of discharge					71%
Discharge criteria for breastfeeding newborns requires scheduling of the first follow-up with a health care provider					91%
Hospital's discharge support to breastfeeding mothers includes in-person follow-up visits/appointments, personalized phone calls, or formalized, coordinated referrals to lactation providers					86%
Hospital does NOT give mothers any of these items as gifts or free samples: infant formula; feeding bottles/nipples, nipple shields, or pacifiers; coupons, discounts, or educational materials from companies that make/sell infant formula/feeding products					71%
Institutional Management	National Subscore	71	Virginia Subscore	69	Virginia Hospitals with Ideal Response
Nurses are required to demonstrate competency in assessing breastfeeding (milk transfer & maternal pain), assisting with breastfeeding (positioning & latch), teaching hand expression & safe formula preparation/feeding, and demonstrating safe skin-to-skin practices					71%
Hospital requires nurses to be formally assessed for clinical competency in breastfeeding support/lactation management					57%
Hospital records/tracks exclusive breastfeeding throughout the entire hospitalization					91%
Hospital pays a fair market price for infant formula					37%
Hospital has 100% of written policy elements [§]					37%

*Scores range from 0 to 100, with 100 being the best possible score. The "Total Score" is an average of the subscores for the 6 subdomains.

[§]See the scoring algorithm for specific items at www.cdc.gov/breastfeeding/data/mpinc/scoring.htm

NOTE: The mPINC survey was redesigned in 2018. Results from the 2020 mPINC survey cannot be compared with results from 2007-2015 mPINC surveys.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Questions about the mPINC survey?

Visit www.cdc.gov/breastfeeding/data/mpinc to learn more.

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