

# National Sexual Violence Resource Center

*A Project of the Pennsylvania Coalition Against Rape*

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**NOTE:** This resource directory does not purport to contain a comprehensive list of all organizations and programs contributing to child sexual abuse prevention. The information in this resource directory was submitted by each organization for the purpose of publication in the directory. The NSVRC has edited some of this information for length, clarity, and uniformity.

The NSVRC does not attest to the quality of services or the veracity of information provided by the organizations and individuals listed herein. If you are considering implementing one or more of these programs/strategies, it is important to thoroughly investigate and evaluate its appropriateness for your setting and consider other factors such as evidence of effectiveness, audience appropriateness, etc.

Preventing  
Child Sexual Abuse:  
A National Resource Directory and Handbook

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- We thank Ms. Foundation for sharing their booklet *Beyond Surviving: Toward A Movement to Prevent Child Sexual Abuse*.
- We thank the programs and individuals who provided information about their resources or recommended others to be included in this directory.
- We thank the authors who provided articles for our “Voices From the Field” section.
- We thank the PCAR/NSVRC staff and NSVRC Advisory Council members who assisted with the development and review of this directory, especially Carol Nodgaard, who assumed the lead role in organizing this project.
- We thank all who are working to make this world a much better place by eliminating and preventing the sexual abuse of our children.

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# Introduction

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BY KAREN BAKER, LMSW, NSVRC DIRECTOR

Child sexual abuse violates the trust, safety and age-appropriate development that should be a natural part of each child's life. Even worse, this especially offensive crime is most commonly committed by adults known to the child, in fact, often by those very people entrusted with the child's care. Its frequency and deeply harmful impact make it one of our most heinous social problems with heartbreaking long-term costs and consequences for individuals, families and communities.

Many otherwise divergent organizations find common ground in a shared commitment to preventing child sexual abuse. Importantly, they share a similar vision of creating strong, healthy communities that include adults from all walks of life working together to protect, value and nurture all children. While they agree that more resources must be devoted to preventing child sexual abuse, it is more difficult to arrive at consensus on which strategies work most effectively. This publication offers a snapshot of some of the currently available resources and research, and identifies themes and key players.

It is critical to draw upon a wide range of strategies to begin to impact this highly complex problem. In reviewing the current status, it is clear that many more resources exist in certain areas than in others. A truly comprehensive approach to preventing child sexual abuse must involve adults and children; males and females; individuals, groups and organizations; and be offered in a variety of formats and settings that are culturally appropriate. We must also implement a range of prevention strategies including those designed to prevent adults from ever abusing a child; those giving children some skills and language to report potential boundary violations; and tools to reduce the likelihood of high-risk behaviors from escalating into sexual abuse. All adults and every organization and community needs to assume personal responsibility for preventing child

sexual abuse. We must make it our business to ensure the safety of children in every venue including homes, schools, churches and neighborhoods.

We do not yet know which prevention approaches, or combination of strategies, will ultimately prove to be most effective. Many programs are understandably quite invested in their particular model. We are encouraged by the abundance of passion, creativity, and genuine commitment to preventing child sexual abuse throughout the country. What is most lacking at this time is a coordinated national prevention plan. A comprehensive approach will employ multiple strategies; provide thorough evaluation of existing programs; and assure sufficient resources to simultaneously address the current victims and perpetrators; while effectively preventing any further child sexual abuse.

The National Sexual Violence Resource Center (NSVRC) hopes that this resource collection will prove useful for those currently working to prevent child sexual abuse; will inspire others to join the cause; will raise important questions about the current status of prevention efforts; and will stimulate additional creativity and the development of layered strategies. We encourage ongoing community discussions allowing us to identify the next steps necessary to move child sexual abuse prevention to the forefront of the national agenda.

# Comments from the Centers for Disease Control and Prevention

BY CORINNE GRAFFUNDER, M.P.H., CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)

Child sexual abuse is a wide-spread and very serious public health threat with significant long-term consequences. Child sexual abuse affects victims not only while they are young, but throughout their lifetime with a wide range of adverse physical and behavioral health conditions, including poor academic performance, depression, post-traumatic stress disorder (PTSD), and risky sexual behavior. It may even shorten life expectancy by heightening the risk of chronic and infectious disease.

The Centers for Disease Control and Prevention (CDC) utilizes the public health model to address the prevention of child sexual abuse with a focus on primary prevention, preventing perpetration before it occurs. As with all of its violence and injury prevention activities, CDC is focused on developing a strong evidence base and using this evidence to develop and disseminate effective programs to prevent child sexual assault.

Efforts to prevent perpetration must include advances in public health research. To provide a framework for this research, CDC's Injury Research Agenda, published in 2003, highlights several focus areas:

- Examining how perpetration develops, risk and protective factors for perpetration, and optimal times and settings for prevention;
- Developing, evaluating, and disseminating interventions to prevent perpetration;
- Identifying and changing societal norms that support child sexual assault; and
- Documenting the health consequences of child sexual assault across the lifespan.

Prevention is a challenge, but CDC is dedicated to increasing the safety and protection of children by encouraging the adoption of evidence-based prevention programs. CDC congratulates the National Sexual Violence Resource Center on its creation of this resource directory and looks forward to continued collaborative work to provide the information, tools and resources that help local and state efforts to adopt effective programs.

# Overview

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## The National Sexual Violence Resource Center (NSVRC)

The National Sexual Violence Resource Center (NSVRC) is a comprehensive collection and distribution center for information, statistics, and resources related to sexual violence. It serves and supports state, territory, and tribal anti-sexual assault coalitions, rape crisis centers, allied organizations, community projects, health care providers, policy-makers, government entities, media, educators, researchers, and the general public. With a large and growing library of resources, the NSVRC equips those working to end sexual violence with resources, technical assistance, and training that enable them to provide quality prevention and intervention services.

A project of the Pennsylvania Coalition Against Rape, the NSVRC is funded through a cooperative agreement from the Centers for Disease Control and Prevention's Division of Violence Prevention.

## Project Background

In 2002, the Centers for Disease Control and Prevention (CDC) awarded a supplemental grant to the NSVRC to strengthen its capacity to provide information and technical assistance relative to the prevention of child sexual abuse. The NSVRC hopes that this collection will move child sexual abuse prevention to the forefront of our national efforts.

In an effort to determine priorities, the NSVRC polled the following groups in December 2002:

- Child Sexual Abuse Prevention (CSAP) listserv members,
- Members of the executive committee of the Association for Sexual Abuse Prevention (ASAP),
- Attendees of the 2002 CDC-sponsored conference, "Collaborative Efforts to Prevent Child Sexual Abuse,"
- Certain CDC staff working with sexual abuse prevention, and
- State and territory anti-sexual assault coalitions.

Results from this survey indicated that the creation of a





national directory of child sexual abuse prevention programs and initiatives was a top priority. The NSVRC expanded this directory project to provide additional information such as research, program considerations, and articles from the field. A portion of one survey response illustrates the need in the field for this resource directory:

*In a small rural program, we don't have many resources, including time to research, etc...*

The NSVRC contacted over 400 organizations and individuals to collect information on child sexual abuse prevention programs, resources, and initiatives.

## About this Directory

This resource directory specifically seeks to include and highlight child sexual abuse prevention organizations, programs, initiatives, and resources that are unique, innovative, and/or available for purchase or could be used as a model for other programs and communities. It primarily includes information on child sexual abuse prevention efforts in the United States. Additional resources from Canada, the United Kingdom, and Australia are also included.

The primary goals of this resource directory are to:

1. Encourage the field to consider multiple strategies for approaching child sexual abuse prevention, recognizing and valuing the complexity and continuum of approaches.
2. Highlight existing prevention initiatives and provide descriptions and contact information.
3. Provide information and resources to assist other programs and organizations in replicating existing prevention strategies and creating new approaches.

If you would like to submit new or updated information on child sexual abuse prevention initiatives, programs, and/or resources, please send information to:

Librarian  
National Sexual Violence Resource Center  
123 North Enola Drive  
Enola, PA 17025

or

e-mail: [resources@nsvrc.org](mailto:resources@nsvrc.org).

The NSVRC will continue to update its resource library and the web version of this resource directory as new information becomes available, [www.nsvrc.org](http://www.nsvrc.org).



# How to Use this Directory

This resource directory provides a variety of resources and information for those looking to establish or revitalize a child sexual abuse prevention program as well as information on assessing and evaluating child sexual abuse prevention programs.

Hard copies of this resource directory are visually tabbed to facilitate easy maneuvering among sections. The web-based and CD ROM version of the resource directory are bookmarked by section.

The largest section of this resource is the **Directory of Child Sexual Abuse Prevention Resources, Programs, and Initiatives**. This section contains an alphabetical listing of organizations (and individuals) that have created child sexual abuse resources, programs and/or initiatives. Each listing provides contact

information and a description of the organization's prevention resources, programs, and/or initiatives. Many resources are available for purchase.

Due to the large number of listings, an **Organization Index** and **Directory Index** (located in the back of this resource directory) will assist in locating specific types of resources such as videos, Spanish-language materials, curricula, etc. If you prefer to peruse the directory section, please note that the first sentence of each description will identify the exact nature of the program/resource/initiative. For your convenience, codes and icons identifying broad descriptive categories such as curricula, videos/DVDs, public awareness campaigns, brochures/booklets, etc. are located beside each listing. (See icon key on page 39.)

## Additional Ways to Access Information

All articles listed in selected bibliographies are part of the NSVRC resource library collection. To access the online library database, go to the NSVRC website at [www.nsvrc.org](http://www.nsvrc.org), and select the *Library* tab.

To find child sexual abuse prevention resources, select *Searches/Special Searches*, and select "Child Sexual Abuse Prevention Project"; this automated search will result in a complete list of library resources related to this directory. Additionally, a *Browse* search under the series title, "Child Sexual Abuse Prevention Project" will also retrieve this complete list. These materials may also be searched in the library database. In the *Powersearch* screen, search for "Child Sexual Abuse Prevention Project" in the "series" field, and search for other desired keywords in other fields. Criteria such as language, media format, or year can be specified under *Search Options*.

Due to copyright restrictions, the full text of many of the resources in the NSVRC library is not available online. When the full text of an item is available online, the library will provide a direct link to the resource through the library record. To obtain a copy of an article that is not available online or for further assistance, please contact the NSVRC. If copyright restrictions apply, the NSVRC will provide ordering and/or publisher information.

The NSVRC offers customized technical assistance in locating child sexual abuse prevention resources through a variety of methods. You may submit your requests by:

**Mail:** NSVRC  
123 North Enola Drive  
Enola, PA 17025  
**Email:** [resources@nsvrc.org](mailto:resources@nsvrc.org)

**Telephone:** 877-739-3895 (toll-free)  
**TTY:** 717-909-0715  
**Fax:** 717-909-0714  
**Online Request Form:** [www.nsvrc.org/request](http://www.nsvrc.org/request)



# Voices from the Field

*The NSVRC invited a few key stakeholders to contribute short articles reflecting on their role in preventing child sexual abuse. These essays appear in alphabetical order according to organization/institution name.*

## The Role of the Association for Sexual Abuse Prevention

BY CAROL A. PLUMMER, PH.D.

In the 1970s, before the words ‘child abuse prevention’ had any generally accepted meaning, the concept began to take form in the minds of a few isolated social workers and youth-workers. These individuals considered the prevalence of runaways, delinquents, and youthful drug abusers in their caseloads and began to question and notice some relationship between their clients’ behaviors and their reports of sexual abuse. In the span of a few years they began to discover that sexual abuse was all too common and not the rare occurrence it was thought to be.

In the late 1970s, a few programs sprang up to address ways to prevent child sexual abuse. Materials were essentially nonexistent and mostly developed via trial and error. Those working toward prevention anticipated a difficult path to promoting understanding or finding

support for a variety of reasons. First, the widespread denial of child sexual abuse resulted in a general unwillingness to recognize its prevalence. Furthermore, the victims were not easily visible and cut across all socio-economic levels.

Of particular concern was the fact that sexual abuse was seldom discussed and many children did not understand what was happening to them; they were often confused by touches and manipulation and did not recognize what was inappropriate and damaging. As victims, children might be threatened and/or required to vow secrecy. This situation leaves a child vulnerable. As Lynn Sanford pointed out in her book, *The Silent Children*, the sexual abuse of children was fueled, at least in part, by children’s lack of knowledge, resources, and power.



In fact, the most unusual and innovative component of these early prevention programs was the direct education of children about sexual abuse. Media coverage of these early programs, however, often accentuated the innovative work being done directly with children and paid little or no attention to other community awareness and educational aspects of these programs. Only rarely did the coverage highlight community organizing, parental involvement, and professional training, which accompanied child education efforts. Unfortunately, this resulted in some believing, wrongly, that these early programs placed all the responsibility for stopping sexual abuse on the shoulders of children.

Child sexual abuse prevention was often ignored at national child abuse conferences; they featured no workshops about prevention; thus, prevention proponents began to convene their own ad hoc caucuses. By 1986, these growing networks created the first national child sexual abuse prevention conference, called IMAGINE, held in San Francisco with approximately 120 participants from 20 states and three Canadian provinces.

Following this event, and continuing the momentum of sharing and mutual learning, several women formed the Association for Sexual Abuse Prevention (ASAP). A membership organization, it published a newsletter and sponsored three major conferences and five retreats. Its struggles to continue without substantial financial resources resulted in ups and downs for the group. Membership waxed and waned, leadership tired, the office moved from Kalamazoo to Cleveland, and its future seemed uncertain. At the same time, the need for a common vision and mutual support among prevention advocates remained as strong as ever.

In 2003, ASAP joined forces with the National Children's Advocacy Center. This merger combined the experience and grassroots expertise of prevention leaders with a strong national organization that had the ability to broadly promote child sexual abuse prevention. Under this merger, ASAP, the first and only national organization with the sole aim of preventing child sexual abuse, has flourished without endorsing any one program or prevention strategy. Its mission is: to emphasize the value of prevention in addressing child sexual abuse, to promote collaborative prevention efforts at community and national levels, and, ultimately, to eradicate the sexual abuse of children. The mission incorporates several key concepts: Prevention is valued as an important part of addressing the problem (so that most resources do not go to intervention and treatment to the virtual exclusion of prevention). Collaboration among organizations is viewed as essential. ASAP recognizes that work needs to be accomplished at both local and national levels, and that ending all sexual abuse is our only acceptable long-term goal.

ASAP supports a broad-based, national movement to share skills, information, and resources with those committed to sexual abuse prevention. Further, it acknowledges that numerous positive social changes will be necessary to eliminate the conditions that promote child sexual abuse. Finally, it opened its membership to anyone wanting to support and contribute to the prevention of child sexual abuse, recognizing that the task of preventing child sexual abuse must be embraced by everyone including clergy, parents, neighbors, teachers, youth, children, therapists, CPS workers, and police. For more information, visit our website at: [www.nationalcac.org](http://www.nationalcac.org).



## Child Abuse Prevention: Role of Nurse Examiners

BY ANN WOLBERT BURGESS, RN, DNSC., CS, CONNELL SCHOOL OF NURSING, BOSTON COLLEGE

### The Nurse Examiner

The profession of nursing has grown extensively in recent years, becoming respected and recognized in areas of service, research, and prevention. Entry-level registered nurses may have a baccalaureate or associate degree, or a diploma in nursing. Forensic nursing, one of the newest specialty areas recognized by the American Nurses Association (ANA), encompasses multiple practice domains and concerns itself with survivors and perpetrators of crime and other trauma.

Sexual assault nurse examiners (SANEs) and sexual assault forensic examiners (SAFEs) represent one type of forensic nurse. Nurse examiners provide care to, and collect evidence from, victims of sexual abuse, including child sexual abuse. The U.S. Department of Justice, Office for Victims of Crime, (2001) reported that the basic SANE training programs typically consist of 40 plus hours of classroom instruction, followed by a designated number of clinical hours to build experience. Although many training programs focus on adult victims, increasingly child sexual abuse courses are offered.

A typical nursing curriculum on child abuse includes definitions and etiology of child maltreatment; characteristics of maltreating caregivers; substance abusing and violence-prone families; child risk factors; impact of child maltreatment; assessment of physical abuse; history taking; physical examination with a focus on cutaneous lesions, burns, head trauma and central nervous system injuries, eye trauma, neck trauma, skeletal injuries, blunt force abdominal trauma; sexual abuse examination with a focus on trauma to the genitals and rectum, bruising, hymenal trauma, vaginal or penile discharge, foreign bodies in urethra, vagina or rectum, pregnancy in young adolescents; evidence collection; and cultures for sexually transmitted diseases.

### Child Abuse Prevention

Child abuse continues to be a serious problem in the USA. For example, it is estimated that an average of 3 children die each day as a result of child abuse and neglect. However, recently child sexual abuse appears to be on the decline. In a March 3, 2004 *USA Today*



editorial, sociologist David Finklehor reported on a 42% decline between 1992 to 2001 in child sexual abuse cases. It may be argued that these figures just signal an increased reluctance to report offenses or more conservative investigation practices by child-welfare authorities.

Finkelhor identified a number of possible causes for the apparent decline, such as the fact that many children have received preventive safety classes in school, making them potentially less-amenable targets, and that parents and youth organizations have been educated and become more aware, thus making it difficult for child molesters to operate with impunity (Finklehor, 2004).

### Targeted Prevention Programs

The fact that prevention programs seem to be making a difference offers encouragement, especially in the area of child sexual abuse prevention. Research on child maltreatment programs has focused on three main areas: home visitation programs, parent education programs, and school-based programs. Nurses participate in all three types of programs.

In general, child abuse prevention programs are targeted to a specific population that includes children, families, caregivers, and professionals. The following are the most common target groups.

**Child-Focused:** Child programs focus on teaching children about appropriate behaviors, e.g., Good Touch/Bad Touch, and are generally taught in kindergarten through the 6th grade. The curriculum focuses on personal safety issues, sexual aggression and victimization, disclosure, self-esteem and self-image issues. Other programs deal with definitions of sexual abuse, identifying offenders, avoiding abuse and escaping abuse (Hebert, Lavoie, Piche, & Poitras, 2001).

**Adult-Focused:** There are many educational materials that focus on child abuse prevention and healthy parenting. An evaluation of an early program of this type indicated success by use of its measurement tool, the Child Abuse Potential Inventory (CAP), as well as three subscales (distress, rigidity, and unhappiness), in significantly decreasing child abuse potential. In addition, there were observed reductions in the use of corporal punishment, inadequate supervision of children, and parents demonstrated their responsiveness to the emotional needs of their children (National Committee for the Prevention of Child Abuse, 1992).

**Professional-Focused:** Public health, nurse-directed home visiting programs have existed since the late 19th century. Nurses have traditionally visited individuals and families in their own settings to provide health teaching as well as child abuse prevention. Nurses are mandated reporters of child abuse and therefore, responsible to notify appropriate state authorities when there is reason to suspect child abuse and/or neglect.

In summary, nurses and nurse examiners practice in many areas to prevent child maltreatment. They provide resources for prevention programs and participate in educational programs focused on children, parents, and professionals. They have a strong knowledge base for examining and intervening in cases of child abuse and neglect and adhere to a multidisciplinary approach to prevention strategies.

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## The Role of the Center for Sex Offender Management (CSOM)

BY JUDY BERMAN

Improving sex offender management is not necessarily the first thing that comes to mind when speaking about child sexual abuse prevention. In fact, many consider working with offenders to be a completely separate enterprise from sexual assault prevention work or advocating on behalf of child and adult sexual assault victims. Yet, the Center for Sex Offender Management's (CSOM's) primary goal is to enhance public safety and prevent further victimization by improving the management of sex offenders in the community.

CSOM is concerned with sex offenders who commit crimes against children as well as those who commit crimes against adolescents and adults. We work with jurisdictions who are interested in creating more effective responses to both adult and juvenile offenders regardless of the victim's age.

Many in the field used to believe that offenders targeted a primary category of victim based on age and gender. We now know that many, if not most, sex offenders commit a range of offenses against a range of victims. For example, intra-familial or incest offenders often commit crimes against unrelated children in addition to children in their own families. This kind of knowledge

about sex offender behavior can help those charged with managing sex offenders better protect the safety of all potential victims.

The majority of sex crimes, especially those against children, are committed by someone known to the victim. Most of these crimes are never reported. Of offenders who are reported, charged, and convicted, many will spend some time in prison but virtually all will return to the community at some point. There are over 265,000 sex offenders currently under correctional supervision. Most of these offenders are not incarcerated and live in various communities.

Until recently, convicted sex offenders living in the community were not treated as if they posed a particular threat. Sex offenders are often among the most polite, compliant, apparently pro-social offenders on the probation or parole caseload. They are usually well-educated, with no apparent substance abuse issues. Unlike most other criminal offenders, they often have no difficulty holding down a job. Sex offenders are able to present themselves so differently from other criminal offenders that those charged with their supervision in the past were unaware of how dangerous they really were.



They attracted very little attention and were able to continue their sexually abusive behaviors with impunity.

CSOM promotes what we call the Comprehensive Approach to Sex Offender Management. The Comprehensive Approach is governed by the following core principles:

**A Victim-Centered Approach:** The victim-centered approach requires those involved in sex offender management to place a high priority on victim safety and appreciate the contributions that victims can make to the effective management of offenders. This requires that sex offender supervision officers and treatment providers work closely with victim advocates and child protective services to develop policies and protocols that are victim-sensitive and that they create viable methods of procuring victim input. It also involves monitoring offenders with an eye on potential avenues of contact with past and potential victims (e.g., job and housing).

**Need for Specialized Knowledge and Training:** Sex offenders are not like other offenders. Without training on common sex offender behaviors and treatment modalities, those charged with managing sex offenders are less able to prevent reoffending.

**Public Education:** Educating the public on the nature of sex offending is very important. The public also has a right to be informed about sex offender management practices and policies, how they can participate, and how to make best use of tools like sex offender registries without misusing them. CSOM encourages local leaders to use the occasion of community notification as an opportunity to teach others about how best to protect themselves and their children from sexual assault.

**Monitoring and Evaluation:** Best practice in sex offender management requires that communities continually monitor and evaluate their work. The field is in a state of rapid development, and the emergence of new research and information requires communities to remain aware and adaptable.

**Collaboration:** No single entity can end sexual assault alone. CSOM encourages all stakeholders to work together, share their strengths, and direct their energies toward the common goal of ending sexual victimization.

CSOM focuses on three primary activity areas: information exchange; training and technical assistance; and support to those who receive grant funds from the U.S. Department of Justice, Office of Justice Programs to enhance their sex offender management practices. Through these activities, CSOM:

- Provides those responsible for managing sex offenders ready access to the most current knowledge and effective practices by synthesizing and disseminating knowledge and practices to the field.
- Captures the lessons learned from communities around the country who have demonstrated—through collaboration between criminal justice agencies and other stakeholders—that they can manage known sex offenders and increase public safety, and to disseminate those lessons so that others might benefit from them.
- Provides the opportunity for other jurisdictions to draw upon these experiences, enhance their own practices, and create similar results in their communities, by offering a variety of training and technical assistance opportunities to agencies and jurisdictions.

For more information about CSOM, visit [www.csom.org](http://www.csom.org). CSOM is a project of the U.S. Department of Justice, Office of Justice Programs.

## The Role of the Child Welfare League of America (CWLA)

BY LINDA SPEARS

The Child Welfare League of America (CWLA) is the nation's oldest and largest membership-based child welfare organization. We are committed to engaging people everywhere in promoting the well-being of children, youth, and their families, and protecting every child from harm. A primary goal of CWLA is to develop and disseminate practice standards as benchmarks for high-quality services that protect children and youth and strengthen families and neighborhoods (Making Children a National Priority, The CWLA Strategic Plan for 2000-2010). The purpose of the standards is twofold:

- to describe and promote best practice in child, youth, and family services, and
- to guide agency administrators, program planners, practitioners, and the broader social service community—including policymakers—in their various roles as they seek to build and strengthen services to children, youth, and families.



CWLA's program of *Standards of Excellence for Services* defines child sexual abuse as sexual activity by a parent, caregiver, or other person with a child, including, but not limited to, any kind of sexual contact through persuasion, physical force, or other coercive means; exploitation through sexual activity that is allowed, encouraged or coerced; and child prostitution or pornography.

Thousands of children are affected each year, and the magnitude and consequences of the problem remain staggering—both for child victims, adult survivors, and society at large. As those in the field of violence prevention may know already, child sexual abuse is correlated with the prevalence of teen runaways, prostitution, mental health issues, domestic violence, substance abuse, and other crimes.

Some of the measures which seem to have the greatest impact on lowering instances of child sexual abuse are joint protocols with law enforcement and forensic evaluations—teams with individuals from various fields that include clinicians to enhance treatment outcomes alongside state and district attorneys to optimize criminal prosecution and convictions. Better treatment gives victims a better chance for the future while improved prosecution means that perpetrators are more likely to be held accountable and receive needed treatment so that they are, ideally, less apt to re-offend.

Child advocacy centers in many communities also work to minimize trauma to children and ensure a victim-centered approach to intervention. More comprehensive criminal background checks of prospective foster and adoptive parents and other adult relatives and non-relatives residing in the household prevent abuse before it begins. The evolution of policies that remove offenders from home (as opposed to children) whenever in the child's best interests, keeps victims safe from future harm, minimizes isolation, and supports and preserves the family.

As anti-violence advocates know, violence and victimization exist along a continuum, and CWLA believes that prevention efforts should be directed at multiple levels to minimize endangerment, facilitate healing, and promote restorative justice. This includes community education that advances the notion that the prevention of child sexual abuse is ultimately the responsibility of every citizen, following a public health/public safety model.

School-based primary prevention initiatives are also key components, teaching children about personal safety and protective behaviors so they can protect themselves to some degree. Youth-serving groups have an active role to play; for instance, The Boy Scouts of America has created Youth Protection Guidelines for Adult Leaders and Parents. Advocacy organizations can play a part, such as Stop It Now!, a nonprofit organization founded on the belief and experience that we as individuals and as a society can challenge and change the way we act.

Parents and other adults can learn about the warning signs and symptoms and how to respond appropriately to suspected child sexual abuse. At the same time, children who know basic safety skills, can be taught to recognize when they are in trouble and identify a trusting adult with whom to speak.

In a perfect world these approaches would prevent every case of child sexual abuse, but in the real world, we know this is a nearly impossible goal to achieve. Programs exist to address the aftermath of child sexual abuse with specialized treatments and therapy programs and serve an important role coupled with education and prevention efforts.

CWLA envisions a future in which families, neighborhoods, communities, organizations, and governments ensure that all children and youth are provided with the resources they need to grow into healthy, contributing members of society.

For more information on child protection, visit:  
[www.cwla.org](http://www.cwla.org); [www.stopcsa.org/cause.cfm](http://www.stopcsa.org/cause.cfm);  
[www.stopitnow.com/warnings.html](http://www.stopitnow.com/warnings.html)



## The Role of the National Center for Missing & Exploited Children (NCMEC) in Combating Child Sexual Exploitation

BY AMI NEIBERGER-MILLER

In 2002, a Washington, DC family planned the perfect getaway to an island resort. But this family vacation became every parent's worst nightmare when their 9-year-old daughter was sexually molested. The National Center for Missing & Exploited Children (NCMEC) was able to help the family, but like many families, they didn't think, at first, that NCMEC could help them. In fact, NCMEC provided legal technical assistance to the prosecutor, involved the FBI and Interpol, and identified more children victimized by the same man. The child's attacker was convicted and imprisoned.

Unfortunately, this family's story is far more common than anyone would like to admit—sexual exploitation affects children nationwide. During *one week* in 2004, NCMEC's 24-hour *CyberTipline* ([www.cybertipline.com](http://www.cybertipline.com)) received 3,200 reports of child pornography, 28 reports of child sexual exploitation outside the family, 48 reports of online enticement of children for sex acts, 6 reports of child sex tourism, 9 reports of unsolicited obscene material sent to children and 10 reports of child prostitution.

Because NCMEC is well known for its work in child abduction and recovery, even children's service providers sometimes do not think of it as a resource on the issue of sexual exploitation. Furthermore, the public does not realize that child abduction and recovery are often linked to child sexual exploitation, or that NCMEC has worked to identify, prevent and assist with prosecutions of such cases for years.

To better serve families in need, NCMEC added the *Family Advocacy Division* in 2003. Staffed with professionals skilled in social work and law enforcement support, the staff triages cases and determines service needs. It provides crisis intervention, makes referrals to local treatment professionals, and provides a great deal of handholding as children and families navigate through what is often viewed as a complex system of law enforcement and legal professionals.



NCMEC has a history of working collaboratively with law enforcement. It has trained more than 180,000 law enforcement and other professionals. The organization has assisted in thousands of arrests and prosecutions, and its *Exploited Child Unit* has an extensive database of law enforcement officials with expertise in child sexual exploitation cases.

NCMEC prioritizes, researches and refers tips to agencies for investigation, serving as a clearinghouse for collaboration among local law enforcement and the various involved federal and local agencies and organizations. Sometimes NCMEC's tips help law enforcement agencies prevent child molestation from occurring. For example, a caller to the *CyberTipline* last year reported an adult attempting to lure a 12-year-old child to meet him for sexual purposes. NCMEC's *Exploited Child Unit* compiled information and forwarded it to police. An officer assumed the



undercover identity of a child and began corresponding online with the suspect. When the suspect arrived at a hotel expecting to meet the “child” and engage in sexual activity, he was taken into custody and charged with the attempted rape of a child.

NCMEC conducts public awareness campaigns to draw attention to the problem of child sexual exploitation, encourages victims to come forward, and helps families learn how to keep children safer. Even with heightened awareness, however, many parents don’t know how to talk to their children about sexual exploitation. NCMEC provides child safety tips and distributes publications.

A range of publications to help law enforcement and children’s service providers is available. Many organizations request materials from NCMEC to distribute in waiting rooms, public lobbies and among parenting education groups. Materials go beyond tips to helping communities select child safety educational programs. Assembled with the help of leading child safety experts, NCMEC’s “*Guidelines for Programs to Reduce Child Victimization*,” summarizes what makes child safety programs effective. The publication includes a curriculum scorecard to help rate materials, offers advice on program evaluation and an extensive reference section.

Our society, saturated with technology, offers little safety information to children. Providers seeking interactive materials to teach children internet safety have to look no further than their closest computer screen for NetSmartz.org. Using animation and interactive games, this free online workshop for kids ages 6–12 extends their safety awareness to prevent victimization and increase self-confidence.

Materials can be ordered through NCMEC’s 24-hour *CyberTipline* hotline or website. Child internet safety, advice on selecting babysitters and helpful tips parents can discuss with kids are just a few of the materials available. The *Know the Rules* publications provide safety pointers for going to and from school more safely, abduction and kidnapping prevention, youth sports, home alone and child travel. Many materials are available in both English and Spanish.

**REFERENCES**

National Center for Missing & Exploited Children, [www.missingkids.com](http://www.missingkids.com)  
CyberTipline, 1.800.THE.LOST (1.800.843.5678) [www.cybertipline.com](http://www.cybertipline.com)  
NetSmartz, [www.netsmartz.org](http://www.netsmartz.org)



## The Role of Children's Advocacy Centers in Prevention

BY DEBORAH CALLINS, MAEd

**T**he National Children's Advocacy Center (NCAC) opened in 1985 in Huntsville, Alabama. Its mission is to model and promote excellence in child abuse response and prevention.

In 1983, U.S. Congressman Bud Cramer, then District Attorney for Huntsville/Madison County, Alabama, spoke to the board of directors of a local child abuse prevention agency regarding the alarming number of child sex abuse cases reaching his office. The board voted to establish a task force for the identification and treatment of child sexual abuse. Within two years, the result of this community effort was the opening of the NCAC and importantly, the birth of the child advocacy center model. Today there are over 600 children's advocacy centers (CAC's) in operation nationwide.

In 2003, the NCAC moved into a four-building, state-of-the-art campus, and now offers prevention, intervention, and treatment services to the local community and an array of training services for child abuse professionals from across the country.

Of the NCAC's 80 staff members, 30 work in prevention. The NCAC offers both local services and national leadership. Locally, services include:

- SCAN (Stop Child Abuse and Neglect), a school-based child abuse prevention program
- Parents as Teachers, a home visitation school readiness program
- Healthy Families North Alabama (HFA credentialed site), a home visitation program serving at-risk, first time parents
- First Steps, a telephone mentoring program for new parents

The NCAC's national leadership in prevention has focused on developing a membership organization, the Association for Sexual Abuse Prevention (ASAP). ASAP's mission is to emphasize the value of prevention in addressing child sexual abuse, to promote collaborative prevention efforts at community and national levels, and ultimately, to eradicate the sexual abuse of children. Go to [www.nationalcac.org](http://www.nationalcac.org) for more information.

The NCAC also sponsored a national child sexual abuse prevention conference, responding to a lack of training opportunities in this area. In 2004, almost 300 preventionists gathered in Nashville. As one participant stated, "I'm excited/jazzed up/motivated to go back to work harder. It's wonderful to see and meet so many people from all over the country and know that this is really just a fraction of the people doing prevention work in this field. It's an awesome opportunity to connect." That was exactly what the NCAC had hoped to achieve. Plans are underway for the 2005 Prevention Conference.

In addition, the NCAC has launched an Internet training series called Academy Online. This state-of-the-art training medium includes prevention trainings. Visit our web site for details: [www.nationalcac.org](http://www.nationalcac.org).

As the years have gone by, the NCAC has grown and evolved, offering a continuum of services and working in collaboration with others on behalf of children. Other CACs are also broadening their focus and starting prevention programs or working with prevention agencies in their communities. Clearly, CACs and prevention fit well together and are effectively making a difference.



## The Role of Rape Crisis Centers and Anti-Sexual Assault Coalitions in Preventing Child Sexual Abuse

BY DELILAH RUMBURG, EXECUTIVE DIRECTOR, PENNSYLVANIA COALITION AGAINST RAPE

For decades, anti-sexual violence advocates have worked toward prevention as part of their daily jobs. They understand the harsh reality and consequences of child sexual abuse and recognize the importance of its prevention.

At small and large, urban and rural rape crisis centers across the nation, advocates and educators have talked with, and listened to, nearly everyone, from elementary school children to convicted sex offenders, in their attempts to understand and prevent child sexual abuse. They know the importance of child sexual abuse prevention through first-hand experiences. Through community interaction they have gained insight and developed effective strategies and partnerships. Correspondingly, at the state and national level, advocates have developed campaigns and created resources to disseminate powerful prevention messages to the public and policy makers.

Ask any rape crisis center counselor, and she will tell you the devastating and long-lasting consequences that child sexual abuse can cause. She will likely reference heart-breaking accounts of children whose hands she held during invasive, evidence-collection exams and harrowing stories of adults who she counseled years after they experienced child sexual abuse, who now carry the subsequent scars of abusive relationships and psychological disorders. Ask any rape crisis center advocate, and she will tell you about the dire need for prevention.

In recent decades, the work of researchers confirmed much of what advocates already knew about child sexual abuse prevention. Now, the work being done at the grassroots, level has been informed and reinforced by research, while at the same time, the front-line efforts of advocates have influenced research. In fact, the tireless work of rape crisis center advocates has evolved with researchers' inquiries about effective prevention strategies.

What began as teaching young children to recognize abuse and how to report it has now developed into community education that bolsters adult involvement in prevention and intervention. Now advocates provide adults with skills to protect children. They offer information and support to non-offending parents, provide psycho-educational and peer support groups for adult survivors of child sexual abuse, and teach parenting skills. Furthermore, advocates approach prevention by targeting youth with strategies for developing healthy, respectful relationships.

Today, the more than 1,300 rape crisis centers nationwide offer prevention education. Advocates collaborate with numerous community agencies – including schools, child advocacy centers, children and youth agencies, domestic violence shelters, drug and alcohol programs, health care providers, sex offender treatment programs, and law enforcement – and use a variety of methods to facilitate understanding and appreciation of the role that adults must play in keeping the community safe for children and ensuring that our schools, churches, and neighborhoods remain child-friendly.

On a state and national scale, advocates at the country's nearly 60 coalitions support the prevention work of local rape crisis centers as well as forge new alliances and attempt new strategies to prevent the sexual abuse of children. The staff at anti-sexual assault coalitions develops curricula and campaigns to assist rape crisis center educators with their prevention work. In addition, state- and territory-level advocates work with researchers and public health officials to develop best practices for child sexual abuse prevention. They also work with policy-makers to advocate for relevant legislation and funding; and with journalists to support accurate and compassionate media coverage. Together, the leadership and systems-level advocacy of anti-sexual assault coalition staff and the collaboration-building and grass-roots activities of rape crisis center advocates create a strong and effective network of child sexual abuse prevention workers.

There is great promise for the future of child sexual abuse prevention. At the core of this hope is the continued, dedicated work of anti-sexual violence advocates at all levels and locations across the nation. To propel successful prevention efforts forward, tools such as this directory are essential because they unite advocates in their strengths and knowledge, and offer new approaches. With continued multi-disciplinary collaboration, further research and evaluation, and additional guidance from and implementation by advocates, child sexual abuse prevention work will be meaningful and valuable for generations to come.



## The Role of Prevent Child Abuse America

BY KEVIN T. KIRKPATRICK, MS

For too many people, the sexual abuse of children is a taboo topic in everyday conversation, but dramatic headlines around the country continue to draw our attention to this issue asking questions like: “What can we do about it?” and “How can we keep our children safe from sexual abuse?”

At Prevent Child Abuse America (PCA America), we understand that there are many ways to keep children safe. The first step begins with understanding the nature of sexual abuse and what to look for, and how to talk about it with other adults and with children. Sexual abuse thrives in an environment of secrecy and ignorance. Breaking the silence and educating ourselves is the first step to preventing child sexual abuse.

Since its founding in 1972, PCA America and its network of state chapters have engaged in sexual abuse prevention programs. PCA America is the leading organization working at the national, state and local levels to prevent the abuse and neglect of our nation’s children. By valuing children, strengthening families and engaging communities, PCA America works to prevent child abuse and neglect before it starts. Headquartered in Chicago, Prevent Child Abuse America has a network of chapters in 38 states and the District of Columbia. The organization is widely known for its public awareness campaigns, prevention programs, advocacy efforts and research.

Our sexual abuse prevention efforts have included programs to educate Americans on what to look for when other people are caring for our children, and to educate ourselves and other adults who interact with children on a daily basis—for example at churches, schools or childcare centers—about the warning signs of questionable behavior. In addition to increasing our understanding of what to watch for, PCA America believes there are many ways we can make our environments safer for children, including urging all adults to be advocates for sexual abuse education in their communities.

The next important step in preventing sexual abuse is to learn how to talk to children about the issue. It’s up to adults to provide an open, safe line of communication with the children in their lives. We recommend that adults practice talking about the issue with other adults so that they are comfortable talking with children. We need to become “askable” adults. Children need to know that they can talk to the adults or parents in their lives and get answers to their questions.

Most importantly, we encourage parents to teach young children the correct names of all body parts, and about the different types of touch, including “secret touching.” Secret touching occurs when someone touches the private parts of a child’s body and encourages them to keep it a secret. We urge parents to teach their children that there are no secrets about touching and that they should tell an adult immediately if someone asks them to keep a secret about touching.

Throughout our history, our state chapters have engaged in a wide range of child sexual abuse prevention programs. Among these has been the Sexual Abuse Free Environment for Teens™ (SAFE-T) program, developed by PCA Vermont, which provides comprehensive health education and violence education in middle schools. Our Massachusetts chapter, the Massachusetts Citizens for Children, is among those that have sponsored a conference on the subject of sexual abuse prevention. Conference attendees learned about the myths and facts associated with sexual abuse, its victims and perpetrators; what to look for when adults interact with children; and essential steps communities can take to develop sexual abuse prevention programs and strategies.

To keep our communities safe we must work together to prevent sexual abuse by raising awareness of the issue and reporting suspected abuse. Together we really can—and must—keep our children safe from sexual abuse. For more information about the programs and services available through Prevent Child Abuse America and its state chapters, visit our website at [www.preventchildabuse.org](http://www.preventchildabuse.org).

## Having New Eyes: Bringing Public Health Science to the Prevention of Child Sexual Abuse

BY ALISA KLEIN, MAIP, STOP IT NOW!

*Imagine a childhood disease that affects one in five girls and one in seven boys before they reach 18; a disease that can cause dramatic mood swings, erratic behavior, and even severe conduct disorders among those exposed; a disease that breeds distrust of adults and undermines the possibility of experiencing normal sexual relationships; a disease that can have profound implications for an individual's future health by increasing the risk of problems such as substance abuse, sexually transmitted diseases, and suicidal behavior; a disease that replicates itself by causing some of its victims to expose future generations to its debilitating effects.*

*Imagine what we, as a society, would do if such a disease existed... Such a disease does exist—it's called child sexual abuse.<sup>1</sup>*

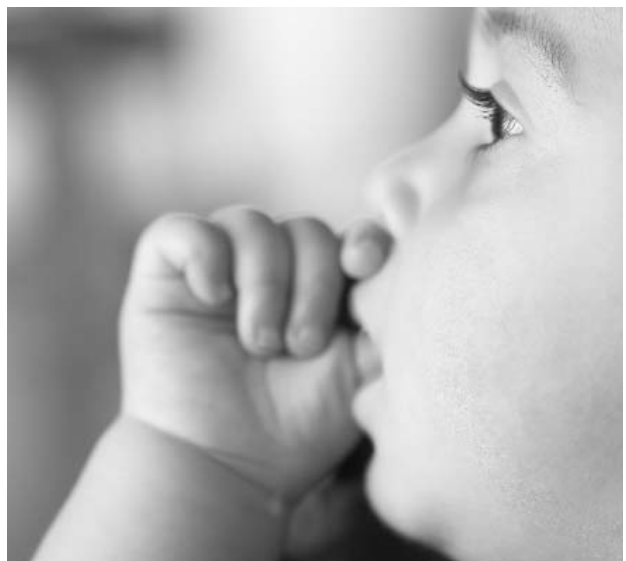
—James Mercy

Public health has traditionally been thought of as a medically-oriented discipline—one that concerns itself with curing and eradicating disease, or responding to medical epidemics. It has a proven track record in reducing, preventing and eliminating illnesses. But public health can be defined as what we as a society do to ensure the optimal health of all its members, including those who are typically marginalized or neglected by society's institutions and services. So let us consider whether we have been able to develop a public health response to child sexual abuse—a form of violence that devastates the health and well-being of so many individuals, families and communities.

An estimated 500,000 children are abused every year.<sup>2</sup> The long-term effects of child sexual abuse are well-documented and devastating. Health consequences of child sexual abuse include, but are not limited to, an increase of cases of chronic pain and illness; eating, dissociative and psychiatric disorders; self-mutilation; and attempted and completed suicides. Survivors of

childhood sexual abuse experience more distress in intimate relationships; interference with learning and school readiness; harmful alcohol and drug use; harmful sex and increased likelihood of sexual victimization; and increased risk of incarceration and poverty. The costs of child sexual abuse to individuals, families, communities, and society are overwhelming.

As violence reached epidemic proportions in the United States, the field of public health responded and launched attempts to develop evidence-based prevention efforts for the reduction and eradication of violence. The recognition of child sexual abuse as a public health problem was not far behind. In 1994 as a result of the Violence Against Women Act, the Centers for Disease Control and Prevention (CDC) began to play a central role in the public health prevention of sexual violence, and in 1995, the American Medical Association declared child sexual abuse a “silent-violent epidemic.”<sup>3</sup> By the late 1990s, the CDC's Division of Violence Prevention had begun active work to create a research and prevention agenda that included the prevention of child sexual abuse. Throughout this same period of time, Stop It Now!, a national and community-based organization was hard at work developing and evaluating public health-based primary prevention programming to reduce and eliminate the sexual abuse of children.



Public health is a discipline that focuses on primary prevention—in the case of child sexual abuse, this means stopping child sexual abuse before any harm is ever done to a child. Previous to Stop It Now!’s introduction of a public health model to the prevention of child sexual abuse, much of the programming for the prevention of child sexual abuse was not of a primary nature.

The first child sexual abuse prevention programming, beginning in the 1970s, focused on the education of children to prevent their own victimization. In these programs, children were often offered hypothetical situations of potential sexual abuse, and taught some skills to fend off the abuse and/or to “tell” that it had happened.<sup>4</sup> These prevention programs, though an important and useful part of the prevention puzzle, were not geared towards primary prevention, for if a child has already been approached in a sexual way, it is likely that some measure of trauma has already been sustained. If the focus of prevention programming is to encourage a child to tell someone about the abuse, the abuse has already been perpetrated and the harm has already been done.

Furthermore, we know today that asking a child to report his or her own sexual abuse may be an unfair and unreasonable expectation. Knowing that 90 percent of child sexual abuse is perpetrated by members of the family and other trusted community members, in asking a child to disclose his or her abuse, we may be asking him or her to potentially explode his or her family or community structure. The disclosure is bound to bring shame not only upon the child, but upon the people he or she loves, including, possibly, the abuser himself. This may well not be a task the child can bear! Nor is it primary prevention.

Studies tell us that sexual violence is the most underreported crime;<sup>5</sup> more specifically, they indicate that only 12 percent of child sexual abuse is ever reported.<sup>6</sup> Further, current child protection and criminal justice solutions are insufficient to address the scope of the problem of child sexual abuse because they must respond only after the harm has been done. These systems cannot reach the 88 percent of abusers who go unreported, or the 88 percent of children and families who are suffering without remedy because they are unable or choose not to report the abuse.





Public health offers us the tools we need to prevent child sexual abuse before it is perpetrated. It is a discipline designed to address the cause of the problem of child sexual abuse: the development of sexually abusive behavior. Public health examines the development of risk factors—both individual and societal—that lead to perpetration, and identifies the protective factors to mitigate those risks. Knowing what the risk factors are allows us to identify the potential development of sexually abusive behaviors. Protective factors serve as the building blocks for the design of programs to intervene and prevent the perpetration of child sexual abuse.

Public health perpetration prevention work allows us to change the conditions that allow child sexual abuse to flourish, to reach people before abuse is perpetrated, to impart tools to them to intervene when they recognize the risks for perpetration of child sexual abuse, and to create the societal resources to offer hope and help to victims, abusers and their families.

The discipline of public health offers us the opportunity to move away from just being treatment providers to becoming primary “preventionists.” Historically, we have responded to child sexual abuse with the tools of the child protective, and law enforcement and criminal justice systems. We have become skilled as victim advocates, investigators and prosecutors. But now we have the tools to address child sexual abuse before the harm is done as well. A public health approach to prevention necessarily demands that we work collaboratively and cross-disciplinarily to achieve the elimination of child sexual abuse. As such, Stop It Now! is working to develop the field of public health primary prevention of child sexual abuse while standing shoulder to shoulder with other preventionists: school-based prevention education specialists, treatment providers, policymakers, researchers, medical personnel, law enforcement, criminal justice and others to create a society free from the harm of sexual abuse.

#### FOOTNOTES

<sup>1</sup> Mercy, James A., Having New Eyes: Viewing Child Sexual Abuse as a Public Health Problem. *Sexual Abuse: A Journal of Research and Treatment*, Vol. 11, No. 4, 317-321, 1999.

<sup>2</sup> Finkelhor, D. Dzuiba-Leatherman, J., Children as Victims of Violence: A National Survey. *Pediatrics*, 94:413-420.

<sup>3</sup> Press Release: Sexual Assault in America, American Medical Association, Chicago, IL, November 6, 1995.

<sup>4</sup> MacMillan, H.L., MacMillan, J.H., Offord, D.R., Griffith, L., MacMillan, A., Primary Prevention of Child Sexual Abuse: A Critical Review. Part II. *Journal of Child Psychology*, Vol. 35, No. 5, 857-876, 1994.

<sup>5</sup> Kilpatrick, D.G., From the Mouths of Victims: What Victimization Surveys Tell Us About Sexual Assault and Sex Offenders. Plenary speech presented at the 15th Annual Research and Treatment Conference of the Association for the Treatment of Sexual Abusers, Chicago, IL, November 15, 1996.

<sup>6</sup> Hanson, R.F., Resnick, H.S., Saunders, B.E., Kilpatrick, D.G., and Best, C. (1999). Factors related to the reporting of childhood sexual assault. *Child Abuse and Neglect*, 213,559-569. These numbers have been confirmed by yet unpublished research conducted by Stop It Now!.



# Research and Resources

## Cost and Consequences of Child Sexual Abuse

The following information on the cost and consequences of child sexual abuse may be useful when building or seeking support and securing funding for prevention programming in your community.

*The case for prevention is persuasive. Not only is it the humane approach, it is the financially responsible approach. Programs designed to prevent child maltreatment serve society in several ways; they build stronger, healthier children; they reduce the burdens on state services such as education, law enforcement, corrections, and mental health; and they free money to be spent on more life-enhancing projects. An ounce of prevention truly is worth a pound of cure.*

—Caldwell, R.A. **The Costs of Child Abuse vs. Child Abuse Prevention: Michigan's Experience.** June 12, 1992.  
[www.msu.edu/user/bocost.html](http://www.msu.edu/user/bocost.html).

### The Cost

Two articles that provide a cost/benefit analysis for prevention and intervention are:

- National Clearinghouse on Child Abuse and Neglect Information. **Prevention Pays: The Costs of Not Preventing Child Abuse and Neglect Information.** [www.casenet.org/library/abuse/pays.htm](http://www.casenet.org/library/abuse/pays.htm)
- Donato R, and Shanahan M. **The Economics of Child Sex-offender Rehabilitation Programs: Beyond Prentky & Burgess.** *American Journal of Orthopsychiatry.* 71(1):131-139, 140-141. January 2001.

Some research-based estimates of the cost of child sexual abuse include:

*A 1996 National Institute of Justice study estimated that each year child sexual abuse in America costs the nation \$23 billion.*

—Miller, Ted R., Cohen, Mark A. and Wiersema, Brian. **Victim Cost and Consequences: A New Look.** *National Institute of Justice Research Report.* January 1996. [www.ncjrs.org/pdffiles/victcost.pdf](http://www.ncjrs.org/pdffiles/victcost.pdf).

*Crimes against children were among the most costly of all crimes. For example, child sexual abuse incurred an average cost of \$5,800 in mental health care (the highest of any crime) and \$1,100 in social services.*

—Finkelhor, David, and Hashima, P., **The Victimization of Children and Youth: A Comprehensive Overview.** *Handbook of Youth and Justice.* 2001.



## The Consequences

Many research studies have documented the long-term effects of child sexual abuse. A sampling of these studies follows.

### Eating Disorders

*Twenty-six percent of women suffering from bulimia nervosa were raped at some point in their lives, while 13.3% of women with no eating disorder had been raped.*

Dansky, B., Brewerton, T., Kilpatrick, D., and O'Neil, P. **The National Women's Study: Relationship of Victimization and Posttraumatic Stress Disorder to Bulimia Nervosa.** *International Journal of Eating Disorders.* 21(3): 213-228. 1997.

*Female adolescent abuse survivors are more likely to develop eating disorders—18% binge and purge, while 6% of non-abused, adolescent girls do so—and are more likely to use illegal drugs—30% compared to 13% of teenage girls who were never sexually abused.*

Schoen, Cathy. **The Commonwealth Fund Survey of the Health of Adolescent Girls.** November 1997.

### High Risk Sexual Behavior

*Adolescent girls with a history of sexual abuse were twice as likely to have had intercourse by age 15 while not using birth control at last intercourse. They were also 1.4 times more likely to report having more than one sexual partner.*

Stock, J., Bell, M. Boyer, D., and Connell, F. **Adolescent Pregnancy and Sexual Risk Taking Among Sexually Abused Girls.** *Family Planning Perspective.* 29(4): 200-203, 227. August/September 1997.

*Female students who have been physically and/or sexually abused by a dating partner in the 9th through 12th grades are at increased risk for problems with substance abuse, unhealthy weight control behaviors, risky sexual behaviors, pregnancy, and suicidality.*

Silverman, Jay, Raj, Anita, Mucci, Lorelei, and Hathaway, Jeanne. **Dating Violence Against Adolescent Girls and Associated Substance Use, Unhealthy Weight Control, Sexual Risk Behavior, Pregnancy, and Suicidality.** *Journal of the American Medical Association.* 286(5): 572-579. August 1, 2001.

*Men who reported a history of sexual abuse had a twofold increase in prevalence of HIV infection relative to non-abused men.*

Zierler, S. et. al. **Adult Survivors of Childhood Sexual Abuse and Subsequent Risk of HIV Infection.** *American Journal of Public Health.* 81(2): 572-575. 1991.

### Mental Health and Substance Abuse

*Sexual abuse history was significantly associated with dissociation, whereas a history of physical abuse was not. Both sexual abuse and dissociation were independently associated with several indicators of mental health disturbance, including risk-taking behavior (suicidality, self-mutilation, and sexual aggression).*

Kisiel, Cassandra, and Lyons, John. **Dissociation as a Mediator of Psychopathology among Sexually Abused Children and Adolescents.** *American Journal of Psychiatry.* 158: 1034-1039. July 2001.

*Seventy-five to 95% of 14-18 year-old girls in the justice system have been victims of sexual abuse. These girls often suffer from a traumatic and profound lack of self-esteem and engage in disempowering and self-defeating behaviors that can propel them into a cycle of prostitution, addiction, drug dealing, and violence.*

Richie, B., Tsenin, K., and Widom, CS. **Research on Women and Girls in the Justice System Series.** *Research Forum.* NCJ 180973. September 2000. [www.ncjrs.org/pdffiles1/nij/180973.pdf](http://www.ncjrs.org/pdffiles1/nij/180973.pdf)

*In a study of sexually abused boys, sequelae included psychological distress, substance abuse, and sexually related problems.*

Holmes, W.C., & Slap, G.B. **Sexual Abuse of Boys: Definition, Prevalence, Correlates, Sequelae, and Management.** *Journal of the American Medical Association.* 280: 1855-1862. 1999.

*In an autobiographical study of adult male survivors of childhood sexual abuse, fifteen psychological themes were identified: anger, betrayal, fear, homosexuality issues, helplessness, isolation and alienation, legitimacy, loss, masculinity issues, negative childhood peer relations, negative schemas about people, negative schemas about the self, problems with sexuality, self blame/guilt and shame/humiliation.*

Lisak, David. **The Psychological Impact of Sexual Abuse: Content Analysis of Interviews with Male Survivors.** *Journal of Traumatic Stress.* 1(4): 525-548. 1994.

*Girls who were raped are about three times more likely to suffer from psychiatric disorders and over four times more likely to suffer from drug and alcohol abuse in adulthood.*

Kendler, KS, Bulik, CM, Silberg J, Hetttema JM, Myers J, and Prescott CA. **Childhood Sexual Abuse and Adult Psychiatric and Substance Use Disorders in Women.** *Archives of General Psychiatry.* 57. October 2000.

*In a nationally representative sample, youth who experienced sexual assault were twice as likely as their nonvictimized peers to report past-year alcohol or other drug abuse or dependence.*

Kilpatrick, D., Acierno, R., Saunders, B., Resnick, H., Best, C., and Schnurr, P. **Risk Factors for Adolescent Substance Abuse and Dependence: Data from a National Sample.** *Journal of Consulting and Clinical Psychology.* 68(1): 1-12. 2000.

## ■ Other Consequences

*Among children who were sexually abused, the odds are 27.7 times higher (than a control group) of being arrested for prostitution as an adult.*

Widom, Cathy Spatz. **Victims of Childhood Sexual Abuse—Later Criminal Consequences.** *Research in Brief.* March 1995.

*People who reported childhood rape compared with people who did not were four times more likely to be working as prostitutes. Women were nearly three times more likely to become pregnant before the age of 18.*

Zierler, S. et. al. **Adult Survivors of Childhood Sexual Abuse and Subsequent Risk of HIV Infection.** *American Journal of Public Health.* 81(2): 572-575. 1991.

*Research shows that adolescent females with a history of sexual abuse and sexual assault were three times more likely to participate in prostitution, have children at an earlier age, and may be more likely to abuse those children. Sexually abused adolescent girls were more likely to show impaired social functioning, bulimia, and sexual mutilation.*

Wordes, Madeline. **Our Vulnerable Teenagers: Their Victimization, Its Consequences, and Directions for Prevention and Intervention.** *The National Center for Victims of Crime.* May 2002.

## Sampling of Articles and Literature on the Cost and Consequences of Child Sexual Abuse

In the NSVRC Resource Library Collection, see page 9 for information on accessing these articles.

American College of Obstetricians and Gynecologists. **Adult Manifestations of Childhood Sexual Abuse.** 2000.

Briere, John and Elliot, Diana. **Immediate and Long-Term Impacts of Child Sexual Abuse.** *The Future of Children.* 4(2): 54-69. Summer/Fall 1994.

Briere, John. **Childhood Sexual Abuse: Long-Term Sequelae and Implications for Psychological Assessment.** *Journal of Interpersonal Violence.* 8(3): 312-330. September 1993.

Brown, Jocelyn, Cohen, Patricia, and Johnson, Jefferey. **Childhood Abuse and Neglect: Specificity of Effects on Adolescent and Young Adult Depression and Suicidality.** *Journal of American Academy of Child and Adult Psychiatry.* 38(12): 1490-1496. December 1999.

Diaz, Angela. **Effect of Abuse on Health: Results of a National Survey.** *Archives of Pediatric and Adolescent Medicine.* 156: 811-817. August 2002.

Dilorio, Colleen, Hartwell, Tyler, and Hansen, Nellie. **Childhood Sexual Abuse and Risk Behaviors among Men at High Risk for HIV Infection.** *American Journal of Public Health.* 92(2): 214-219. February 2002.

Ferrara, F. Felicia. **Childhood Sexual Abuse: Developmental Effects across the Lifespan.** Brookes/Cole. 2002.

Gomes-Schwartz, Beverly, Horowitz, Jonathan, and Cardarelli, Albert. **Child Sexual Abuse: The Initial Effects.** Sage Publications. 1990.

Hanson, Rochelle. **Impact of Childhood Rape and Aggravated Assault on Adult Mental Health.** *American Journal of Orthopsychiatry.* 71(1): 108-119. January 2001.

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Hills, Susan. **Adverse Childhood Experiences and Sexual Risk Behaviors in Women: A Retrospective Cohort Study.** *Family Planning Perspectives.* 33(5): 206-211. September/October 2001.

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## Developing, Selecting, and Evaluating Child Sexual Abuse Prevention Programs and Initiatives

What works? How do you determine if a program is right for you? What does an effective child-based sexual abuse prevention program include? Following is a sample of resources that provide guidelines for working through these issues.

### **Guidelines for Programs to Reduce Child Victimization: A Resource for Communities When Choosing a Program to Teach Personal Safety to Children**

This evaluation resource from the National Center for Missing and Exploited Children contains research-based information which will guide you in selecting and evaluating a child-based sexual abuse prevention program. The “Curriculum Scorecard” and “Program Evaluation Checklist” provide guidelines for program selection and evaluation.

This resource also includes a summary of the NCMEC commissioned child safety program research literature review by Ruth Luna and David Finkelhor. According to Luna and Finkelhor, elements of effective prevention programs taught in schools include:

- A coherent theoretical basis;
- Active, systematic, and specific skills training;
- Multiple program components such as classroom training combined with parental involvement;
- Interactive instructional techniques;
- Individualized instruction;
- Low teacher to child ratios;
- Full program implementation; and
- More intensive programs that are repeated many times during the school year.

This resource is 20 pages long and is available online at [www.missingkids.com/en\\_US/publications/NC24.pdf](http://www.missingkids.com/en_US/publications/NC24.pdf). You may also order limited free copies of this publication online at: [www.missingkids.com](http://www.missingkids.com) or call 1-800-THE-LOST (1-800-843-5678).

For more information about other child sexual abuse prevention materials available through the National Center for Missing and Exploited Children (NCMEC), please refer to the directory section, pages 136-139.

**Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students** was published by the American College of Obstetricians and Gynecologists as part of their National Rape and Sexual Assault Prevention Project. This document offers advice to adults who routinely come in contact with middle school students on how to design new sexual assault prevention programs and revise existing programs to reflect emerging developments in the field.

This resource is available at [www.acog.org/from\\_home/publications/drawingtheline/](http://www.acog.org/from_home/publications/drawingtheline/).

**Advice to Professionals on Child Sexual Abuse Prevention Programs for Preschoolers and Elementary-Aged Children** This publication is part of a series produced by Prevent Child Abuse North Carolina that is intended to build the capacity of local communities to deliver research-based child abuse prevention programs. (For additional information on this resource publication, please refer to Prevent Child Abuse North Carolina's directory entry.) This resource provides information on school-based child sexual abuse prevention program considerations, effectiveness, and key recommendations.

**Community Toolbox** The *Community Toolbox* provides practical skill-building information on over 250 different topics—including planning and evaluation. Topic sections include step-by-step instructions, examples, check-lists, and related resources. (<http://ctb.ku.edu/>)

**Getting to Outcomes** Incorporating traditional evaluation, empowerment evaluation, results-based accountability, and continuous quality improvement, this manual's ten-step process enhances practitioners' substance abuse prevention skills while empowering them to plan, implement, and evaluate their own programs. The manual's text and worksheets address needs and resources assessment; goals and objectives; choosing programs; ensuring program 'fit'; capacity, planning, process, and outcome evaluation; continuous quality improvement; and sustainability. ([www.rand.org/publications/TR/TR101/](http://www.rand.org/publications/TR/TR101/))

**An Evaluation Framework for Community Health Programs** This publication can be used by community-based organizations and community health workers to enhance their understanding of evaluation and to build their capacity to more actively and aggressively participate in evaluation efforts of their programs. ([www.cdc.gov/eval/evalcbph.pdf](http://www.cdc.gov/eval/evalcbph.pdf))

#### REFERENCES

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- Baker, Q.E., Davis, D., et. al. **An Evaluation Framework for Community Health Programs**. The Center for the Advancement of Community Based Public Health. June 2000.

## Selected Bibliography of Research Articles

The following research articles may be helpful when creating a child sexual abuse prevention program, evaluating a program, writing a funding proposal, or developing talking points for presentations.

In the NSVRC Resource Library Collection, see page 9 for information on accessing these articles.

In **Educational Programs to Promote Awareness and Prevention of Child Sexual Victimization: A Review and Methodological Critique**, David J. Kolko offers the following recommendations for the development of child sexual abuse prevention programs:

- Programming must be strongly based on interactive theories that integrate such factors as family or sexual dynamics and the psychology of both victims and perpetrators.
- Programs should include children, parents, and school/community agency staff.
- Curricula should emphasize clarification of terminology and concepts as well as integrate simulated practice of preventative responses.
- Program content should extend beyond a discussion of touches and include topics such as assertiveness and problem solving.
- Initial child sexual abuse prevention training should be reinforced periodically.
- Support services should be available after training sessions to handle disclosures.
- The integrity of program content should be monitored periodically by comparing program manuals with ratings of actual program material to determine which components are truly beneficial.
- Participants should be informed of confidentiality and mandated reporting issues.
- More attention should be paid to the school/program's response to the child's participation in the program.
- Program evaluation should pay more attention to methodological requirements for such an evaluation (e.g., control groups, experimental design permitting an analysis of change, etc.).



In **Sexual Abuse Prevention Programs: What Makes Them Effective in Protecting Children?** Sheryll Kraizer offers the following considerations when designing or adapting child sexual abuse prevention programs:

- Prevention education should be experientially-based.
- Prevention education should begin in the preschool years.
- Prevention programming should give children the information and skills they need.
- Evaluation should be a part of every prevention program.

**Prevention of Child Sexual Abuse** is based on a review of literature and research by Deborah Daro. She posits that promising child sexual abuse prevention programs, focusing on the children themselves, have the following characteristics:

- Behavioral rehearsal of prevention strategies.
- Curricula tailored to each age group's cognitive characteristics and learning abilities.
- Stimulating and varied presentation material (for young children).
- Concepts such as assertiveness, decision-making skills, and communication skills that children can use in everyday situations —not just to fend off abuse.
- Emphasis on the need to tell someone anytime someone touches them in a way that makes them feel uneasy.
- Longer programs that are better integrated into school curricula.

Daro also emphasizes the following actions that are needed for a comprehensive strategy to prevent child sexual abuse:

- Expand public education efforts to improve the public's understanding of child sexual abuse.
- Focus education efforts on perpetrators of child sexual abuse to encourage them to seek services to alter behavior.
- Offer education programs to parents that strengthen a parent's protective instincts and provide parents with tools and information on how to talk to their children, monitor their children, and what to do if their children are being abused.
- Provide life skills training for young adolescents that include, for example, the following skills: assertiveness, self-awareness, critical thinking, making low-risk choices, etc.
- Offer support groups for vulnerable children who are limited in their abilities to resist abuse.
- Offer support groups for vulnerable adults who are limited in their ability to protect their children from abuse.



## More Selected Research Articles

In the NSVRC Resource Library Collection, see page 9 for information on accessing these articles.

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University of Calgary. **School-Based Violence Prevention Programs: A Resource Manual.** University of Calgary. 1997.

Wurtele, Sandy. **Partnering with Parents to Prevent Child Sexual Abuse.** Committee For Children. 2003.



# Directory of Resources, Programs and Initiatives

**NOTE:** *To assist you in locating information and resources, please refer to the directory index found at the back of this directory/handbook.*

The directory consists of an alphabetical list of organizations with resources, programs, and initiatives relative to child sexual abuse prevention.

The directory index is organized by topic, audience, and/or format. The first part of the index is a list of topics, audiences and formats comprising the structure of the index. The second part of the index contains the page number where one can find a description and more information about a resource/program/initiative listed under a directory index topic. Resources/programs/initiatives may have several entries under different topics, audiences, and formats.







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## Abel Screening, Inc. / ASI

1280 West Peachtree Street, Suite 100  
Atlanta, GA 30309

PHONE: 404-874-4772  
TOLL FREE: 800-806-2235  
FAX: 404-874-0957  
E-MAIL: [djones@abelscreening.com](mailto:djones@abelscreening.com)  
WEBSITE: [www.abelscreening.com](http://www.abelscreening.com)



### Diana Screen™, The

AUDIENCE: Professionals. Children's organizations.  
AVAILABLE FOR PURCHASE.

Developed by Dr. Gene G. Abel, MD, the *Diana Screen*™ is a two-part computerized test used to determine the risk of the test taker being a child sexual abuser. The first part of the test is a questionnaire of self-reported behaviors, accusations, arrests and convictions, and questions designed to identify cognitive distortions and truthfulness. The second part of the test objectively captures the individual's sexual interest while viewing 160 digital images of clothed adults, adolescents and children. The test takes approximately one hour to complete. The data from both portions of the test are electronically transmitted to Abel Screening, Inc. for processing. Abel Screening, Inc. (ASI) processes the data and returns the *Diana Screen*™ reports to the field electronically. The *Diana Screen*™ is useful for organizations wishing to screen job applicants and prospective volunteers to prevent child sexual abuse.

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## Abused Deaf Women s Advocacy Services / ADWAS

4738 11th Avenue NE  
Seattle, WA 98105

PHONE: 206-726-0093 (TTY only)  
TTY: 206-726-0093  
FAX: 206-726-0017  
E-MAIL: [adwas@adwas.org](mailto:adwas@adwas.org)  
WEBSITE: [www.adwas.org](http://www.adwas.org)



### Children's Advocacy Program

AUDIENCE: Elementary school age children. Middle school age youth/adolescents.  
Hearing-impaired children.

The *Children's Advocacy Program* is designed to provide personal safety training for deaf children in the public school system by offering personal safety programs for children and youth. The focus of the program for younger children is on general personal safety, including sexual abuse. The curriculum for deaf teens addresses such topics as personal boundaries, peer pressure, and rape culture.

## ACT for Kids

210 West Sprague, Suite 100  
Spokane, WA 99201

PHONE: 509-343-5020  
TOLL FREE: 866-348-5437  
FAX: 509-747-0609  
E-MAIL: [resources@actforkids.org](mailto:resources@actforkids.org)  
WEBSITE: [www.actforkids.org](http://www.actforkids.org)



### Helping Your Child to be Safe

**AUDIENCE:** Parents. Asian parents.  
**OTHER LANGUAGES:** Cambodian, Lao, Vietnamese, Chinese, Korean.  
**AVAILABLE FOR PURCHASE.**

This 40-page guide is a prevention resource designed especially for Asian parents. It provides clear definitions of child sexual abuse and offers realistic approaches to prevention. This guide also discusses:

- Techniques for discussing sexual abuse with your child
- Dating advice for teenagers
- How to know if your child has been sexually assaulted
- What to do if your child has been sexually assaulted



### Loving Touches

**AUDIENCE:** Preschool age children. Elementary school age children.  
**AVAILABLE FOR PURCHASE.**

This 32-page children's book is about loving, caring touches. This book teaches children how to ask for and give loving touches. They also learn how to respect their own and other's bodies.



### My Very Own Book About Me

**AUDIENCE:** Elementary school age children. Parents.  
**OTHER LANGUAGES:** Spanish—*Mi Guia De Defensa Personal*.  
**AVAILABLE FOR PURCHASE.**

This children's workbook addresses different kinds of touches, especially uncomfortable touches, and how to respond to them. *My Very Own Book About Me!* teaches children:

- It's okay to say "no" to unwanted touches
- It's okay to tell, even if it's a secret
- It's never too late to tell
- Bodies have private parts, and except for medical or hygienic care, adults or older children may not touch their private parts
- Abuse is never their fault
- Support can be found through their family, community, or school

The *My Very Own Book About Me! Workbook* includes a parent's guide. A therapist's guide and teacher's guide to accompany *My Very Own Book About Me!* may be purchased separately.

## ACT for Kids (continued)



### I Can Be Safe!

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Hearing-impaired children.

**AVAILABLE FOR PURCHASE.**

This 9-page booklet provides deaf children with personal safety information.



### Deaf Teen Sexual Assault Prevention

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Hearing-impaired children. Visually-impaired children.

**AVAILABLE FOR PURCHASE.**

The 100-page curriculum is designed to help deaf, deaf-blind, and hard of hearing teenagers avoid sexual assault. Through this program, teens will establish stronger personal boundaries, increase awareness, gain skills in assessing potentially dangerous situations, and develop stronger refusal skills.



### It's My Body

**AUDIENCE:** Preschool age children. Parents.

**OTHER LANGUAGES:** Spanish—*Mi Cuerpo Es Mio*.

**AVAILABLE FOR PURCHASE.**

In this 32-page book, preschool age children learn safe boundaries, how to distinguish between safe and unsafe touches, and how to respond appropriately to unwanted touches. A parent's companion guide for this book, *Protect Your Child From Sexual Assault*, is also available.



### Reducing the Risk for Children in our Care

**AUDIENCE:** Parents. Caregivers.

**OTHER LANGUAGES:** Spanish, Russian.

**AVAILABLE FOR PURCHASE.**

This brochure provides information for parents and caregivers on ways to reduce children's vulnerability.



### Top Secret: Sexual Assault Information for Teenagers Only

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 32-page workbook provides answers to adolescent girls' most difficult questions about sexual assault. Written with the help of teens, the book uses a variety of effective ways to catch attention, such as true-to-life experiences, letters and replies, challenging quizzes, and frank information about sexual assault. A discussion guide for teachers, counselors and group leaders is available separately.

## ACT for Kids (continued)



### Telling Isn't Tattling

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 32-page book helps children learn when to tell an adult they need help and adults learn when to pay attention to kids' request for help. Thirteen stories portray typical examples of children telling or tattling. Alternatives to tattling and additional suggestions for telling round out each story.



### So What's It to Me? Book and Companion Guide

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Educators. Professionals. Group leaders. Young males.

**AVAILABLE FOR PURCHASE.**

This 34-page book helps increase awareness that males, too, can be victims of sexual assault. This book also analyzes the male teenager's role as a sexual aggressor, helping readers to explore their own motives and find ways of developing non-exploitative relationships.

The *So What's it to Me? Activity Guide* is a 75-page companion volume designed to aid teachers, counselors, and group leaders in facilitating discussions and approaching the booklet's often sensitive subjects in an interesting and thought-provoking manner.



### Trouble With Secrets, The

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish—*El Problemo Con Los Secretos*.

**AVAILABLE FOR PURCHASE.**

This 32-page book helps children distinguish between hurtful secrets and good surprises.



### Please Tell! A Child's Story About Sexual Abuse

**AUDIENCE:** Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 28-page book, a nine year-old sexual assault survivor reaches out to other child victims and lets them know that it is okay to talk about their feelings and that the abuse wasn't their fault. She emphasizes to her peers how important it is to tell so that you can get the help you need. *Please Tell!* is a tool for therapists, counselors, child protection workers, teachers, and parents dealing with children affected by sexual abuse.



## ACT for Kids (continued)



### **No Es Un Juego (He Told Me Not to Tell)**

**AUDIENCE:** Parents. Spanish-speaking parents.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

*No Es Un Juego* is a 32-page booklet that provides clear and culturally appropriate child sexual abuse prevention information for Spanish speaking parents.



### **Be Aware, Be Safe**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. South East Asian teenagers.

**OTHER LANGUAGES:** Vietnamese, Chinese, Cambodian, Lao.

**AVAILABLE FOR PURCHASE.**

This 34-page sexual assault awareness prevention workbook is designed especially for South East Asian teenagers. This workbook helps teens answer questions about sexual assault, includes prevention techniques, and offers advice on what to do after a sexual assault.



### **I Am the Boss of My Body: Preventing Child Sexual Abuse**

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 20-minute video is designed to empower children to recognize and protect themselves from sexual abuse. *I Am the Boss of My Body* introduces children to “being the boss” and taking ownership of their right to keep themselves safe from others. Video comes with a 32-page facilitator’s guide and 7 handout masters.

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## Advocacy Services for Abuse Deaf Victims / ASADV

P.O. Box 20023  
Rochester, NY 14602

**PHONE:** (TTY only)  
**TTY:** 585-475-6830  
**E-MAIL:** PADDHD@RIT.EDU  
**WEBSITE:** www.asadv.org



### Me Too!

**AUDIENCE:** High school age youth/teens. Hearing-impaired children.  
**OTHER LANGUAGES:** American Sign Language (ASL).  
**AVAILABLE FOR PURCHASE.**

*Me Too!* is a one-hour video featuring ASL monologues on relationship violence and sexual abuse. The video consists of nine monologues depicting the different faces of abuse. Abusers, victims, children of abuse, and survivors present information on domestic violence, sexual molestation, sexual assault and addiction, sexual harassment, rape, and stalking.

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## Aetna Foundation Children s Center / Children s Center

St. Francis Hospital and Medical Center  
114 Woodland Street  
Hartford, CT 06105

**PHONE:** 860-714-5052  
**TTY:** 860-714-7922  
**FAX:** 860-714-7960  
**E-MAIL:** knorthro@stfranciscare.org  
**WEBSITE:** stfransiscare.org (Choose Pediatric Services from Learn About Our Services, then choose Children's Center under Topic Menu.)



### SOS–System of Safety

**AUDIENCE:** Preschool age children. Parents. Preschool educators and caregivers.

Aetna's *SOS–System of Safety* is a comprehensive child sexual abuse prevention program for teachers, parents and children. This workshop training series provides information on child abuse and neglect including neglect awareness, causes, impact, and reporting. The portion of the program focusing on child sexual abuse urges parents and teachers to foster healthy sexual development in preschool age children as a key component to child sexual abuse prevention. In healthy sexual development children are taught to affirm their bodies and act responsibly toward others.

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## Agency for Instructional Technology / AIT

1800 N. Stonelake Drive  
Bloomington, IN 47404

PHONE: 812-339-2203  
TOLL FREE: 800-457-4509  
FAX: 812-333-4218  
E-MAIL: tcain@ait.net  
WEBSITE: www.ait.net



### Sexual Abuse Prevention for Children with Physical Handicaps

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens. Physically-disabled children.

**AVAILABLE FOR PURCHASE.**

This 15-minute video is designed to educate physically disabled children about sexual abuse and exploitation and demonstrate ways they can protect themselves. The program introduces five safety rules for sexual abuse prevention:

- Your body belongs to you
- Trust your feelings
- Say “No”
- Get away
- Tell someone

*Sexual Abuse Prevention for Children with Physical Handicaps* is suitable for use in schools, day-care facilities, group residences, or family homes. A teacher’s guide to accompany the video may be purchased for a small charge.



### Preventing Sexual Abuse in Schools

**AUDIENCE:** Educators. Professionals.

**AVAILABLE FOR PURCHASE.**

In this 29-minute video, Dr. Charol Shakeshaft, professor at Hofstra University and published researcher on child sexual abuse in schools, speaks to the problem of sexual abuse and sexual harassment. It occurs in all kinds of districts, to all kinds of students, and at all grade levels.

## Agency for Instructional Technology (continued)



### Sexual Abuse Prevention: Five Safety Rules for Persons Who are Mentally Handicapped

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

This 25-minute video program consists of five vignettes: two situations of inappropriate behavior in public places and three situations portraying the potential for sexual abuse where the victim gets away. Each short episode focuses on one of the five safety rules:

- Your body belongs to you
- Keep your clothes on in public
- Say “No”
- Get away
- Tell someone

This video includes a 68-page instructor’s guide.



## AGOS Group, LLC The / AGOS

321 South Boston Avenue, Suite 900  
Tulsa, OK 74103

PHONE: 918-582-5262  
TOLL FREE: 800-205-5262  
FAX: 918-582-5261  
E-MAIL: [jchasen@agosnet.com](mailto:jchasen@agosnet.com)  
WEBSITE: [www.agosnet.com](http://www.agosnet.com)



### Smarter Adults—Safer Children™ Program Child Sex Abuse Prevention Program for Adults, The

**AUDIENCE:** Parents. Teachers, coaches, staff members, and volunteers who work with children and youth.

**OTHER LANGUAGES:** Some end-user products and services available in Spanish.

**AVAILABLE FOR PURCHASE.**

The *Smarter Adults—Safer Children*™ program was created by The AGOS Group, LLC, for the protection of children and the prevention of wrongdoing. This program is designed to empower employees and volunteers to help prevent child sexual abuse and other forms of wrongdoing, and it includes a rigorous awareness program about the risks associated with child sexual abuse, offering proven methods for recognizing the warning signs of abuse and identifying the behaviors of both abusers and victims. Importantly, the program focuses on both the prevention of abuse and the timely and effective reporting of suspicious behavior. The *Smarter Adults—Safer Children* program offers multiple formats, including a “train-the-trainer” approach, and is available via the Internet and on videotapes and DVDs.

Clients also receive a comprehensive resource guide, as well as handouts for participants in the training. Additionally, the Smarter Adults—Safer Children website provides clients with a comprehensive employment practices platform that supports the training and tracking of other employee and volunteer functions and entrenches a more comprehensive approach to a broad range of risk management issues, including the prevention of all forms of sexual abuse and sexual misconduct.



## AIMS Multimedia

9710 DeSoto Avenue  
Chatsworth, CA 91342

PHONE: 818-773-4300  
TOLL FREE: 800-367-2467  
FAX: 818-341-6700  
E-MAIL: [jfassett@aimsmultimedia.com](mailto:jfassett@aimsmultimedia.com)  
WEBSITE: [www.aimsmultimedia.com](http://www.aimsmultimedia.com)



### Sexual Abuse of Children: Victims and Abusers

**AUDIENCE:** High school age youth/teens. Sexual aggressors/offenders.  
**AVAILABLE FOR PURCHASE.**

This 28-minute video documentary examines the impact of child sexual abuse and features candid interviews with therapists, victims, and recovering offenders. The program explores the long-term effects of physical, emotional, and/or sexual child abuse. Perpetrators in recovery describe issues that led them to become abusers, including sexual abuse experienced as children. This program assures victims, as well as abusers, that they are not alone, and provides steps to begin their healing process. This program may be used to support classes dealing with rape prevention. Video comes with teacher's guide.



### Date Rape

**AUDIENCE:** High school age youth/teens.  
**AVAILABLE FOR PURCHASE.**

This 45-minute video tells the story of a popular high school student who has some very stereotypical sexist attitudes about women and the women he victimized. The video further explores the damaging effects of acquaintance rape on all parties. The victim must wrestle with her feelings of despair and debasement. The perpetrator, having committed a criminal act that may lead to imprisonment, is forced to reexamine his perception of women. This program can be used to supplement health and guidance units on rape prevention and survival, violence prevention, sexual harassment, self esteem, and crime prevention.



### McGruff's Guide to Personal Safety

**AUDIENCE:** Elementary school age children.  
**OTHER LANGUAGES:** Spanish.  
**AVAILABLE FOR PURCHASE.**

In this short, 9-minute video, McGruff the Crime Dog helps children understand that they have personal space. He explains that everybody has the right to protect their personal space—to refuse to allow someone to be physically close, even a relative, friend, or neighbor. McGruff also makes it clear that we need to be close to people we love and trust. He illustrates the difference between the actions of people whose closeness is natural and those who may put a child's safety at risk. Video comes with teacher's guide.

## AIMS Multimedia (continued)



### **Secret: Child Sexual Abuse, The**

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 25-minute video tells the story of two young children who are sexually abused by their uncle.

*The Secret: Child Sexual Abuse* traces the history of the abuse and the subsequent behavioral changes in the children stemming from their feelings of betrayal and guilt. It examines the role played by a teacher in the disclosure of the abuse, the emotions experienced by the parents, and the ultimate support needed by the child victims. Video comes with teacher's guide.



### **Critter Jitters**

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 24-minute video provides children with sexual abuse prevention skills without confusing them. Video comes with teacher's guide.



### **It's OK to Tell**

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 15-minute video illustrates the benefits of telling someone about being abused through the story of ten-year-old Angie, whose stepfather is sexually molesting her. Normally an outgoing child, Angie has withdrawn from her friends and has let her schoolwork slide. Afraid and ashamed, Angie finally tells her teacher about the abuse. The video dramatizes the benefits of telling, the story shows how child protection laws are set in motion. Video comes with teacher's guide.



### **Scared Silent: Incest**

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

Oprah Winfrey opens this 22-minute video by explaining that most sexual abusers were once victims of abuse themselves. In short vignettes, a teenage victim of incest describes how she was sexually abused by her father for years and remained silent due to fear of breaking up her family. In another segment, a 15-year-old abuser and victim tells a counseling group how she was abused by her brother. She, in turn, inflicted the same sexual abuse upon several other young victims, including her young cousin. Video comes with teacher's guide.

## AIMS Multimedia (continued)



### No Means No

**AUDIENCE:** High school age youth/teens.



**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 29-minute video/DVD, a date-rape victim shares the harrowing details of her own experience and provides advice on avoiding the same fate. Central to the message of *No Means No* is understanding that most rapists are not career criminals; they come from a variety of racial, ethnic, and economic groups; and they usually know their victims. A counselor who works with rape victims also offers information on dealing with potential rape situations. She discusses the emotions and trauma that follow a rape, including fear, anger and guilt. The program highlights various acquaintance rape drugs, including Rohypnol, GHB, and Ecstasy. Alcohol is also discussed as a major risk factor for rape.



### Teen Files Flipped–Date Rape / Abusive Relationships, The

**AUDIENCE:** High school age youth/teens.



**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 21-minute video/DVD program, 17-year old Mario, who takes pride in seducing as many girls as possible, and 15-year-old Debbie, who is drawn to possessive, potentially abusive boyfriends are given an unsettling look at the nature of unhealthy dating relationships. Mario spends his “flipped day” assisting the DA in gathering evidence for the prosecution of a non-stranger case. He discovers that the behaviors and attitudes of the accused are uncomfortably similar to his own. Debbie spends the day with Gina. As the day progresses, Debbie observes the escalating aggressiveness of Gina’s possessive, abusive boyfriend, and begins to recognize the similarities to her own past relationships. The program encourages viewers to consider, and perhaps make changes in, their own relationships, attitudes, and behaviors.



### Child Sexual Abuse Prevention: Socio-Cultural and Community Issues

**AUDIENCE:** Parents. Professionals. Community members. Arabic and other multicultural populations.

**OTHER LANGUAGES:** Arabic.

**AVAILABLE FOR PURCHASE.**

In this 30-minute video, professionals in the field of prevention reveal the facts as well as new theory and research on child abuse. The program suggests a cultural context for comprehending the offender and discusses the differences between “safety” and “sex education” programs. The video provides guidelines for dealing with questions of cultural relevance for minority populations and addresses the most common concerns of parents and school boards. (Also available dubbed in Arabic.)

## AIMS Multimedia (continued)



### Club Drugs—Dancing With Danger

**AUDIENCE:** High school age youth/teens.



**AVAILABLE FOR PURCHASE.**

This 21-minute video/DVD documentary reveals the underbelly of the rave scene, the danger of club drugs, and how these drugs can lead to rape. This video can be used to supplement youth guidance units on substance abuse, mental health, drug counseling, abstinence, addiction, and drug use. Video comes with extensive teacher's guide.



### Date With Rape: Violence on Trial, A

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 23-minute video documentary, rape survivors speak candidly about the trauma of acquaintance rape. Viewers also learn about the prosecution of sexual assault crimes during the trial of a college student charged with acquaintance rape. Legal and medical personnel provide additional insights, along with tips for recognizing behaviors used by date rapists to target potential victims. Video comes with teacher's guide.



### Watch What You Drink

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 15-minute video/DVD reports on the use of the “acquaintance rape drug” Rohypnol. Originally developed as an anesthetic and sleeping pill, Rohypnol (also nicknamed “ruffies” or “roofies”) is odorless and colorless, and has been implicated in cases of rape. The program cautions individuals not to leave their drink unattended, or to accept a beverage from a stranger or someone whose motives may be suspect. Video comes with teacher's guide.



### Yes, You Can Say No

**AUDIENCE:** Elementary school age children.

**OTHER LANGUAGES:** French.

**AVAILABLE FOR PURCHASE.**

This 20-minute video tells the story of how one boy stopped his own victimization. Offenders and therapists identify assertiveness skills, such as the boy demonstrates in this video, as critical in reducing a child's vulnerability to assault. Video comes with teacher's guide.

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## AIMS Multimedia (continued)



### **Break the Silence: Kids Against Child Abuse**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.



**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 30-minute video/DVD, Jane Seymour introduces the reality of child abuse to young audiences. Physical abuse, sexual abuse, and neglect are explained in a way young children can understand. Four kids talk candidly about their abuse and their abusers as they describe how adults use fear, manipulation, and neglect to hurt children. As each story is told, animated versions of the child and the abuser help illustrate how the abuse happened and how it made the child feel. Each story has a happy ending. With the help of social workers, therapists, and foster families, these kids are receiving help to go on and lead normal lives. The video emphasizes that children should tell an adult if they feel they or someone they know are being abused. Video comes with teacher's guide.

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## Albert Whitman and Company

6340 Oakton Street  
Morton Grove, IL 60053

**PHONE:** 847-581-0033

**TOLL FREE:** 800-255-7675

**FAX:** 847-581-0039

**E-MAIL:** mail@awhitmanco.com

**WEBSITE:** www.albertwhitman.com



### **My Body Is Private**

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

In this 32-page book, a young girl talks about privacy and about saying “no” to touching that makes her uncomfortable.



### **Your Body Belongs to You**

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

In this 24-page book, therapist Cornelia Spelman explains in simple, reassuring language that a child's body is his or her own; that it is all right for children to decline a friendly hug or kiss, even from someone they love; and that even if you don't want a hug or kiss right now, you can still be friends. She goes on to define private parts and stresses that it is important to tell if someone tries to touch your private parts.



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## Ali Jackson / Black Momma Flix

P.O. Box 473428  
Aurora, CO 80047

PHONE: 720-301-0275  
FAX: 303-537-6657  
E-MAIL: itsnotaturban@yahoo.com



### Path Altered

**AUDIENCE:** Community members. Afro-American communities.

**AVAILABLE FOR PURCHASE.**

This 23-minute video/DVD is an educational, experimental documentary film that explores the long-term effects of child molestation and sexual abuse and creates a platform from which to discuss these issues. *Path Altered* explores three individual's lives and their devastating experiences with extreme sexual assault:

Tasha is four years old and has been traumatized by constant sexual molestation through her family's involvement in satanic worship.

Lisha is fifteen years old. She is a suicidal, delinquent teen who prostitutes herself to buy drugs.

Michelle is twenty-one years old. She is an exotic dancer who is a masochist and addicted to sex.

*Path Altered* is a bold and gritty film that presents the stories of the three young women at a very intimate level and attempts to speak to the universality of child sexual abuse in that such abuse crosses many boundaries (e.g., sex, age, race, religion, and economic background).

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## Alternatives, Inc.

2021B Cunningham Drive, Suite 5  
Hampton, VA 23666

PHONE: 757-838-2330  
FAX: 757-838-9215  
E-MAIL: [altinc@altinc.org](mailto:altinc@altinc.org)  
WEBSITE: [www.altinc.org](http://www.altinc.org)



### **RELATE—Relationship Education Leading Adolescents Towards Empowerment**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Relationship Education Leading Adolescents Towards Empowerment (RELATE)* Project is a research-based, evaluated curriculum that outlines five, 45-minute lessons to prevent peer and sexual violence for middle and high school age youth. Utilizing a cross-age and youth empowerment model, youth were involved in creating the curriculum, marketing materials, and design of the training for peer educators. *RELATE* has been implemented in both school and community-based settings. Supplies include the curriculum, student workbook, marketing, and evaluation materials.



### **Project Together**

**AUDIENCE:** Elementary school age children.

*Project Together* is a curriculum that outlines five, 45-minute lessons to educate elementary school aged children about the link between substance abuse and child abuse/neglect. Through interactive learning experiences, college and high school volunteers enhance children's self-esteem, assertiveness, and awareness regarding their right to be safe, believed, and cared for. Group discussions promote the concept of support systems and trusted adults. Supplies include curriculum, logo, and design for marketing materials.

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## AMA Communications / Anne Marie Aikins

133 Morse Street  
Toronto, ON M4M 2P9 CANADA

PHONE: (unlisted)  
E-MAIL: [haille6@rogers.com](mailto:haille6@rogers.com)  
WEBSITE: <http://femwriter.myonlinepublication.com>



### **Authentic Boys/Safer Girls: A Teacher's Guide to Helping Boys Break Free of Gender Stereotyping**

AUDIENCE: Educators and professionals working with elementary school age males.  
AVAILABLE FOR PURCHASE.

Anne Marie Aikins is a trauma counselor and freelance writer. Her book, *Authentic Boys/Safer Girls*, serves as a guide for teachers to help male elementary students break free of sexist stereotyping.

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## American Academy of Child & Adolescent Psychiatry / AACAP

3615 Wisconsin Avenue NW  
Washington, DC 20016

PHONE: 202-966-7300  
TOLL FREE: 800-966-2891  
FAX: 202-966-2891  
WEBSITE: [www.aacap.org](http://www.aacap.org)



### **American Academy of Child and Adolescent Psychiatry**

AUDIENCE: Parents. Professionals.

The American Academy of Child and Adolescent Psychiatry (AACAP) is a professional medical organization comprised of child and adolescent psychiatrists trained to promote healthy development and to evaluate, diagnose, and treat children and adolescents and their families who are affected by disorders of feeling, thinking, and behavior. Child and adolescent psychiatrists are physicians who are uniquely qualified to integrate knowledge about human behavior and development from biological, psychological, familial, social, and cultural perspectives with scientific, humanistic, and collaborative approaches to diagnosis treatment and the promotion of mental health.

The AACAP provides information through *Facts for Families*, fact sheets about issues and disorders concerning child and adolescent mental health. *Facts For Families #9* is about child sexual abuse.

This publication may be downloaded at no charge: <http://www.aacap.org/publications/factsfam/sexabuse.htm>

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## American College of Obstetricians and Gynecologists, The / ACOG

P.O. Box 96920  
Washington, DC 20090

PHONE: 202-863-2579  
FAX: 202-484-3917  
E-MAIL: [jchapin@acog.org](mailto:jchapin@acog.org)  
WEBSITE: [www.acog.org](http://www.acog.org)



### **Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students**

**AUDIENCE:** Prevention educators working with middle school age students.

*Drawing the Line* was developed by a multidisciplinary group of experts in the field of sexual assault to help adults who routinely come in contact with middle school students design new sexual assault prevention programs and revise existing programs to reflect emerging developments in the field. This 51-page, spiral bound booklet highlights components of promising programs already being implemented around the nation and includes an example of the process undertaken by one state to design and implement sexual assault prevention education programs for middle school students.

This publication may be downloaded at no charge: [http://www.acog.org/from\\_home/publications/drawingtheline/index.htm](http://www.acog.org/from_home/publications/drawingtheline/index.htm).

Request hardcopies from Judy Brenner at ACOG, 202-863-2434 or 800-673-8444 ext 2434 or e-mail to [jbrenner@acog.org](mailto:jbrenner@acog.org).



### **Stay Alert! Stay Safe!**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

The *Stay Alert! Stay Safe!* pocket card, especially designed for teenagers, lists tips on staying safe from sexual assault.

This pocket card is available free of charge in small quantities. Larger quantities are available at-cost. Contact Judy Brenner at 202-863-2434 or 800-673-8444 ext 2434 or e-mail to [jbrenner@acog.org](mailto:jbrenner@acog.org) for more information.

## American Professional Society on the Abuse of Children / APSAC

P.O. Box 26901, CHO 3B3406  
Oklahoma City, OK 73190

PHONE: 405-271-8202  
FAX: 405-271-2931  
E-MAIL: [tricia-williams@ouhsc.edu](mailto:tricia-williams@ouhsc.edu)  
WEBSITE: [www.apsac.org](http://www.apsac.org)



### Annual APSAC Colloquium

**AUDIENCE:** Professionals. Professionals and educators working with multicultural populations.

**OTHER LANGUAGES:** Some information available in Spanish.

**AVAILABLE FOR PURCHASE.**

The Annual American Professional Society on the Abuse of Children's (APSAC) annual colloquium is a training forum for child abuse professionals. Areas of focus include legal, medical, mental health, investigative and preventive, as well as protective services work with abused and neglected children, their families, and perpetrators of abuse. Presentations are offered on all aspects of child maltreatment, including cultural diversity. APSAC's annual colloquium is a major source of information and research necessary for interdisciplinary professionals in the field of child abuse and neglect.



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## American Psychological Association

American Psychological Association  
Public Interest Directorate  
750 First Street NE  
Washington, DC 20002

PHONE: 202-336-5817  
FAX: 202-336-5723  
E-MAIL: [jsilva@apa.org](mailto:jsilva@apa.org)  
WEBSITE: [www.apa.org](http://www.apa.org)



### **ACT—Adults and Children Together—Against Violence**

**AUDIENCE:** Parents. Community adults. Professionals. Educators. Latino populations.

**OTHER LANGUAGES:** Some materials available in Spanish.

**AVAILABLE FOR PURCHASE.**



The *ACT—Adults and Children Together—Against Violence* is a national early violence prevention initiative aimed to educate adults about their role in protecting children from violence. *ACT* has two components: a national media campaign and a national training program.

The national media campaign includes TV and radio PSAs, billboards, a toll-free number to request a brochure (1-877-ACT-WISE), a web site ([www.actagainstviolence.org](http://www.actagainstviolence.org)), brochures and flyers. The *ACT* National Training Program, a 3-day workshop, prepares professionals from all over the country to disseminate knowledge and skills on early violence prevention to adults in the communities. The training program addresses child development, roots and consequences of violence in the lives of children, skills for prevention, action planning, and evaluation.



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## Association for Sexual Abuse Prevention / ASAP

c/o NCAC  
210 Pratt Avenue  
Huntsville, AL 35801

PHONE: 256-533-5437

WEBSITE: [www.nationalcac.org](http://www.nationalcac.org) or [www.childsexualabuseprevention.org](http://www.childsexualabuseprevention.org)



### Association for Sexual Abuse Prevention

**AUDIENCE:** All who work to prevent child sexual abuse. Professionals.

**AVAILABLE FOR PURCHASE.**

The Association for Sexual Abuse Prevention (ASAP) was founded in 1986 and promotes positive social change for the elimination of child sexual abuse. ASAP's mission is to eradicate child sexual abuse by emphasizing the value of prevention and promoting collaborative efforts at community and national levels. ASAP is unique in its single-minded dedication to creating and promoting a broad-based, multi-faceted, national movement of child sexual abuse preventionists. ASAP actively works to foster a professional climate that facilitates the sharing of skills, information, resources, and knowledge. Membership in ASAP is open to anyone wanting to support and contribute to the prevention of child sexual abuse. ASAP hosts a listserv and website.

To join ASAP, an individual membership is \$100 and a student membership is \$50. Send application and check c/o NCAC, 210 Pratt Avenue, Huntsville, AL 35801. Application available at: [www.nationalcac.org](http://www.nationalcac.org). The ASAP listserv is restricted to ASAP members.

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## Association for the Treatment of Sexual Abusers / ATSA

4900 S.W. Griffith Drive, Suite 274  
Beaverton, OR 97005

PHONE: 503-643-1023  
FAX: 503-643-5084  
E-MAIL: [atsa@atsa.com](mailto:atsa@atsa.com)  
WEBSITE: [www.atsa.com](http://www.atsa.com)



### Association for the Treatment of Sexual Abusers, The

AUDIENCE: Professionals. Treatment Providers.

Incorporated in 1984, the Association for the Treatment of Sexual Abusers is a non-profit, interdisciplinary organization. ATSA was founded to foster research, facilitate information exchange, further professional education, and provide for the advancement of professional standards and practices in the field of sex offender evaluation and treatment. ATSA is an international organization focused specifically on:

- The prevention of sexual abuse through effective management of sex offenders
- Elimination of sexual victimization
- The protection of our communities through responsible and ethical treatment of sex offenders
- The prevention of sexual assault through effective management of sex offenders
- The maintenance of high standards of professionalism and integrity within its membership

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## ASTOP Inc.

430 East Division Street  
Fond du Lac, WI 54935

PHONE: 920-926-5395  
FAX: 920-926-4306  
E-MAIL: [astop@astop.org](mailto:astop@astop.org)  
WEBSITE: [www.astop.org](http://www.astop.org)



### Feeling Safe and Standing Strong

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.

AVAILABLE FOR PURCHASE.

*Feeling Safe and Standing Strong* is an abuse prevention curriculum based on Protective Behaviors and comprised of a facilitator's manual and participant's journal. Two key Protective Behaviors themes are that we all have the right to feel safe all the time and others have the right to feel safe with us; and we can talk with someone we trust about anything no matter how awful or small. *Feeling Safe and Standing Strong* works toward creating non-violent individuals, families and communities. Unit One teaches the core of the Protective Behaviors process. The remaining units address values and attitudes, self-esteem, relationships and communication, resolving conflicts, understanding violence, and violence prevention. Participants use journal exercises to internalize the material and move to a higher level of thinking. This curriculum can be adjusted to any age group.

## Blue Tower Training Center / Macon Resources, Inc.

P.O. Box 2760  
2121 Hubbard  
Decatur, IL 62524

PHONE: 217-875-1910  
TOLL FREE: 866-258-8266  
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FAX: 217-875-8899  
E-MAIL: [spaceley@maconresources.org](mailto:spaceley@maconresources.org)  
WEBSITE: [www.maconresources.org](http://www.maconresources.org)



### Genesis: In the Beginning... Breaking the Cycle of Sexual Abuse

**AUDIENCE:** Parents, Educators and others who work with preschool children who have developmental and cognitive disabilities.

**AVAILABLE FOR PURCHASE.**

This sexual abuse prevention book targets parents and providers of preschool age children with disabilities. This book is an insightful and practical guide which empowers parents, teachers and service providers to give the gift of information to their children about sexuality and safety. The book includes:

- Specific skills to teach young children which may decrease the likelihood of sexual abuse in day care settings
- Signs of abuse in children with disabilities
- What to do if a child is abused



### My Body! My Choice

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents. Adults with developmental and cognitive disabilities. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

*My Body! My Choice* is a book written for adolescents and adults with developmental and cognitive disabilities. This book covers the basics of body safety and empowers people with disabilities to resist and report sexual abuse. This book can be used in group settings as well as on an individual basis. It has been used in group homes, recovery groups, prevention education classes and in peer education where the story may be “acted out” by individuals with disabilities. Parents can also use this book to teach their children about safety from abuse.



### My Body, My Choice Training Cards

**AUDIENCE:** Educators and others who work with adolescents who have developmental and cognitive disabilities. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

This set of 15, 8.5” x 11” laminated cards can be used in conjunction with the book, *My Body! My Choice*, or by themselves in a group setting to encourage discussion/role play about sexual abuse prevention. The colorful cards are leader-friendly with the words from the book printed on the back of each picture. Cards come in a handy, durable carrying case.

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## Blue Tower Training Center (continued)



### Teach Me

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents. Professionals, educators and others who work with those who have developmental and cognitive disabilities. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

*Teach Me* is a powerful song about the sexual abuse of a person with developmental and cognitive disabilities. This song can be used in counseling, employee development, prevention education, parent education and community awareness.



### NO How!

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Adults with special needs. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

In the video, *NO How!*, actors and actresses in the video are people with developmental and cognitive disabilities who are teaching others about sexual abuse—what it is and how to prevent it. The video includes all of the important elements of sexual abuse prevention as well as a problem solving process for persons with developmental disabilities.



### SAFE BEGINNINGS: Protecting Our Children from Sexual Abuse

**AUDIENCE:** Child care professionals. Parents of all children of preschool age. Physically-disabled children. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

The *Safe Beginnings* book includes strategies to empower preschool age children to resist and report sexual abuse; techniques for teaching the skills to children with disabilities; how to create safe environments in nurseries, preschools, day care centers and schools; tips for raising boys and girls; what to do if abuse occurs; resources; and ideas for social change.



### WE CAN Stop Abuse Peer Training Manual: A Sexual Abuse Prevention Project for Persons with Developmental Disabilities

**AUDIENCE:** Educators and others who work with adolescents who have developmental and cognitive disabilities.

**AVAILABLE FOR PURCHASE.**

This manual walks facilitators through a process on how to teach adolescents and adults with developmental and cognitive disabilities to teach others to resist and report sexual abuse. The *Peer Training Manual* includes a curriculum for training people to be peer trainers as well as sample presentation activities.

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## Blue Tower Training Center (continued)



### **Wings to Fly: Bringing Theater Arts to Students with Special Needs**

**AUDIENCE:** Educators and others who work with those who have developmental and cognitive disabilities.

**AVAILABLE FOR PURCHASE.**

*Wings To Fly* is a book that contains methods for using creative drama with individuals who have special needs. *Wings to Fly* has proven to be a valuable tool in Blue Tower Training Center's efforts to utilize the arts in prevention education and empower individuals with disabilities to take leadership roles in sexual abuse prevention.

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## Board of Jewish Education of Greater New York / BJE

520 8th Avenue, 115th Floor  
New York, NY 10018

**PHONE:** 646-472-5437

**FAX:** 646-472-5437

**E-MAIL:** shaynao@bjeny.org

**WEBSITE:** www.bjeny.org



### **Be'ad Ha Yeled (For the Sake of the Child)**

**AUDIENCE:** Parents. Professionals. Educators. Community adults.

The Child Abuse Identification and Reporting workshop teaches organizations and/or groups of professionals, parents, and laypersons to recognize signs of child abuse and neglect and to intervene in a manner that is both effective for and sensitive to the needs of the victim. Workshop attendees are awarded New York State Certification in Identification and Reporting of Child Abuse and Maltreatment. Project Be'ad Ha Yeled also conducts workshop for individuals interested in obtaining certification.

The Board of Jewish Education maintains a resource library with videos, books and pamphlets on child abuse. Call 646-472-5337 or visit [www.bjeny.org](http://www.bjeny.org) for class information.

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## Boy Scouts of America / BSA

1325 W. Walnut Hill Lane  
P.O. Box 152079  
Irving, TX 75015-2079

PHONE: 972-580-2000  
WEBSITE: [www.scouting.org](http://www.scouting.org)



### Youth Protection: Personal Safety Awareness

**AUDIENCE:** High school age youth/teens. High school aged males.

**AVAILABLE FOR PURCHASE.**

This video is a presentation for any young person 14 through 20 years of age. It is designed to educate this age group through three scenarios on such pertinent issues as peer sexual harassment, acquaintance rape, and internet safety and stalking. This video comes with a meeting guide providing instructions on how to present this video.



### It Happened to Me

**AUDIENCE:** Elementary school age children. Parents. Young males ages 6-9.

**AVAILABLE FOR PURCHASE.**

The Boy Scouts of America produced the video, *It Happened to Me*, as part of the BSA's Youth Protection training to educate Cub Scout-age boys about child sexual abuse and the steps they should take to protect themselves from being sexually abused. Each Cub Scout pack is encouraged to show the video to its members and their parents or guardian once a year. The video helps youth identify sexual abuse, eliminates confusion, and teaches youth to speak up about sexual abuse without shame or fear.



### How to Protect Your Children from Child Abuse: A Parent's Guide

**AUDIENCE:** Parents.

**OTHER LANGUAGES:** Spanish.

This booklet provides parents and their children with basic information that will increase their awareness of child abuse as well as activities for parents and children to do together. The booklet is divided into two sections. The first section provides parents with information about child abuse and tips to help parents talk with their Boy Scout-age sons about child abuse. The second section is designed for parents to share with their son. All Boy Scouts of America handbooks include this booklet as a special insert.



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## Boy Scouts of America (continued)



### **Time to Tell, A**

**AUDIENCE:** Middle school age youth/adolescents. Parents. Middle school aged males.

**AVAILABLE FOR PURCHASE.**

This video is part of the Boy Scouts of America's (BSA's) Youth Protection training program. Each Boy Scout troop is encouraged to show the video to its members once a year. The video presents common situations in which sexual abuse might occur. It emphasizes the BSA's "three Rs" of Youth Protection that instruct children to RECOGNIZE that child molesters can be anyone and to be aware of situations in which the youth can be at increased risk of being abused, RESIST advances made by child molesters, and REPORT to parents or another trusted adult any molestation or attempted molestation.



### **Youth Protection Guidelines: Training for Volunteer Leaders and Parents**

**AUDIENCE:** Parents. Volunteers. Camp staff members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This video training program is a key component of child abuse education for Boy Scout volunteers, camp staff members, and parents. An accompanying facilitator's guide provides step-by-step instructions to help presenters prepare for youth protection training for leaders and parents. This program addresses many questions that Boy Scout volunteers and parents ask regarding child sexual abuse.

## Boys Town Press

14100 Crawford Street  
Boys Town, NE 68010

PHONE: 402-498-1320  
TOLL FREE: 800-282-6657  
FAX: 402-498-1310  
E-MAIL: [btpress@boystown.org](mailto:btpress@boystown.org)  
WEBSITE: [www.boystownpress.org](http://www.boystownpress.org)



### Unmasking Sexual Con Games

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Unmasking Sexual Con Games* is a teen relationship curriculum that teaches adolescents to identify and recognize signs of emotional grooming, nine grooming tactics used by abusers (such as flattery, intimidation), and distorted thinking and language cons. Lesson plans focus on healthy physical, emotional, and sexual boundaries; good friendship and dating skills; and the 12 steps of physical closeness (i.e., “how far to go” at each stage of a relationship). Other topics addressed in the curriculum include sexual harassment and abuse, dating violence, and the role of media, alcohol and drugs in emotional grooming.

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## Brookes Publishing Company / Paul H. Brookes Publishing Company

P.O. Box 10624  
Baltimore, MD 21285

PHONE: 410-337-9580  
TOLL FREE: 800-638-3775  
FAX: 410-337-8539  
E-MAIL: [custserv@brookespublishing.com](mailto:custserv@brookespublishing.com)  
WEBSITE: [www.brookespublishing.com](http://www.brookespublishing.com)



### **Sexuality: Your Sons and Daughters with Intellectual Disabilities**

**AUDIENCE:** Parents of children with developmental and cognitive disabilities.

**AVAILABLE FOR PURCHASE.**

This book assists parents of children with developmental and cognitive disabilities in helping their children develop a healthy sexuality. This book will teach parents how to interact with their child—no matter their age or ability—in a way that increases self-esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop life long relationships.



### **Abuse and Neglect: The Educator's Guide to the Identification and Prevention of Child Maltreatment**

**AUDIENCE:** Educators.

**AVAILABLE FOR PURCHASE.**

This book provides information for educators on their specific role and responsibilities in the identification, prevention, and intervention of child maltreatment. The author guides educators through four major categories of maltreatment—physical abuse, sexual abuse, emotion abuse, and neglect. The book also provides educators with practical guidelines for identifying, reporting, and following up with potential child abuse; strategies for working effectively with students and their families; a checklist to assist in identifying abuse in different age groups; and useful lists of books, journals, videos, audiotapes, and organizations.

## Bureau for At-Risk Youth, The

135 Dupont Street  
P.O. Box 9120  
Plainview, NY 11803

PHONE: 516-349-5520  
TOLL FREE: 800-999-6884  
FAX: 800-262-1886  
E-MAIL: [info@guidancechannel.com](mailto:info@guidancechannel.com)  
WEBSITE: [www.at-risk.com](http://www.at-risk.com) or [www.guidancechannel.com](http://www.guidancechannel.com)



### Rose for Livvy, A

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.  
AVAILABLE FOR PURCHASE.

In this 29-minute video, Livvy is the new girl in town, bored, and cut off from friends and family. Her technology teacher uses a local incident of a missing girl to inform his students about the risks of Internet chat rooms. Livvy ignores the advice. She begins to exchange messages with a stranger she meets in a chat room and this leads to a dangerous encounter. This engaging and positive story teaches students the essential safety rules to protect themselves on the Internet. Video comes with leader's guide.



### For Teens Only: Sexual Assault and Violence Pamphlets

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.  
AVAILABLE FOR PURCHASE.

This pamphlet information center includes 50 each of six titles and a display rack with header sign. Pamphlet titles include: *Safe Dating—Creating a Healthy Relationship*; *Sexual Violence*; *Preventing Sexual Assault*; *Sexual Violence—Facts for Girls*; *Sexual Violence—Facts for Guys*; and *Date Rape*. Individual titles are also available in packs of 25.



### Child Abuse: How to See It, How to Stop It

AUDIENCE: Parents. Adult community members. Professionals.  
AVAILABLE FOR PURCHASE.

This 25-minute video examines child abuse, including sexual abuse. Educators, parents, counselors, and health and justice professionals will learn how to identify child abuse and stop it before other children can be hurt. The video may be used during educational and professional development programs. The video includes a leader's guide.



### Kelly Bear Teaches About Secret Touching

AUDIENCE: Elementary school age children.  
AVAILABLE FOR PURCHASE.

This 20-minute video features a life-sized bear named Kelly, who serves as teacher and hero to five ethnically diverse children. Children learn about "good touch," "bad touch," and "secret touch" in a sensitive, reassuring way. Observing children in the video being assertive, viewers learn how to protect themselves from abuse. The video features interactive songs and includes a leader's guide.

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## Bureau for At-Risk Youth (continued)



### Protecting Children From Sexual Abuse

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 16-page parent booklet includes facts about child sexual abuse and prevention tips. The booklet provides parents with information on what to teach children about touching, secrets, and telling in order to reduce children's vulnerability. Booklets can be imprinted with purchasing organization's contact information.

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## Calgary Communities Against Sexual Assault / CCASA

#305 707 10th Avenue SW  
Calgary, AB CANADA

**PHONE:** 403-237-6905  
**TTY:** 403-508-7888  
**FAX:** 403-264-8355  
**E-MAIL:** akoszegi@calgarycasa.com  
**WEBSITE:** www.calgarycasa.com



### Who Do You Tell?

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Parents.

**AVAILABLE FOR PURCHASE.**

The *Who Do You Tell?* program uses picture cards, videos, role plays and discussion to teach children to identify sexually abusive behavior; to say "no" to behaviors that make them feel uncomfortable or are abusive; that sexual abuse is never a child's fault; and to tell an adult if someone is making them feel uncomfortable or is abusing them. Children also learn about physical abuse and domestic violence in this program. The language and resources used differ in a developmentally-appropriate manner. This program also offers parents an opportunity to learn about child sexual abuse and strategies for teaching their children about child sexual abuse.

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## California Coalition Against Sexual Assault / CALCASA

1215 K Street, Suite 1100  
Sacramento, CA 95814

**PHONE:** 916-446-2520  
**TOLL FREE:** 888-9CALCASA  
**TTY:** 916-446-8802  
**FAX:** 916-446-8166  
**E-MAIL:** [info@calcasa.org](mailto:info@calcasa.org)  
**WEBSITE:** [www.calcasa.org](http://www.calcasa.org)

### **Catalysts for Change: Sexual Assault Prevention in Schools**

**AUDIENCE:** Prevention educators.

*Catalysts for Change* is a project that has collected the expertise of California anti-sexual violence programs relative to bringing sexual assault prevention programs to schools in one comprehensive manual. The nearly 800-page manual contains a facilitator's guide with sections on classroom dynamics, classroom management tips, expanding to a multi-day format, and more. The manual contains high school curriculum modules on rape prevention, sexual harassment, and dating violence prevention. Modules include icebreakers, multiple activities, and wrap-up exercises for facilitator use. There are also modules for middle school, elementary and pre-kindergarten students. An appendix provides a history of violence against women, legal information, statistics, and resource information.

This manual is only available for distribution in California.



### **Self Defense Train the Trainer**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

Since 1998, CALCASA has partnered with the Los Angeles Commission on Assaults Against Women (LACAAW) as training consultants for the Self Defense Train-the-Trainer Program. This training is not a certification program, but offers participants a certificate of completion and skills for teaching a specified series of self-defense workshops. The self-defense model is a feminist, rape crisis-based empowerment model, which incorporates awareness and assertiveness training with physical fighting techniques. The training emphasizes the expansion of options and choices in self-defense, encouraging students to honor their own intuition in knowing what solutions are right for them. All participants receive a book and video detailing the curriculum.



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## California Coalition Against Sexual Assault (continued)

### **Sharing Our Strengths: A Compilation of Sexual Assault Prevention Curricula and Resources**

**AUDIENCE:** Prevention educators.

*Sharing Our Strengths: Sexual Assault Prevention Education Resource Sharing Packet (SOS)* is a publication of CALCASA's Rape Prevention Resource Center in collaboration with California's rape crisis centers. The packet is a compilation of rape prevention education materials from various California rape crisis centers and is designed as a tool for building prevention curricula, updating existing curricula, utilizing new marketing tools, and providing prevention handouts.

This information packet is for distribution in California only.

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## **Camp Safety Project / CSP**

6 Crafts Avenue  
Northampton, MA 01060

**PHONE:** 312-666-2768 or 413-586-6866

**E-MAIL:** [jane@campsafetyproject.org](mailto:jane@campsafetyproject.org)

**WEBSITE:** [www.campsafetyproject.org/csp2004](http://www.campsafetyproject.org/csp2004)



### **Camp Safety Project**

**AUDIENCE:** Parents. Legislators. Camp staff and administration.

The web-based Camp Safety Project (CSP) educates parents on choosing a summer camp, signs and symptoms of child sexual abuse, and advocating for their child's safety. The CSP provides camps with sample policies and suggestions to better safeguard their camp from sexual predators and keep campers as safe as possible. The CSP also works with legislators to pass bills that will help make camps safer.

The Camp Safety Project (CSP) began in 1999 to address sexual abuse and assault in Massachusetts summer camps. Since then, the CSP has become a resource for parents, camps and legislators throughout the country.

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## Canadian Red Cross RespectED Violence and Abuse Services / CRC RespectED

100-1305-11 Avenue S.W.  
Calgary, AB CANADA

PHONE: 250-995-3502  
FAX: 250-382-3420  
E-MAIL: [ssmith@redcross.ca](mailto:ssmith@redcross.ca)  
WEBSITE: [www.redcross.ca](http://www.redcross.ca)



### RespectED: Violence and Abuse Prevention Services

**AUDIENCE:** Prevention educators. Aboriginal audiences and new Canadians.

**OTHER LANGUAGES:** French.

**AVAILABLE FOR PURCHASE.**

RespectED: Violence and Abuse Prevention programs of the Canadian Red Cross promote safe, supportive relationships and healthy communities. RespectED offers dedicated programs in the following areas:

- Personal safety awareness and child sexual abuse prevention
- General introduction to child abuse prevention
- General introduction to relationship violence prevention
- Introduction to prevention of bullying and harassment
- Prevention of abuse and harassment in sport and recreation
- Risk management assessment and policy development
- Prevention of abuse and violence in Aboriginal communities
- Professional accredited training in all the above areas in online and face-to-face sessions

## Center for Sex Offender Management / CSOM

c/o Center for Effective Public Policy  
8403 Colesville Road, Suite 720  
Silver Spring, MD 20910

PHONE: 301-589-9383  
FAX: 301-589-3505  
E-MAIL: AskCSOM@CSOM.org  
WEBSITE: www.csom.org



### An Overview of Sex Offender Treatment for a Non-Clinical Audience

**AUDIENCE:** Adult community members.

This curriculum provides information and materials designed to equip knowledgeable trainers to plan and deliver a training on sex offender treatment for a non-clinical audience (e.g., community groups).

*An Overview of Sex Offender Treatment* includes:

- An introduction section and user's guide with background information and guidance for trainers
- An outline that lists the major topics covered and the recommended time allocated to each
- Presentation content and teaching notes with suggestions for using the slides and learning activities
- Slides
- Participant materials (including learning activities and substantive resource materials)
- An evaluation form

This curriculum may be downloaded at no charge: [www.csom.org/train/index.html](http://www.csom.org/train/index.html).

Those with no access to the Internet or a slow Internet connection may request a copy of this training from CSOM on CD-ROM.



### Supervision of Sex Offenders in the Community

**AUDIENCE:** Adult community members.

This curriculum provides information and materials designed to equip knowledgeable trainers to plan and deliver a training on the supervision of sex offenders in the community. *Supervision of Sex Offenders in the Community* includes:

- An introduction section and user's guide with background information and guidance for trainers
- An outline that lists the major topics covered and the recommended time allocated to each
- Presentation content and teaching notes with suggestions for using the slides and learning activities
- Slides
- Participant materials (including learning activities and substantive resource materials)
- An evaluation form

This curriculum may be downloaded at no charge: [www.csom.org/train/index.html](http://www.csom.org/train/index.html).

Those with no access to the Internet or a slow Internet connection may request a copy of this training from CSOM on CD-ROM.

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## Center for Sex Offender Management (continued)



### **Educating the Community About Sexual Assault and the Management of Sex Offenders in the Community**

**AUDIENCE:** Adult community members.

This curriculum provides information and materials designed to equip knowledgeable trainers to plan and deliver a training on educating the community about sexual assault and the management of sex offenders in the community. *Educating the Community About Sexual Assault and the Management of Sex Offenders in the Community* includes:

- An introduction section and user's guide with background information and guidance for trainers
- An outline that lists the major topics covered and the recommended time allocated to each
- Presentation content and teaching notes with suggestions for using the slides and learning activities
- Slides
- Participant materials (including learning activities and substantive resource materials)
- An evaluation form

This curriculum may be downloaded at no charge: [www.csom.org/train/index.html](http://www.csom.org/train/index.html).

Those with no access to the Internet or a slow Internet connection may request a copy of this training from CSOM on CD-ROM.

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## Center for the Prevention of Abuse and Violence / Casa

77 E. Thomas Road, Suite 112  
Phoenix, AZ 85012

**PHONE:** 602-254-6400  
**FAX:** 602-254-2466  
**E-MAIL:** [cswenson@casacares.org](mailto:cswenson@casacares.org)  
**WEBSITE:** [www.casacares.org](http://www.casacares.org)



### **POWER**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents.

*POWER (Positive Outcomes Within Every Relationship)*, is a curriculum developed for adolescents in dating relationships. *POWER* provides knowledge and skill-building experiences designed to assist junior high and high school students create healthy relationships and reduce dating violence. Students learn how to recognize indicators of abuse in relationships, develop assertive communication skills, resist gender stereotyping and negative peer pressure, understand and resist sexual harassment, and identify risk factors that contribute to acquaintance rape, sexual assault, and relationship violence. *POWER* consists of four one-hour sessions.

## Channing Bete Company

One Community Place  
South Deerfield, MA 01373

PHONE: 413-665-7611  
TOLL FREE: 800-628-7733  
FAX: 800-499-6464  
E-MAIL: [custsvcs@channing-bete.com](mailto:custsvcs@channing-bete.com)  
WEBSITE: [www.channing-bete.com](http://www.channing-bete.com)



### What Every Kid Should Know About Sexual Abuse

AUDIENCE: Elementary school age children.  
AVAILABLE FOR PURCHASE.

This 16-page coloring and activities book contains puzzles and pictures to help give children an age-appropriate account of what sexual abuse is, and what they can do to protect themselves. The book advises children to seek help from a trusted adult if they are being abused.



### Let's Learn About Using the Internet Safely

AUDIENCE: Elementary school age children. Middle school age youth/adolescents.  
AVAILABLE FOR PURCHASE.

This 8-page booklet explains the dangers of disclosing private information on the Internet. *Let's Learn About Using the Internet Safely* gives kids tips on how to use the "net" courteously and advises them to alert a parent or teacher to any web sites or e-mail that make them feel uncomfortable.



### About Preventing Child Abuse

AUDIENCE: Parents. Community members.  
OTHER LANGUAGES: Spanish.  
AVAILABLE FOR PURCHASE.

This 16-page booklet identifies the four types of child abuse, what can be done to help prevent them, warning signs, and the tragic toll abuse takes on a child's life. It offers an insightful portrayal of abusive parents, emphasizes responsibility to report suspected cases, and gives information on where help can be found.



### Putting a Stop to Child Abuse

AUDIENCE: Parents. Community members.  
OTHER LANGUAGES: Spanish.  
AVAILABLE FOR PURCHASE.

This 16-page booklet identifies the four types of child abuse, what can be done to help prevent them, warning signs, and the tragic toll abuse takes on a child's life. It offers an insightful portrayal of abusive parents, emphasizes responsibility to report suspected cases, and gives information on where help can be found.

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## Channing Bete Company (continued)



### **We Wonder—Keeping My Body Safe!**

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 12-page children's book, connect-the-dots, a story about ticklish toes, and a counting exercise are a few of the fun activities that help prepare young children to protect themselves from inappropriate touches. Age-appropriate text and pictures help young ones identify their feelings and say no to an unsafe touch. The book comes with a leader's guide.



### **Facts About Child Sexual Abuse and Its Prevention**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

*Facts About Child Sexual Abuse and Its Prevention* is an 8-page resource for promoting prevention and intervention of child sexual abuse. The booklet describes what child sexual abuse is, the varied and complex reasons people sexually abuse children, how abusers control their victims, and the effects of sexual abuse. The booklet also provides prevention strategies and tells what to do if sexual abuse is suspected.



### **You're In Charge**

**AUDIENCE:** Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This coloring and activities book uses pictures and puzzles to teach elementary school age children that their bodies are special, what to do to protect themselves from unwelcome contact, and to tell an adult if they've been victimized.



### **Internet Safety and Your Child—A Guide for Parents**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 16-page guide for parents explains what the Internet is, how it can be used to support schoolwork and leisure-time interests, and why parental supervision is crucial to a child's safe use of the Internet. This resource suggests using time limits, personal security strategies, and "parent control" options offered by service providers.



### **Let's Stop Child Abuse—Young Lives Are At Risk**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

This 8-page pamphlet increases reader awareness of the extent and impact of child abuse and emphasizes that everyone in the community has a responsibility to help end it.



## Channing Bete Company (continued)



### **If You Suspect Child Abuse—Reporting is Your Right and Responsibility**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet helps everyone recognize the signs of different types of abuse, guides them in making a report, and explains what happens after the report. The booklet also discusses mandated reporters and abuse prevention.



### **Child Abuse—It’s Everybody’s Problem**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 8-page brochure features concise text and photographic illustrations to help readers understand the harm that child abuse causes and the different forms it can take. The brochure helps readers recognize signs of abuse, gives advice on how to help prevent abuse, and includes national hotline numbers for reporting abuse.



### **Sexual Abuse—A Threat To Our Children**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet is designed to help parents and the community protect children from sexual abuse. The booklet discusses the causes and serious effect of sexual abuse, what to do if an incident occurs, and urges parents to teach children how to protect themselves.



### **Know What? Your Body Is Yours!**

**AUDIENCE:** Elementary school age children. Educators.

**AVAILABLE FOR PURCHASE.**

In this 12-page workbook, children learn the simple yet powerful message that their bodies are “private property.” Interactive exercises and reader-friendly text help children identify inappropriate touches and behavior, provide a simple definition of “private parts,” and teach them how to respond to unsafe touches. Children are encouraged to tell a trusted adult about any experiences that have made them feel unsafe or uncomfortable. This workbook is supported by a leader’s guide and a leader’s web site including:

- An online edition of the Leader’s Guide
- Links to other informative, reliable sites on the Web
- A bulletin board where teachers can share tips and techniques

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## Channing Bete Company (continued)



### **My Body Belongs to Me**

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 20-page read along book, Mother Teddy Bear teaches her children about boundaries. Young children learn that their bodies are their own, how they can protect themselves against an unwelcome touch, and the importance of telling an adult if they have been touched in a way that makes them feel unsafe. The book demonstrates a variety of situations in which children might experience wanted and unwanted touch.



### **About Child Sexual Abuse**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet is designed to help parents and others in the community protect children from sexual abuse. *About Child Sexual Abuse* discusses the causes and serious effects of abuse, what to do if an incident occurs, and urges parents to teach children how to protect themselves.



### **About Incest**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet explains factors that can lead to incest and describes incest's effect on children. *About Incest* also tells how to recognize and report cases of incest.



### **Hidden Hurt—Child Sexual Abuse, The**

**AUDIENCE:** Parents. Community members. Adults with low literacy levels.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 8-page guide provides the facts every parent or adult needs to know to help keep children safe from sexual victimization. This booklet also provides supportive advice on what to do if abuse is suspected.



### **About Sexual Victimization of Children**

**AUDIENCE:** Parents. Community.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet explains the forms that child sexual exploitation and abuse may take and common characteristics of child molesters. The booklet also describes physical and behavioral signs of exploitation and provides information on what actions to take if sexual victimization is discovered.

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## Channing Bete Company (continued)



### Reporting Child Abuse—It's Everyone's Responsibility

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet helps everyone recognize the signs of different types of abuse, guides them in making a report, and explains what happens after the report. The booklet also discusses mandated reporters and abuse prevention.

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## Child Lures Prevention

5166 Shelburne Road  
Shelburne, VT 05482

**PHONE:** 802-985-8458

**FAX:** 802-985-8418

**E-MAIL:** [info@childlures.org](mailto:info@childlures.org)

**WEBSITE:** [www.childlures.org](http://www.childlures.org)



### Child Lures Prevention and Awareness Training Seminar

**AUDIENCE:** Parents. Child caregivers.

**AVAILABLE FOR PURCHASE.**

Conducted by Child Lures Prevention creator, Kenneth Wooden, this seminar:

- Provides an overview of dated “Stranger Danger” misinformation
- Reveals Wooden’s research findings on the lures used by sexual predators
- Explores the interrelationships between issues affecting students including sexual abuse, drug/alcohol use, school failure/dropout, depression, suicide, teen pregnancy, sexually transmitted diseases, bullying, and violent crime
- Provides proven Child Lures Prevention strategies
- Examines legal liability of public institutions arising from child sexual abuse
- Unites parents, educators and community leaders in their safeguarding efforts

## Child Lures Prevention (continued)



### Child Lures School Program

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Parents. Faith communities. Parochial school students and parishes.

**OTHER LANGUAGES:** *The Child Lures Parent Guide* is available in Spanish.

**AVAILABLE FOR PURCHASE.**

*The Child Lures School Program* is a comprehensive, research-based program that teaches age appropriate skills to avoid sexual exploitation, abduction (short term and long term,) Internet crime, drugs and school violence. The School Program kit includes a presenter's training video, student video, and a presenter's instruction guide. The presenter's guide is comprised of easy-to-follow lesson plans, role-playing scenarios, evaluation components and take home materials. *The Child Lures School Program:*

- Reassures children that most adults are kind, safe and committed to their well-being
- Teaches age-appropriate skills to reduce children's vulnerability to sexual predators
- Helps students to master personal safety skills through classroom role-playing
- Addresses intolerance, bullying, sexual harassment, weapons and bomb threats
- Improves self-reliance and raises self-esteem

The accompanying *Child Lures Parent Guide* provides parents with tools to reinforce the personal safety information learned in the school program.



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## Child Molestation Research and Prevention Institute / CMRPI

1100 Piedmont Avenue, Suite 2  
Atlanta, GA 30309

PHONE: 404-872-5152  
E-MAIL: [contact@childmolestationprevention.org](mailto:contact@childmolestationprevention.org)  
WEBSITE: [www.childmolestationprevention.org](http://www.childmolestationprevention.org)



### **Stop Child Molestation Book: What Ordinary People Can Do In Their Everyday Lives To Save Three Million Children, The**

AUDIENCE: Parents. Professionals.  
AVAILABLE FOR PURCHASE.

This book by Gene G. Abel, M.D. and Nora Harlow offers an evidence-based plan to prevent nearly all child sexual abuse. Readers will learn how to act responsibly on personal suspicions and when to go to a professional for help. Through easy-to-read family stories, the authors illustrate the major causes of child molestation, the remedies, and the best courses of action to heal the child and stop the epidemic.



### **Sex-Specific Evaluation & Treatment Locator**

AUDIENCE: Parents. Professionals. Adult community members.

The Sex-Specific Evaluation & Treatment Locator is a web-based resource for family members and professionals to help locate specialists across the country who are trained to evaluate children, teenagers, and adults for a possible sexual interest in children. When a sexual interest in children is found, sex-specific therapists can provide very effective treatment.

This resource is provided as a public service at [www.childmolestationprevention.org](http://www.childmolestationprevention.org).



### **Preventing Child Sexual Abuse Training and Educational Materials**

AUDIENCE: Parents. Professionals.  
AVAILABLE FOR PURCHASE.

This training provides parents, family members, and professionals with detailed information on the early warning signs that a serious sexual behavior problem may be developing in a child or teenager and what steps family members and other concerned adults must take to protect both the aggressor child and any potential child victims. The training also includes information on what causes an older child, family member, or otherwise trusted individual to sexually abuse a child as well as the new uses of science and medicine to reduce child sexual abuse. This information can be delivered as a presentation, training, or workshop, and includes different components for different audiences. The educational materials may also be purchased separately.

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## Child Protection in Sport Unit / The CPSU

3 Gilmour Close, Beaumont Leys  
Leicester, UK

PHONE: 00 44 116 234 7278

E-MAIL: cpsu@nspcc.org.uk

WEBSITE: www.thecpsu.org.uk



### Child Protection in Sport Unit

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Coaches. Sports professionals. Child protection agencies. Legislators. Media.

**OTHER LANGUAGES:** Welsh.

The Child Protect in Sport Unit (CPSU) has been established to work with sports organizations in the United Kingdom to establish practices and procedures that safeguard children and young people involved in sports from sexual predators and abuse. The CPSU provides advice, information, training, and consulting to sports bodies, parents, young people, and child protection agencies.

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## Child Sexual Abuse Prevention Consulting for Faith Communities

43 N. 11th Street  
Allentown, PA 18101

PHONE: 610-434-0266

E-MAIL: mercy@enter.net

WEBSITE: None



### Child Sexual Abuse Prevention Consulting for Faith Communities

**AUDIENCE:** Faith community leaders and educators. Multicultural faith communities.

**AVAILABLE FOR PURCHASE.**

Consultant Lisa Pawlowski, LSW helps faith communities develop child sexual abuse prevention guidelines. Ms. Pawlowski will:

- Work with religious leaders to promote understanding of child sexual abuse
- Review current abuse prevention guidelines/policies and ministries to uncover vulnerable areas
- Assist in creating internal guidelines and procedures to help prevent child sexual abuse if none exist
- Review curriculum choices
- Share sample child sexual abuse prevention guidelines
- Provide in-service training for clergy, leaders and teachers
- Conduct annual reviews of implemented policies and procedures and make additional recommendations if necessary



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## Child Welfare League of America / CWLA

440 First Street NW, Third Floor  
Washington, DC 20001-2085

PHONE: 202-638-2952  
FAX: 202-638-4004  
WEBSITE: [www.cwla.org](http://www.cwla.org)



### Child Welfare League of America

**AUDIENCE:** Professionals working with children.

Founded in 1920, the Child Welfare League of America (CWLA) is the nation's oldest and largest membership-based child welfare organization. The CWLA's primary objective is "Making Children a National Priority." As the nationally recognized standard-setter for child welfare services, the CWLA provides direct support to agencies that serve children and families, improving the quality of the services provided to children. Through its programs, publications, research, conferences, professional development, and consultation, CWLA speaks to the needs of American children, young people, and families.

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## Childhelp USA

15757 N. 78th Street  
Scottsdale, AZ 85260

PHONE: 480-922-8212  
TOLL FREE: 800-4-A-CHILD  
FAX: 480-922-7061  
E-MAIL: [cmayer@childhelpusa.org](mailto:cmayer@childhelpusa.org)  
WEBSITE: [www.childhelpusa.org](http://www.childhelpusa.org)



### National Child Abuse Hotline: 1-800-4-A-CHILD

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Other family members. Adult survivors of sexual abuse. Professionals. Community members.

**OTHER LANGUAGES:** Hotline uses AT&T Language Line—140 languages available with interpreters.

Trained counselors at this 24-hour/7-days a week child abuse hotline provide crisis intervention, information, and referrals for anyone concerned about child abuse issues. All hotline counselors are paid degreed professionals with backgrounds in psychology, social work and counseling. Counselors serve as consultants to school nurses and teachers, medical professionals, mental health counselors and psychologists.

## Children's Partnership

2000 P Street NW, Suite 330  
Washington, DC 20036

PHONE: 202-429-0033  
FAX: 202-429-0974  
E-MAIL: [frontdoordc@childrenspartnership.org](mailto:frontdoordc@childrenspartnership.org)  
WEBSITE: [www.childrenspartnership.org](http://www.childrenspartnership.org)



### **Parent's Guide to the Information Super Highway, The**

AUDIENCE: Parents.

OTHER LANGUAGES: Spanish, Italian & German.

The *Parent's Guide to the Information Superhighway* is an online resource that provides a basic overview of what parents need to know to guide and keep their children safe in cyberspace. This guide organizes information for parents based on the age of their child as well as various uses of the Internet such as web surfing, E-mail, and chat rooms, etc. The guide outlines the benefits of various Internet uses, Internet dangers, advice for parents, and information on Internet safety software tools. The guide also provides a model Internet use contract for children to help parents set appropriate limits and boundaries.

This guide is only available online at [www.childrenspartnership.org](http://www.childrenspartnership.org).

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## Childsworld/Childsplay

135 Dupont Street  
P.O. Box 9120  
Plainview, NY 11803

PHONE: 516-349-5520  
TOLL FREE: 800-962-1141  
FAX: 800-262-1886  
E-MAIL: [info@childsworld.com](mailto:info@childsworld.com)  
WEBSITE: [www.childsworld.com](http://www.childsworld.com) or [www.guidancechannel.com](http://www.guidancechannel.com)



### **My Body Is Mine, My Feelings Are Mine**

AUDIENCE: Preschool age children. Elementary school age children. Parents. Educators. Prevention educators.

AVAILABLE FOR PURCHASE.

The first half of this illustrated personal safety book for children is intended to be read aloud to young children. The book explains how to identify inappropriate touching and what to do. The second half teaches adults how to educate children about body safety.

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## Church Publishing Incorporated

445 Fifth Avenue  
New York, NY 10016

PHONE: 800-242-1918  
TOLL FREE: 800-242-1918  
FAX: 212-779-3392  
E-MAIL: [churchpublishing@cpg.org](mailto:churchpublishing@cpg.org)  
WEBSITE: [www.churchpublishing.org](http://www.churchpublishing.org)



### Safeguarding God's Children

**AUDIENCE:** Parents. Faith Communities.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

*Safeguarding God's Children* is a child sexual abuse prevention curriculum for adults and leaders in a faith community. Set in an Episcopal Church context, this program consists of two videos/DVDs, participant handbooks, and a trainer's manual. The 29 minute video/DVD, *For Parents and Congregations*, provides a basic understanding of the dynamics of child sexual abuse, how to recognize signs that a child or youth may have been abused, and what to do if you have concerns about a person's behavior towards a child or youth or suspect that a child or youth has been sexually molested. The 22 minute video/DVD, *For Ministries*, shows steps church leaders can take to help prevent child sexual abuse in church and organizational settings.

## Coalition for Children

P.O. Box 6304  
Denver, CO 80206

PHONE: 303-320-6321  
TOLL FREE: 800-320-1717  
FAX: 303-320-6328  
E-MAIL: [kraizer@safecchild.org](mailto:kraizer@safecchild.org)  
WEBSITE: [www.safecchild.org](http://www.safecchild.org)



### **RECOVERY: Prevention for Previously Victimized Children**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

The *RECOVERY* Program is a group program conducted in school, therapeutic settings and community organizations for children ages 6-18 and adults who have been previously victimized. Over a period of 10-20 sessions, the *RECOVERY* Program is designed to build or rebuild essential life skills which are needed to recover fully from victimization and to minimize the probability that it will recur. During the program, participants in the group learn, with and from the other participants, that abuse shouldn't have happened to them; they can actively work to prevent it in the future; and what effects the abuse has on their lives is shaped by choices they make every day. The program teaches participants effective and positive skills which can help reduce the risk of further abuse, including: prevention strategies; effective communication; appropriate assertiveness; stress management; problem-solving; and decision-making.



### **Safe Child Program**

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Educators.  
Professional staff. Parent materials available in French, Spanish, Creole, and English.

**OTHER LANGUAGES:** Spanish, French, Creole.

**AVAILABLE FOR PURCHASE.**

The *Safe Child* Program is a comprehensive curriculum which provides children with skills to help prevent sexual, emotional, and physical abuse by people known to the child as well as stranger abuse. The *Safe Child* Program consists of professional training, a parent's seminar and the children's program. An implementation guide and resource manual provide materials, information and training techniques to effectively address the questions and concerns of teachers, counselors, and others as they prepare to implement the program. A teacher/parent video is provided to illustrate for parents the concepts and children's training at both the preschool and K-3 level. The children's program employs videos and role-playing activities to help children develop skills based on learned concepts and prevention tools.

## Coalition for Children(continued)



### **REACH Program for At Risk Youth**

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*REACH* is a curriculum for elementary school age children which increases children's ability to prevent abuse; develop communication, decision-making, and problem-solving skills; and enhance self-esteem. The *REACH* Program is designed for use in the classroom or in small groups in any community or residential setting over a period of ten to twenty weeks. The curriculum places emphasis on role-playing and skills practice. Life skills taught include: emotion management, effective communication, independent thinking, appropriate assertive behavior, problem-solving, assessment and decision-making, identification and pursuit of goals, taking responsibility for choices, prevention of child abuse, and development of personal resources.



### **Safe Child Book, The**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

Based on the Safe Child School Program, *The Safe Child Book* gives parents effective and non-threatening techniques for teaching children how to protect themselves without making them afraid. Topics include prevention of sexual abuse, prevention of abduction, safety for children in self-care, Internet safety, school safety, and choosing child care.

Portions of this book are available online at [www.safechild.org/book.htm](http://www.safechild.org/book.htm).



### **CHALLENGE Program for At Risk Youth**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*CHALLENGE* is a middle/high school curriculum designed to increase students' abilities to prevent abuse, to develop strong communication, decision-making, and problem solving skills, and to enhance self-concept and self-esteem. The Program is designed for use in the classroom or in small groups in any community or residential setting over a period of ten to twenty weeks. The curriculum places emphasis on role-playing and skills practice. Life skills taught include: emotion management, effective communication, independent thinking, appropriate assertive behavior, problem-solving, assessment and decision-making, identification and pursuit of goals, taking responsibility for choices, prevention of child abuse, prevention of acquaintance rape, and development of personal resources.

## Committee for Children

568 1st Avenue South, Suite 600  
Seattle, WA 98104

PHONE: 206-343-1223 ext. 200  
TOLL FREE: 800-634-4449 ext. 200  
FAX: 206-343-1445  
E-MAIL: [info@cfchildren.org](mailto:info@cfchildren.org)  
WEBSITE: [www.cfchildren.org](http://www.cfchildren.org)



### Yes You Can Say No

**AUDIENCE:** Elementary school age children.  
**OTHER LANGUAGES:** French.  
**AVAILABLE FOR PURCHASE.**

This 19-minute video is a companion to *Talking About Touching®: A Personal Safety Curriculum*. It teaches assertiveness and reporting skills to help stop on-going child sexual abuse. It is appropriate for Grades 2-6 and comes with a teacher's guide.



### Talking About Touching®: A Personal Safety Curriculum

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Educators. Prevention educators.  
**OTHER LANGUAGES:** The *What Do I Say Now?* family video and family take-home letters are available in Spanish.  
**AVAILABLE FOR PURCHASE.**

*Talking About Touching®: A Personal Safety Curriculum* teaches children basic skills to help keep themselves safe from dangerous or abusive situations. Based on current research, it takes a “rules” approach to teaching young children personal safety. There are two unique curriculum kits available. One is for preschool and kindergarten and the other covers grades 1-3. Photo cards with fully scripted lessons on the reverse side serve as the basis for classroom discussion. Activities and role-plays are included in each lesson for skill practice and transfer of learning. The preschool/kindergarten kit includes the video, *Joey Learns the Touching Rule*. Both kits include *Sam's Story*, a big book with songs, and posters illustrating “The Safety Steps.” All levels of the curriculum include the following two units: “Personal Safety” and “Touching Safety.” “Touching Safety” teaches safe, unsafe, and unwanted touches; a rule about unsafe touches; and three safety steps for dealing with unsafe situations. The grade 1-3 levels include a unit on assertiveness and support. A family letter is provided for each new rule or skill taught, with suggestions for practicing the skills at home. The video, *What Do I Say Now*, is included in both kits and shows adults how to teach children key touching safety rules. Regional and on-site training is available for teachers and trainers. Participants learn to present the curriculum to children and to identify and report suspected cases of abuse.



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## Committee for Children (continued)



### What Do I Say Now?<sup>TM</sup>

**AUDIENCE:** Parents. Educators. Prevention educators.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 30-minute video helps adults talk to children about personal safety. Through poignant vignettes, viewers learn how to teach their children key touching safety rules. Practical examples help parents respond to a child's disclosure of abuse. When used in conjunction with the *Talking About Touching*<sup>®</sup> personal safety curriculum, this video helps families and school work together to keep children safe. The video comes with a discussion guide for a parent-education meeting and a parent handout that may be customized with local resource listings. *What Do I Say Now?*<sup>TM</sup> is part of the *Talking About Touching*<sup>®</sup> curriculum, but may be purchased separately.



### Sam's Story

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

The book, *Sam's Story*, tells about Sam and how she learns to use the touching safety rule. The story is also recorded on the audiocassette so that children can listen to the story independently. The cassette also includes three songs that support the themes in the story: *I Like Myself*, *When I Say No*, and *Keep on Telling*. *Sam's Story* is part of the *Talking About Touching*<sup>®</sup> curriculum, but may be purchased separately.

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## Communities Against Rape Initiative / CARE

Indiana State University, Family and Consumer Sciences  
Terre Haute, IN 47809

**PHONE:** 812-237-3490

**E-MAIL:** CARE@indstate.edu



### CARe Project, The

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Educators.

The CARe Project provides education to the public (with primary focus on ages 12-19) on issues of rape, sexual assault, sexual molestation, and acquaintance rape. The CARe Project works with teachers and other school officials across the state of Indiana to bring this curriculum to middle and high school students. The project also helps teachers bring awareness to their local communities. Workshop participants receive the CARe In-School Curriculum Module, public service announcements (video and audio), and two videos—*Date Rape Drugs* and *Sexual Harassment*.

## Community Child Abuse Council of Canada / Community Child Abuse Council

75 MacNab Street South, Suite 203  
Hamilton, ON CANADA

PHONE: 905-523-1020  
TOLL FREE: 800-470-2111  
FAX: 905-523-1877  
E-MAIL: [info@childabusecouncil.on.ca](mailto:info@childabusecouncil.on.ca)  
WEBSITE: [www.childabusecouncil.on.ca](http://www.childabusecouncil.on.ca)



### Touching: A Personal Safety Program for Children (Teacher Kit)

AUDIENCE: Educators.

OTHER LANGUAGES: The video is available in French.

AVAILABLE FOR PURCHASE.

*Touching—the Teacher Kit* is about relationships and problem solving. Designed for educators, coaches, and others working with children, the kit includes *Touching*, a 50-minute video; posters with lesson plan ideas; a teacher's guide; music; problem solving and role-playing exercises; and a Bill of Body Rights. The teacher's guide uses specific references to the video, *Touching*, to fortify key prevention concepts. Supplementary activities encourage children to cooperate and communicate by introducing brain storming and problem solving techniques.



### Touching—A Personal Safety Program for Children (Parent Kit)

AUDIENCE: Elementary school age children. Parents.

AVAILABLE FOR PURCHASE.

*Touching—the Parent Kit* is designed to assist parents in talking with their children at home about how to reduce their risk of being sexually abused. The kit includes the video *Touching* and a parent's resource guide. Topics included in the guide:

- Teaching Children About Personal Safety
- What is Child Sexual Abuse?
- The Impact of Abuse
- Why Don't Children Tell?
- Who are the Offenders?
- What are Common Lures Used by Offenders?
- What Should Parents Be Alert To?
- What To Do If a Child Discloses To You
- Bullying
- Learning Activities for Children and Parents

## Darkness to Light

247 Meeting Street  
Charleston, SC 29401

PHONE: 843-965-5444  
TOLL FREE: Helpline: 1-866-FOR-LIGHT  
FAX: 843-965-5449  
E-MAIL: darkness2light\_2000@yahoo.com  
WEBSITE: www.darkness2light.org



### Darkness to Light's Public Awareness Campaign

**AUDIENCE:** All responsible adults.  
**OTHER LANGUAGES:** Some of the print ads are in Spanish.

Darkness to Light's media/public awareness campaign seeks to shift responsibility for preventing child sexual abuse from children to adults. Darkness to Light calls for adults to prevent, recognize and act responsibly by using educational tools such as the booklet, *7 Steps to Protecting Our Children—A Guide for Responsible Adults*, *7 Steps* poster, *7 Steps* rack cards, *Stewards of Children* prevention training curriculum, and public service announcements. The campaign includes a toll-free helpline where adults can seek help and additional information. Darkness to Light's public service announcements may be viewed online: [www.darkness2light.org/KnowAbout/commercials.shtml](http://www.darkness2light.org/KnowAbout/commercials.shtml).



### 7 Steps to Protecting our Children Booklet—A Guide for Responsible Adults

**AUDIENCE:** Parents. All Responsible Adults.  
**OTHER LANGUAGES:** Spanish.  
**AVAILABLE FOR PURCHASE.**

*7 Steps to Protecting our Children*, a booklet outlining 7 simple proactive steps adults can take to better prevent, recognize, and react responsibly to child sexual abuse, was created because Darkness to Light believes that adults should take responsibility for preventing child sexual abuse. *7 Steps* is a national publication and lists toll-free numbers and websites where local information is available.

This booklet may be downloaded in English and Spanish at no charge by going to [www.darkness2light.org/7steps/7steps.asp](http://www.darkness2light.org/7steps/7steps.asp). Booklets are also available for purchase in brochure format in packages of 25. Download an order form at [www.darkness2light.org](http://www.darkness2light.org) and click on "Get 7 Steps Products." Shipping and handling not included. Spanish booklets are available for purchase on a per booklet basis—shipping and handling included.



### 7 Steps to Protecting Our Children Rack Card

**AUDIENCE:** Parents. All responsible adults.  
**OTHER LANGUAGES:** Spanish.

The *7 Steps* rack card is a quick guide to simple, proactive steps adults can take to protect children. The card provides helpline information and directs readers to Darkness to Light's website for more information.

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## Darkness to Light (continued)



### Stewards of Children Prevention Training Curriculum

**AUDIENCE:** Trafficked and sexually-exploited children. All organizations that work directly with and who serve children—faith centers, schools, community-based youth programs, and sports/recreational programs.

**AVAILABLE FOR PURCHASE.**

*Stewards of Children* is a training program/curriculum designed to educate and motivate adults to prevent, recognize, and respond to childhood sexual abuse. The accompanying workbook and video/DVD use the principles of choice, consciousness, and personal power. These principles are used to promote an understanding of the nature and impact of childhood sexual abuse and to provide a context for empowered action. *Steward of Children* also incorporates the *7 Steps to Protecting our Children*, Darkness to Light's core educational tool for sexual abuse prevention. This training program is appropriate not only for systems and organizations who work with children, but also for individuals and other groups who want to respond to the epidemic nature of child sexual abuse at all levels of society.

In addition to prevention training for individuals, the full program package includes tools for organizations to facilitate the development of policies and procedures for sexual abuse prevention.

Please check Darkness to Light's website for availability. *Stewards of Children* scheduled to be released in late 2004.



### 7 Steps to Protecting Our Children Poster

**AUDIENCE:** Parents. All responsible adults.

**AVAILABLE FOR PURCHASE.**

The *7 Steps* poster is a quick guide to simple proactive steps adults can take to protect children from sexual abuse. The poster encourages adults to contact Darkness to Light for more information by calling the helpline number or by logging on to the website.

The *7 Steps* poster is available as an electronic media file (.pdf) for printing purposes. There is a one time usage fee for unlimited printing. Darkness to Light will customize information at no additional charge. Go to [www.darkness2light.org](http://www.darkness2light.org) and click on "Get 7 Steps Products" to download an order form/license agreement.

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## Disability, Abuse and Personal Rights Project / DAPR

2100 Sawtelle Boulevard #303  
Los Angeles, CA 90025

**PHONE:** 310-473-6768  
**FAX:** 310-996-5585  
**E-MAIL:** [nora@disability-abuse.com](mailto:nora@disability-abuse.com)  
**WEBSITE:** [www.disability-abuse.com](http://www.disability-abuse.com)



### CAN Do! Project

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Professionals. Advocates. Hearing-impaired children. Visually-impaired children. Physically-disabled children. Developmentally and cognitively-disabled children.

The CAN Do! Project and the Disability, Abuse, and Personal Rights Project produces guidebooks, protocols, interviewing guides, and survivor guides for children and adults with disabilities who may become or have become victims of abuse and other crimes. Resources are available to disabled individuals, their parents/advocates, and professionals in the law enforcement/victims advocate/protective services fields.

The CAN Do! project is conducting a statewide, nationwide, and international search to identify the best training technologies on child abuse and children with disabilities. A well trained workforce can assure that abused children with disabilities will receive the care and treatment they need, and that prevention efforts can be implemented so that such children will not be abused in the first place.

## Educational Materials Center / EMC Central Michigan University

139 Combined Service Building  
Mt. Pleasant, MI 48859

PHONE: 989-774-3943  
TOLL FREE: 800-214-8961  
FAX: 989-774-3943  
E-MAIL: frisc1ja@cmich.edu  
WEBSITE: www.emc.cmich.edu



### Michigan Model, The

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**OTHER LANGUAGES:** The K-3 Workbook is available in Spanish.

**AVAILABLE FOR PURCHASE.**

*The Michigan Model (MM)* is a comprehensive school health education curriculum for K–12 grades. Research-based teaching and learning strategies are incorporated into every lesson. Students learn problem solving and decision making skills through repeated practice throughout the *MM* curriculum. Teacher references provide information on the types of sexual abuse, potential abusers, and how children can protect themselves.





## End Child Pornography and Trafficking of Children for Sexual Purposes USA / ECPAT-USA

157 Montague Street  
Brooklyn, NY 11201

PHONE: 718-935-9192  
FAX: 718-935-9173  
E-MAIL: [info@ecpatusa.org](mailto:info@ecpatusa.org)  
WEBSITE: [www.ecpatusa.org](http://www.ecpatusa.org)



### ECPAT-USA

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens.  
Trafficked and sexually-exploited children.

ECPAT-USA is the US affiliate of Thailand-based ECPAT International, fighting to stop child sexual exploitation. ECPAT-USA works to create programs and policies to prevent sexual exploitation, to protect children who are currently being exploited, and to raise awareness among prostitute users that the person they purchase may be a child and that they may be a child abuser.

ECPAT-USA works to stop the involvement of Americans in the child sex trade through research, education and advocacy on the following issues:

- Child Sex Tourism
- Child Prostitution in the United States
- Child Trafficking
- US Military Involvement with Child Prostitution

ECPAT-USA supports the United Nations Convention on the Rights of the Child (CRC) and its Optional Protocols as tools for protecting children from sexual exploitation. Learn more about the CRC on the UNICEF website: [www.unicef.org/crc/crc.htm](http://www.unicef.org/crc/crc.htm)

ECPAT-USA also responds to numerous requests for information from individuals, churches, news organizations, and many other groups wishing to learn more about the problem of commercial child sex abuse. The ECPAT-USA office functions as a resource center for researchers and others who wish to understand and stop the commercial sexual exploitation of children.

## FaithTrust Institute

2400 North 45th Street, Suite 10  
Seattle, WA 98103

PHONE: 206-634-1903  
TOLL FREE: 877-860-2255  
FAX: 206-634-0115  
E-MAIL: [info@faithtrustinstitute.org](mailto:info@faithtrustinstitute.org)  
WEBSITE: [www.faithtrustinstitute.org](http://www.faithtrustinstitute.org)



### Bless Our Children: Preventing Sexual Abuse

**AUDIENCE:** Parents. Faith communities. Educators.  
**OTHER LANGUAGES:** The brochure is available in Spanish and Korean.  
**AVAILABLE FOR PURCHASE.**

This 40-minute video tells the story of one congregation's efforts to include sexual abuse prevention in their children's religious education. It serves as a model for congregations considering implementing a child sexual abuse prevention education program. The resource includes practical methods to educate parents and teachers, strategies to address possible resistance, actual classroom examples of the program implementation, a 24-page study guide and a package of 25 awareness brochures entitled *What You Need to Know if a Child is Being Abused or Neglected*.



### Sexual Abuse Prevention—A Course of Study for Teenagers

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents. Faith communities.  
**AVAILABLE FOR PURCHASE.**

This sexual abuse prevention curriculum for teenagers is designed to be used in Christian education settings such as Sunday school, youth group meetings, youth retreats, or a parochial school. Six 1.5-hour sessions provide information ranging from the facts and myths of sexual assault, media messages about women, men and relationships, gender roles, effect of media on kids' perceptions of relationships, theological issues, and appropriate touch.



### Preventing Child Sexual Abuse Ages 9-12

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Faith community leaders and educators.  
**AVAILABLE FOR PURCHASE.**

This child sexual abuse prevention curriculum is designed for use in a Christian education setting such as Sunday school and vacation Bible school. The curriculum for 9-12 year olds includes 13 sessions covering a variety of topics including self esteem, no more secrets, God's gift of feelings, and other age appropriate information.

## FaithTrust Institute (continued)



### Training Workshops and Conferences

**AUDIENCE:** Parents. Faith community leaders. Educators.

**AVAILABLE FOR PURCHASE.**

FaithTrust Institute offers customized child sexual abuse prevention training workshops using educational videos and printed resources produced by FaithTrust Institute. Contact FaithTrust Institute for more information or to schedule a training.



### Hear Their Cries: Religious Responses to Child Abuse

**AUDIENCE:** Parents. Faith communities.

**OTHER LANGUAGES:** The brochure entitled “What You Need to Know if a Child is Being Abused or Neglected” is available in English, Spanish, and Korean.

**AVAILABLE FOR PURCHASE.**

This 48-minute video focuses on the role of clergy and lay leaders in ending child abuse. It includes definitions of physical, sexual and emotional abuse, stories of adult survivors, discussion of theological issues relating to abuse such as forgiveness and confidentiality, and models how to respond to a victim’s disclosure of abuse. The video includes a 24-page study guide and a package of awareness brochures entitled, *What You Need to Know if a Child is Being Abused or Neglected*.



### Preventing Child Sexual Abuse Ages 5-8

**AUDIENCE:** Elementary school age children. Faith communities.

**AVAILABLE FOR PURCHASE.**

This sexual abuse prevention curriculum is designed for use in a Christian education setting such as Sunday school and vacation Bible school. The curriculum is designed for specific age groups and can be used in Sunday school or vacation Bible school formats. The curriculum for 5-8 year olds includes 10 sessions covering a variety of topics including good touch bad touch, confusing touch, self-esteem, no more secrets, God’s gift of feelings, and other age appropriate information.

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## Films for the Humanities and Sciences / FFH&S

P.O. Box 2053  
Princeton, NJ 08543

PHONE: 609-671-1000  
TOLL FREE: 800-257-5126  
FAX: 609-671-5777  
E-MAIL: [custserv@films.com](mailto:custserv@films.com)  
WEBSITE: [www.films.com](http://www.films.com)



### Juvenile Sex Offenders: Voices Unheard

AUDIENCE: Professionals. Educators.

AVAILABLE FOR PURCHASE.



This 58-minute video/DVD program goes to a lock-down facility and into the community to develop a profile of juvenile sex offenders and to study the pioneering work of organizations attempting to reintegrate offenders into society. Interviews with experts reveal the causes behind the actions of young sex offenders, including sex abuse in their own young lives. Offenders, some voluntarily and others under court order, are shown engaging in unique therapy sessions. This intervention, is designed to prevent them from carrying their activities into their adult lives and helps them understand and correct their habitual behavior.



### Confronting Date Rape: The Girls' Room

AUDIENCE: High school age youth/teens.

AVAILABLE FOR PURCHASE.



This hard-hitting 45-minute video/DVD program realistically deals with the topic of acquaintance rape by examining the relationship between four high school friends whose lives have been affected by a past incident. Each morning before school, they meet to discuss their lives, their loves, and their feelings. As the year progresses, they wrestle with the emotional mood swings resulting from the devastation of being victimized by "a friend." Did she lead him on? Was it okay since they had been dating for a while? She said "no," but was that enough? The video contains interviews with rape crisis counselors and psychologists who examine the causes of acquaintance rape and the long- and short-term psychological consequences. Experts explain that this is a crime of anger, power, and control, not sex. Program presents strategies for preventing acquaintance rape and also provides some great discussion starters for life skills classes or counseling sessions.



### Stranger Danger

AUDIENCE: Preschool age children. Elementary school age children. Parents. Other caregivers.

AVAILABLE FOR PURCHASE.



*Stranger Danger*, a 23-minute video/DVD program, shows parents and caregivers how to teach safety rules to children; how to help children recognize who is or isn't a stranger, where children can find safety zones if they are scared or in danger, and how to prepare children to become streetwise to potentially dangerous situations. The goal is to teach parents how not to scare children, but to prepare them. By knowing how to react to strangers, children could save their own lives in the event of an incident.

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## Donna Fortin

PHONE: 715-832-7332



### Living Safely for People with Special Needs

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Persons with cognitive abilities of 1st grade and higher. Physically-disabled children. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

This curriculum is designed to teach the core concepts of Protective Behaviors (prevention education) to persons with special needs. While it is designed to walk the teacher through the process, it is strongly recommended that the teacher participates in a one-day basic training in Protective Behaviors.

The curriculum consists of a facilitator's manual and participant workbook. Individual sessions have been developed for the participant with the least capabilities, such as reading and writing. The contents of this curriculum include:

- Differentiating between physical and emotional feelings
- Safe place imagery
- Identifying early warning signs
- Developing a personal network
- The persistence teaching technique
- “Feelings are feelings—behavior is a choice”
- Preventing sexual abuse
- Since Protective Behaviors is a “process,” not a prescribed program, the manual serves as a guide, offering suggestions to facilitators.

## Sustainable Development / Stop the Silence: Stop Child Sexual Abuse, Inc.

11904 Webb Ct.  
Bowie, MD 20720

**PHONE:** 301-464-4791 and 202-775-9680 (day)  
**FAX:** 301-464-4791 and 202-775-9694  
**E-MAIL:** ppine@futuresgroup.com or ppine@stopcsa.org  
**WEBSITE:** www.stopcsa.org, www.futuresgroup.com, www.futuresinstitute.com  
**AUDIENCE:** Parents. Community members. Victims and survivors of child sexual abuse and the systems that address their needs  
**OTHER LANGUAGES:** Multi-lingual staff



Stop the Silence: Stop Child Sexual Abuse was organized to address both the inadequate attention paid and resources devoted to the problem of child sexual abuse. The Mission of Stop the Silence is two-fold: 1) to increase awareness about and conduct programming to address the prevention and treatment of CSA, and 2) to address the relationships between this issue and the broader issues of overall family and community violence, and, further, violence within and between communities.

The Mission underlines the importance of a shift in focus on positive development within our overall social complexes (e.g., the relationships between men and women, adults and children, cultural groups) to support peaceful - and to hinder violence-prone - relationships. Our goal is to stop CSA and related forms of violence by changing the societal relationships within and between groups.

To address our mission and goal, Stop the Silence conducts multifaceted, comprehensive programming toward the prevention and treatment of CSA. We have seven areas in which we focus: 1) individual and group counseling (in collaboration with other organizations); 2) training of service providers; 3) community outreach and education; 4) advocacy; 5) policy development and application; 6) research and evaluation, and 7) other prevention measures (including addressing the issue of how to deal with perpetrators, i.e., there are different types, for example). Our current work includes:

- The annual, national Race to Stop the Silence: Stop Child Sexual Abuse ([www.stopcsa.org](http://www.stopcsa.org)), which increases substantially in size each year, and raises awareness (through various wide-spread media and other outreach) and funds for CSA programming nationally and locally;
- The development of the National Children's Bench Book for judges and other court-related personnel, which contains information on the trauma caused by CSA and other aspects of CSA, so that judges are better able to make informed decisions about the cases in front of them;
- A real-time database to close the gaps in services between individuals and agencies involved with individual cases of CSA; the database serves as a tracking, monitoring, alert, and evaluation system that helps keep children safe;
- Community outreach and education working with community- and faith-based organizations.

## Generation FIVE / G5

2 Massasoit Street  
San Francisco, CA 94110

**PHONE:** 415-285-6658  
**FAX:** 415-861-6659  
**E-MAIL:** [info@generationFIVE.org](mailto:info@generationFIVE.org)  
**WEBSITE:** [www.generationFIVE.org](http://www.generationFIVE.org)



### Generation FIVE

**AUDIENCE:** Local community members, community-based institutions, organizations and other social movements. Diverse ethnic and class communities including: South East Asian, Asian and Pacific Islander, African American, Latino, GBLTI (Gay, Bisexual, Lesbian, Transgendered, Intersex), and the organized youth movement.

**OTHER LANGUAGES:** Many community organizers are bi-lingual and bi-cultural.

Generation FIVE's mission is to end the sexual abuse of children within five generations. Through leadership development, community organizing, and national movement building Generation FIVE works to prevent and mend the intergenerational impact of child sexual abuse on individuals and communities. Generation FIVE programs provide leadership training to community members, activists and agency professionals and foster national strategy and information exchange on child sexual abuse. Generation FIVE currently supports communities organizing to prevent and end child sexual abuse in the San Francisco Bay Area and New York City.



### National Transformative Justice Collaborative

**AUDIENCE:** Local community members, community-based institutions, organizations and other social movements. Diverse ethnic and class communities including: South East Asian, Asian and Pacific Islander, African American, Latino, GBLTI (Gay, Bisexual, Lesbian, Transgendered, Intersex), and the organized youth movement.

Generation FIVE has formed a National Transformative Justice (TJ) Collaborative to develop innovative and pragmatic sets of principles and processes for a transformative justice approach to child sexual abuse prevention. Transformative justice is a community centered process where:

- Incidences of child sexual abuse can surface and be proactively addressed
- Offenders and potential offenders can be identified and held accountable
- The broader adult community (or social network) will be brought to accountability as bystanders and preventionists
- Resources and healing treatment will be made available to victims/survivors of child sexual abuse, non-offending family and supporter, and offenders
- Social conditions allowing for the perpetuation of child sexual abuse will be interrupted and addressed
- The transformative justice process becomes a means by which social norms and conditions that lead to child sexual abuse are proactively addressed and changed



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## Girl Scout Council of Greater Minneapolis / GSCGM

5601 Brooklyn Boulevard  
Brooklyn Center, MN 55429

**PHONE:** 763-535-4602  
**TOLL FREE:** 800-548-5252 (in MN only)  
**TTY:** 763-971-4112  
**FAX:** 763-535-7524  
**E-MAIL:** [girlscouts@girlscoutsmpls.org](mailto:girlscouts@girlscoutsmpls.org)  
**WEBSITE:** [www.girlscoutsmpls.org](http://www.girlscoutsmpls.org)



### **Sexual Assault Awareness Education Patch Program**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.  
Adolescent and teenage females. Adult volunteers working with Girl Scouts.

**AVAILABLE FOR PURCHASE.**

The Girl Scout Council of Greater Minneapolis introduced a new “Sexual Assault Awareness Education” patch for 12 to 17 year-old Girl Scouts. Participation in this patch program will give girls valuable insight into the issue of sexual assault and violence. Sexual Assault Awareness Education patch program activities will help empower girls to lower their risk of sexual assault.

To obtain a copy of the patch program, send \$0.15 and a self-addressed stamped envelope to the Girl Scout Council of Greater Minneapolis. Must be a Girl Scout member to order patch.

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## Haworth Press

10 Alice Street  
Binghamton, NY 13904

PHONE: 607-722-5857  
TOLL FREE: 800-429-6784  
FAX: 800-895-0582  
E-MAIL: [getinfo@HaworthPress.com](mailto:getinfo@HaworthPress.com)  
WEBSITE: [www.HaworthPress.com](http://www.HaworthPress.com)



### **Identifying Child Molesters: Preventing Child Sexual Abuse by Recognizing the Patterns of the Offenders**

AUDIENCE: Parents. Other adults.

AVAILABLE FOR PURCHASE.

This book by Carla van Dam, Ph.D. discusses how to better protect children from potential child sexual molesters by recognizing and understanding their behavior and techniques. *Identifying Child Molesters* will teach you:

- How to recognize those who might molest
- How molesters typically ‘charm’ adults
- How societal attitudes help to foster child sexual abuse
- What to do when encountering a potential molester
- What physical and emotional damage molestation can cause to victims
- How to graciously avoid potentially dangerous situations

## **Ann Hazzard, Ph.D.**

Box 26065  
Grady Health Systems  
80 Jesse Hill  
Atlanta, GA 30303

PHONE: 404-616-4875

E-MAIL: [ann\\_hazzard@oz.ped.emory.edu](mailto:ann_hazzard@oz.ped.emory.edu)



### **Child Sexual Abuse Prevention Teacher Training**

**AUDIENCE:** Elementary school age children. Educators.

**AVAILABLE FOR PURCHASE.**

Child Sexual Abuse Prevention Teacher Training is a one-day workshop designed to teach elementary teachers about child sexual abuse prevention. The workshop addresses child sexual abuse incidence and dynamics, indicators, effects of abuse, basic interviewing techniques, reporting, treatment resources and primary prevention. The goals of the workshop are to help teachers be more aware of child sexual abuse and recognize and refer potential victims appropriately. This workshop format has also been used as the first portion of a more extensive program in which teachers were actually trained to implement a 3-session sexual abuse prevention curriculum in elementary classrooms.

Available for \$15 to cover copying and mailing costs. Make check payable to Emory University Pediatrics and mail request to Ann Hazzard, Ph.D., Box 26065, Grady Health Systems, 80 Jesse Hill, Atlanta, GA 30303.

## HEALTH EDCO

P.O. Box 21207  
Waco, TX 76702

PHONE: 254-776-6461 ext. 295  
TOLL FREE: 800-299-3366 ext. 295  
FAX: 888-977-7653  
E-MAIL: sales@wrsgroup.com  
WEBSITE: www.HealthEdco.com



### Teen Files Flipped: Date Rape/Abusive Relationships

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.

AVAILABLE FOR PURCHASE.



This 29-minute video/DVD from MTV offers a fresh perspective on acquaintance rape and abusive relationships by identifying the attitudes, beliefs, and behaviors that characterize perpetrators and victims of acquaintance rape and abuse. This program encourages viewers to consider their own relationships, attitudes, and behaviors. Video comes with a teaching module.

### It's MY Body Flip Chart

AUDIENCE: Preschool age children. Elementary school age children.

AVAILABLE FOR PURCHASE.

This flip chart is designed to help introduce the concept of sexual abuse to young children. The *It's MY Body Flip Chart* reinforces the idea that children's bodies are their own, and they should always tell someone about sexual abuse. Flip chart consists of six, 12" x 17" panels.



### Child Abuse: How To See It, How To Stop It Video

AUDIENCE: Parents. Educators and others working with children.

AVAILABLE FOR PURCHASE.

This 25-minute video designed for adult educational and professional development programs discusses the four different types of child abuse: physical abuse, sexual abuse, emotional abuse, and child neglect. The video comes with a teacher's guide.

## Susan Heighway

P.O. Box 5122  
Madison, WI 53705

PHONE: 608-263-5996  
FAX: 608-265-4101  
E-MAIL: [heighway@waisman.wisc.edu](mailto:heighway@waisman.wisc.edu)



### **STARS 2: A Guidebook for Teaching Positive Sexuality and the Prevention of Sexual Abuse for Children with Developmental Disabilities.**

**AUDIENCE:** Educators and professionals who work with developmentally and cognitively disabled youth.

**AVAILABLE FOR PURCHASE.**

This guidebook presents a model of teaching youth with developmental and cognitive disabilities in the primary grades through high school with concepts of positive sexuality and methods of preventing sexual abuse. This guide is designed for use by educators, social workers, nurses, psychologists, and community support workers.



### **STARS: Skills Training for Assertiveness, Relationship-building and Sexual Awareness**

**AUDIENCE:** High school age youth/teens. Educators and professionals who work with older teens with developmental disabilities.

**AVAILABLE FOR PURCHASE.**

This training guide presents a model of teaching adults and older teens with developmental and cognitive disabilities concepts of positive sexuality and methods of preventing sexual abuse. This guide is designed for use by educators, social workers, nurses, psychologists, and community support workers.

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## Hogg Foundation for Mental Health

The University of Texas at Austin  
P. O. Box 7998  
Austin, TX 78713

PHONE: 512-471-5041  
FAX: 512-471-9608  
E-MAIL: [comm@hogg.utexas.edu](mailto:comm@hogg.utexas.edu)  
WEBSITE: [www.hogg.utexas.edu/](http://www.hogg.utexas.edu/)



### **Evaluating Child Abuse Prevention Programs: A Resource Guidebook for Service Providers**

**AUDIENCE:** Professional staff.

The purpose of this guidebook is to serve as a resource to those service providers who wish to improve their understanding of evaluation principles and enhance their ability to conduct quality assessments of their programs. A series of surveys were conducted with community-based child abuse prevention programs to identify levels of evaluation activity occurring within organizations and the types of evaluation information that would be most helpful to building evaluation capacity within organizations. Based on the information gathered, a guide for comprehensive evaluation planning was developed to assist programs at varying stages of capacity. The guidebook provides examples and worksheets for evaluation planning and directs readers to many additional references available to assist in evaluation efforts.

This resource may be ordered at no charge from the Hogg Foundation for Mental Health.

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## Hope for Families, Inc.

P.O. Box 238  
Hatfield, PA 19440

PHONE: 215-362-8866  
TOLL FREE: 877-729-HOPE  
FAX: 215-362-7373  
E-MAIL: [l\\_stauffer@hope4families.com](mailto:l_stauffer@hope4families.com)  
WEBSITE: [www.hope4families.com](http://www.hope4families.com)



### Hope for Families Website

AUDIENCE: Parents. Community members.

The Hope for Families website ([www.hope4families.com](http://www.hope4families.com)) provides educational information for parents and other adults to help:

- Improve their understanding of child sexual abuse
- Improve their efforts to empower and educate children
- Increase the levels of communication and respect regarding both okay and not-okay touches
- Information is also provided for nonoffending parents who suspect or are coping with sexual abuse of their child.

All information is available on the website: [www.hope4families.com](http://www.hope4families.com).



### Let's Talk—Body Safety Books for Children

AUDIENCE: Preschool age children. Elementary school age children. Parents. Professionals.  
Other caregivers.

AVAILABLE FOR PURCHASE.

*Let's Talk About Taking Care of You: An Educational Book About Body Safety* helps teachers, parents, grandparents, counselors, and other adults learn how to help children develop the confidence and skills to respond effectively to potentially abusive situations and be able to tell about the experience as soon as possible. This book is appropriate for use with all children including those who have had an experience of sexual abuse. There are two versions of this book; one for young children (2–6 years old) and one for elementary school age children (1st–5th grades). Both versions provide education regarding emotional expression skills, body parts, okay and not okay touches and personal safety skills. The older children's version provides more specific information regarding bullying, stranger abduction and sexual and physical abuse. Both versions provide guidelines to help caring adults use the book most effectively.



## IMPACT Safety Programs / IMPACT

35 East Gay Street, Suite 512  
Columbus, OH 43215

PHONE: 614-221-2811  
FAX: 614-221-2010  
E-MAIL: [impactoffice@earthlink.net](mailto:impactoffice@earthlink.net)  
WEBSITE: [www.impactssafety.org](http://www.impactssafety.org)



### IMPACT for Children

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Other caregivers.

This 2-hour workshop teaches 4, 5, and 6 year old children and their parents skills needed to help prevent child assault. Through role play and practice children learn how to be aware of their personal boundaries, how to identify being bribed or threatened, and how to get help. The curriculum is customized to fit the needs and experience of the child. Parents will learn techniques to continue to reinforce what has been learned. (Every child participating in this workshop must be accompanied by a parent or other responsible adult.)

I C O N   K E Y			
 <b>BOOK</b>	 <b>BOOKLET OR BROCHURE</b>	 <b>CARD(S)</b>	 <b>CASSETTE</b>
 <b>COLORING OR ACTIVITY BOOK</b>	 <b>CONSULTING</b>	 <b>CURRICULUM OR PROGRAM</b>	 <b>DOLLS OR PUPPETS</b>
 <b>DVD</b>	 <b>GAME</b>	 <b>HELPLINE OR HOTLINE</b>	 <b>MEDIA CAMPAIGN</b>
 <b>MUSIC</b>	 <b>ORGANIZATION</b>	 <b>PEER EDUCATION</b>	 <b>REFERRAL SERVICE</b>
 <b>SCREENING</b>	 <b>SELF DEFENSE TRAINING</b>	 <b>SEMINAR OR WORKSHOP</b>	 <b>THEATER OR DRAMA</b>
 <b>TOOLKIT</b>	 <b>VIDEO</b>	 <b>WEBSITE</b>	 <b>WORKBOOK</b>

## Intermedia / NA

1165 Eastlake E., Suite 400  
Seattle, WA 98109

PHONE: 206-284-2995  
TOLL FREE: 800-553-6336  
FAX: 800-553-1655  
E-MAIL: [info@intermedia-inc.com](mailto:info@intermedia-inc.com)  
WEBSITE: [www.intermedia-inc.com](http://www.intermedia-inc.com)



### **View From the Shadows, Volumes 1, 2 and 3, A**

AUDIENCE: Parents. Professionals. Other adults.

AVAILABLE FOR PURCHASE.

This video series deals with child sexual abuse and its devastating effects.

Volume 1 (18 minutes) examines child sexual abuse through interviews with incarcerated sex offenders, national experts on the subject of child sexual abuse and adult survivors. It will spark discussion and raise questions on what can be done to reduce victimization.

Volume 2 (22 minutes) offers a glimpse of the dynamics associated with child sexual abuse through interviews with sex offenders, child sexual abuse experts, and with a family torn apart by intra-familial child sexual abuse. This video raises questions about what to do about sex offenders and how to best rehabilitate them to reduce further victimization. This video also discusses the controversial issue of reintroducing sexual offenders back into the home.

Volume 3 (28 minutes) features Cordelia Anderson, child sex abuse prevention expert. She speaks to parents and caretakers who want to know how to deal with the abuse and how to talk to their children about it. Abused children and their families offer insight into child sexual abuse by talking about their experiences.



### **Indicators of Child Sexual Abuse**

AUDIENCE: Educators.

AVAILABLE FOR PURCHASE.

Using 15 interactive scenarios of possible child sexual abuse, this 20-minute video is designed to give educators a clear picture of what child sexual abuse looks like and their role as reporters. The video comes with a study guide.



### **Behind the Scenes: Child Sexual Abuse on the Internet**

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens. Parents.

AVAILABLE FOR PURCHASE.

In this 17-minute video, victims and experts issue a stern warning about Internet predators. And offer advice on how to stay safe online.

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## Intermedia (continued)



### Boys Will Be Boys

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 45-minute video, an energetic high-school sophomore unexpectedly finds herself the target of unwanted sexual attention. Rumors regarding her sexual activity begin to escalate and are worsened by derogatory graffiti found in the boy's bathroom. Based upon actual events, this video can be used to initiate discussion on sexual harassment and abuse.



### Date Rape Drugs: What You Need to Know

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 22-minute video provides information on drug-facilitated rape and acquaintance rape drugs. *Date Rape Drugs: What You Need to Know* features testimony from teen and adult victims, rape prevention advocates, and law enforcement, which provides valuable insight into how this crime is perpetrated, and the effects various acquaintance rape drugs have on the body. The most well known drugs used by perpetrators that are discussed in the video include: GHB, Rohypnol, Ketamine, and Ecstasy. Viewers of this video will become familiar with these drugs, how rapists use them, why they often videotape their victims, and practical tips on self-protection.

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## The International Association of Chiefs of Police Anti-bullying Campaign

**PHONE:** 703-836-6767

**WEB SITE:** <http://www.iacp.org/>



Founded in 1893, the association's goals are to advance the science and art of police services; to develop and disseminate improved administrative, technical and operational practices and promote their use in police work; to foster police cooperation and the exchange of information and experience among police administrators throughout the world; to bring about recruitment and training in the police profession of qualified persons; and to encourage adherence of all police officers to high professional standards of performance and conduct.

Professionally recognized programs such as the FBI Identification Division and the Uniform Crime Records system can trace their origins back to the IACP. They spearheaded the national use of fingerprint identification, as well as provided government and education summits on violence, homicide, and youth violence.

The IACP has information about developing a bullying prevention program at: <http://www.iacp.org/Training/bullyingbrief.pdf>

They also endorse the Olweus Bullying Prevention Program

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## International Society for Prevention of Child Abuse and Neglect / ISPCAN

25 W. 560 Geneva Road, Suite L2C  
Carol Stream, IL 60188

PHONE: 630-221-1311  
FAX: 630-221-1313  
E-MAIL: [ispcan@ispcan.org](mailto:ispcan@ispcan.org)  
WEBSITE: [www.ispcan.org](http://www.ispcan.org)



### Summary of the Literature on Child Sexual Abuse and Exploitation, A

AUDIENCE: Professionals. Advocates.

In this online document, the International Society for Prevention of Child Abuse and Neglect (ISPCAN) summarizes literature on child sexual abuse and exploitation. The three papers presented in this document address the major evolution in thought and practice in the field of child sexual abuse and exploitation, with a focus on changes and advancements in three areas:

- The understanding of professionals on the causes and impacts of sexual abuse (i.e., risk factors)
- Intervention efforts for both victims and offenders
- Prevention efforts

ISPCAN's child sexual abuse and exploitation project includes two additional components:

- A general bibliography of citations provided to ISPCAN via its network of members, counselors, faculty and partners as worthy of inclusion in this project
- An annotated bibliography containing brief summaries of the child sexual abuse and exploitation literature most frequently referred to by a group of experts on this issue

This information may be downloaded at no charge: [www.ispcan.org](http://www.ispcan.org).

## Jacob Wetterling Foundation

Metro-Office Location:  
2314 University Avenue W, Suite 14  
St. Paul, Minnesota 55114

Greater Minnesota Location:  
P.O. Box 639  
33 West Minnesota Street  
St. Joseph, MN 56374

PHONE: 651-714-4673  
FAX: 651-714-9098  
E-MAIL: [info@jwf.org](mailto:info@jwf.org)  
WEBSITE: [www.jwf.org](http://www.jwf.org)



### Jacob Wetterling Foundation

**AUDIENCE:** Parents. Community members. Victims and survivors of sexual abuse and the systems that address their needs

Jacob Wetterling Foundation (JWF) is a private, non-profit 501(c)(3) agency established fifteen years ago on January 24, 1990. Patty and Jerry Wetterling cofounded the organization following the 1989 abduction of their 11-year old son Jacob, to provide assistance to the community regarding all missing children cases in Minnesota. Information and community prevention kit are available nationwide.

JWF's mission is to protect children from sexual exploitation and abduction through its two programs: prevention education and victims' assistance.



### Summary of Prevention Education Programs

**AUDIENCE:** Professionals. Advocates.

- A program that teaches children and adults about internet safety in chat room and on web sites.
- An instructional kit for One of a Kind Child ID and Personal Safety events. The One of a Kind kit contains almost everything needed to hold a community event, including instructions, ID booklets and forms, height and weight charts and a personal safety video.
- JWF maintains a speaker's bureau where staff and volunteer speakers present on topics including child sexual exploitation and abduction prevention strategies, online safety, predator lures and characteristics, indicators of victimization or perpetration of violence, and sex offender community notification.

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## James Stanfield Publishing Company

129 S. Quarantina Street  
Santa Barbara, CA 93103

PHONE: 805-897-1185  
TOLL FREE: 800-421-6534  
FAX: 805-897-1187  
E-MAIL: [maindesk@stanfield.com](mailto:maindesk@stanfield.com)  
WEBSITE: [www.stanfield.com](http://www.stanfield.com)



### Child Sexual Abuse: A Solution

**AUDIENCE:** Elementary school age children. Parents. Educators. Other adults.  
**AVAILABLE FOR PURCHASE.**

This program provides information and materials to help implement a child protection program in an elementary school setting. This program specifically addresses three separate groups: teachers, parents, and children and includes six video tapes. Two tapes are for teachers and one is for parents. The remaining videos use the character of Chester the Cat to teach children to protect themselves. This program also includes a teacher's guide. The goal of this program is to have children recognize the signs of sexual abuse and to help them know what to do if they are approached. Although this program is old (1985) and is not listed in the James Stanfield catalog, it is still offered for sale.



### Circles II—Stop Abuse

**AUDIENCE:** Middle school age youth/adolescents. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

*Circles II—Stop Abuse* teaches students with developmental and cognitive disabilities how to recognize and avoid sexually threatening or abusive situations. This program offers step-by-step lessons and strategies to recognize abusive behaviors together with actual demonstrations of how to take positive action if feeling exploited with special sensitivity to the needs of people with developmental disabilities. Part 1 of the curriculum, "Recognizing and Reacting to Sexual Exploitation," encourages students to be assertive. Part 2 of the curriculum, "Learning Appropriate Protective Behaviors," helps students identify inappropriate behavior and how to initiate protective measures against unwanted advances. This curriculum includes 3 videotapes, a 9' x 5' teaching graph, and a teacher's guide.

## James Stanfield Publishing (continued)



### No-Go-Tell!

**AUDIENCE:** Preschool age children. Elementary school age children. Physically-disabled children. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

Created by experts working with special needs children, the *No-Go-Tell! Curriculum* and teacher's guide provides easy-to-teach lessons in child protection. This packet of materials features 76 simply illustrated teaching panels with a system of flaps that translate difficult concepts of exploitation into concrete rules and ideas. This program teaches four fundamental prevention concepts to disabled children:

- Who are family, friends, familiar people and strangers
- What is "OK" touch and "Not OK" touch
- What are private parts
- Who and how to tell about an abusive incident

Two teaching dolls (black male and female or white male and female) may be included with the curriculum for an additional charge.



### LifeFacts–Sexual Abuse Prevention

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

*LifeFacts–Sexual Abuse Prevention* contains materials and information to teach sexual abuse recognition, prevention and protection strategies to adolescents with special needs. The program presents concepts in simple terms and materials are logically sequenced and paced for ease of presentation. Pretest and post-test for each of the instructional areas assess entry-level needs and allow evaluation of student understanding of this critical material. This prevention program comes with 55–11" x 14" laminated illustrations, 55–35mm slides and one comprehensive curriculum guide.



## JIST Publishing / JIST Life/KidsRights

8902 Otis Avenue  
Indianapolis, IN 46216

PHONE: 317-613-4200  
TOLL FREE: 800-648-5478  
FAX: 317-613-4307  
E-MAIL: [amartinez@jist.com](mailto:amartinez@jist.com)  
WEBSITE: [www.kidsright.com](http://www.kidsright.com)



### Parent's Guide to Prevent Child Sexual Abuse

AUDIENCE: Parents.  
OTHER LANGUAGES: Spanish.  
AVAILABLE FOR PURCHASE.

This 32-page booklet provides parents with practical information about recognizing and preventing child sexual abuse. It also includes tips for keeping kids safe on the Internet, information about safety planning, and advice on open communication with children.



### I Am the Boss of My Body

AUDIENCE: Elementary school age children.  
AVAILABLE FOR PURCHASE.

This 20-minute video is designed to empower children to recognize and protect themselves from sexual abuse. *I Am the Boss of My Body* introduces children to “being the boss” and taking ownership of their right to keep themselves safe from others. Video comes with a 32-page facilitator’s guide and 7 handout masters.



### Kid's Guide to Who You Can Trust: Protect Yourself at Home, at School and on the Internet

AUDIENCE: Elementary school age children. Middle school age youth/adolescents.  
OTHER LANGUAGES: Spanish.  
AVAILABLE FOR PURCHASE.

This 16-page booklet helps teach kids how to stay safe in common situations with easy-to-understand examples and fun puzzles. Booklet is useful as a handout or the basis of a brief safety program for children. The booklet also teaches about appropriate touching and that it’s okay to tell.



### Little Bear

AUDIENCE: Preschool age children. Elementary school age children.  
AVAILABLE FOR PURCHASE.

This 20-minute video will teach young children to recognize and protect themselves against sexual and physical abuse. Little Bear will help children recognize uncomfortable touching, know what to say to potential offenders, and know what to do in threatening situations. A 24-page instructor’s guide may be downloaded at no charge on the Jist Publishing website: <http://www.jist.com/kidsrights/KV1610VIG.pdf>.

## JIST Publishing (continued)



### **Teen Files Flipped: Date Rape/Abusive Relationships, The**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 21-minute video program, 17-year-old Mario, who takes pride in seducing as many girls as possible, and 15-year-old Debbie, who is drawn to possessive, potentially abusive boyfriends are given an unsettling look at the nature of unhealthy dating relationships. Mario spends his “flipped day” assisting the DA in gathering evidence for the prosecution of a acquaintance rape case. He discovers that the behaviors and attitudes of the accused are uncomfortably similar to his own. Debbie spends the day with Gina. As the day progresses, Debbie observes the escalating aggressiveness of Gina’s possessive, abusive boyfriend, and begins to recognize the similarities to her own past relationships. The program encourages viewers to consider, and perhaps make changes, in their own relationships, attitudes, and behaviors.



### **Protecting Your Child from Sexual Abuse**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 4-fold pamphlet gives parents important tips on keeping their children safe from sexual abuse. It also lists the signs of possible abuse and steps to take if a child has been abused. Includes contact information for child abuse hotlines.



### **Facts About Date Rape, The**

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 4-fold pamphlet, teens learn what acquaintance rape is, how to prevent it, and what to do if it happens to them. This pamphlet includes important information on acquaintance rape drugs and the profile of a potential rapist.



### **So What’s it to Me?: Sexual Assault Information for Guys**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Teenage males.

**AVAILABLE FOR PURCHASE.**

Using vivid stories, this 34-page booklet increases reader awareness that males, too, can be victims of sexual assault . This booklet also discusses the male teenager’s role as a sexual aggressor and helps readers explore their own motives and find ways of developing non-exploitative relationships.



### **Facts About Sexual Harassment, The**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 4-fold pamphlet discusses sexual harassment and what to do if you are being harassed. The pamphlet also discusses the difference between flirting and sexual harassment.

## JIST Publishing (continued)



### **Teen to Teen: Personal Safety and Sexual Abuse Prevention**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 44-page booklet helps adolescents think about and discuss decisions they make about their own safety. Topics covered include:

- How to recognize when a situation may lead to sexual abuse
- How to avoid unsafe situations and people
- How to be assertive
- How to get out of uncomfortable situations
- The link between personal safety and self-esteem

This booklet is useful as a handout for teens, the basis for an interactive presentation, and/or a candid group discussion.



### **Child Abuse: How to See It, How to Stop It**

**AUDIENCE:** Parents. Educators. Professionals.

**AVAILABLE FOR PURCHASE.**

This 25-minute video examines the four different types of child abuse: physical abuse, sexual abuse, emotional abuse, and child neglect. Educators, parents, counselors, health and juvenile justice professionals, and anyone who works with or cares about youth will learn how to identify the problem, and ways to stop it, before other children can be hurt. This video is ideal for educational and professional development programs.



### **Top Secret: Sexual Assault Information for Teenagers**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.  
Adolescent females.

This 32-page booklet provides answers to adolescent girls' most difficult questions about sexual assault. Written with the help of teens, the booklet uses a variety of effective ways to catch attention, such as experiences of true-to-life characters, letters and replies, challenging quizzes, and frank information about sexual assault.



### **Acquaintance Rape: The Ultimate Betrayal**

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 29-minute video presents candid interviews that tell the stories behind three acquaintance rape cases. Each story is filled with insight and useful information. Viewers learn positive steps to take in reporting and recovering from acquaintance rape, as well as essential prevention tips.

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## JIST Publishing (continued)



### Steps to Healthy Touching

**AUDIENCE:** Elementary school age children. Parents. Children who exhibit sexually aggressive or inappropriate behavior.

**AVAILABLE FOR PURCHASE.**

*Steps to Healthy Touching* is a 128-page therapeutic workbook specifically written for children who demonstrate sexually abusive or inappropriate behavior. The materials can be used in structured group or individual sessions. The content encourages the children to understand and accept responsibility for his or her actions, ask for help, use other ways to express his or her feelings. The workbook provides a series of interactive lessons to teach a child to master each of the 12 steps of the program. Parents are encouraged to participate in the learning and to review homework assignments. A separate section provides discussion topics and tips for counselors to use in separate sessions with parents.

*A Steps to Healthy Touching* Counselor's/Teacher's Guide is available separately.

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## Kempe Children s Center / Kempe/Kempe Children s Foundation

1825 Marion Street  
Denver, CO 80218

**PHONE:** 303-864-5252 or 303-864-5300

**FAX:** 303-864-5179 or 303-864-5302

**E-MAIL:** [info@kempe.org](mailto:info@kempe.org)

**WEBSITE:** [www.kempe.org](http://www.kempe.org)



### Kempe Perpetration Prevention Program

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. Parents. Professionals. Other caregivers.

The Kempe Perpetration Prevention Program (KPPP) focuses on preventing and treating abusive behavior in childhood and adolescence. KPPP provides services to local youth while developing and disseminating practical and useful information detailing specific interventions and general prevention strategies to reduce the risk of today's children becoming tomorrow's abusers. Through local and national collaborative work, the KPPP is a leader in understanding and responding to the abusive and sexual behaviors of children and adolescents. KPPP studies the research in order to understand what factors contribute to the initiation of abusive behaviors and identifies strategies to prevent or intervene in the presence of those factors. The KPPP provides:

- Evaluation and weekly group treatment for local youth
- Education and support for their families and alternative caregivers
- Support, information, consultation, and training to local and national colleagues, communities, and policy makers regarding the identification, management, and treatment of juveniles who have sexually abused children

The KPPP disseminates information locally, nationally, and internationally to promote primary, secondary, and tertiary prevention of the perpetration of abuse.

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## **KIDPOWER TEENPOWER FULLPOWER International / KIDPOWER**

P.O. Box 1212  
Santa Cruz, CA 95061

**PHONE:** 831-426-4407  
**TOLL FREE:** 800-467-6997  
**FAX:** 831-426-4480  
**E-MAIL:** [safety@kidpower.org](mailto:safety@kidpower.org)  
**WEBSITE:** [www.kidpower.org](http://www.kidpower.org)



### **KidPower and TeenPower Safety Workshops**

**AUDIENCE:** Preschool age children. Elementary school age children.  
Middle school age youth/adolescents. High school age youth/teens. Parents. Educators.  
**AVAILABLE FOR PURCHASE.**

*KidPower* and *TeenPower* self defense workshops and video teach children how to take charge of their own bodies assertively and how to stop inappropriate touch or attention in ways that are effective and decrease their risk of abuse. *KidPower* and *TeenPower Guides for Parents and Teachers* helps concerned adults teach self-protection and confidence building skills to young people. The guide provides safety tips for being safe with strangers as well as people children know. The *KIDPOWER* video also uses music to teach safety skills to children and parents. The workshops are easily adapted to people of all abilities.

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## **Kids Helping Kids**

P.O. Box 515  
Bridgeville, PA 15017

**PHONE:** 412-628-5544  
**FAX:** 724-743-1974  
**E-MAIL:** [info@kidshelpkids.net](mailto:info@kidshelpkids.net)  
**WEBSITE:** [www.kidshelpkids.net](http://www.kidshelpkids.net)



### **Kids Helping Kids Break the Silence of Sexual Abuse**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents.  
**AVAILABLE FOR PURCHASE.**

This 142-page book tells the true stories of 15 courageous kids who have endured, survived, and triumphed over sexual abuse. When guided by a trusting adult, these true stories offer a dynamic new way to teach children, parents, educators, and other caring adults about sexual abuse, how to keep children safe, and what children need to know and do if they are approached. The stories also show child victims they are not alone or at fault and provide reassurance that there is hope for healing. Although victimized children are often locked in silence after sexual abuse, these amazing stories can help trusted adults breakthrough this silence to help with healing.

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## Kids on the Block / The Kids on the Block, Inc.

9385 Gerwig Lane, Suite C  
Columbia, MD 21046

PHONE: 410-290-9095  
TOLL FREE: 800-368-KIDS  
FAX: 410-290-9358  
E-MAIL: kob@kotb.com  
WEBSITE: www.kotb.com



### Kids on the Block Puppet Theater Program on Sexual Abuse, A

AUDIENCE: Elementary school age children.

AVAILABLE FOR PURCHASE.

This theater program consists of large hand-crafted puppets, scripts, props, and follow-up activities and resources to form a comprehensive curriculum on the topic of sexual abuse prevention. Three scripts are designed for longer presentations and/or older audiences, while three mini-scripts are best used with younger children. Script material covers specific issues such as the betrayal of trust as a factor in abuse, learning how to tell, and tricks that abusive adults might use to engage children in sex play. Mini-script topics include knowing emergency telephone numbers, the child's own number and area code, staying away from strangers, the use of a secret "password," how to tell, and how to persist in telling despite obstacles.

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## Kidsafe

#65-3295 Sunnyside Road  
Anmore, BC V3H 4Z4 CANADA

PHONE: 604-469-4965  
E-MAIL: mjhickey@shaw.ca  
WEBSITE: www.kid-safe.org



### Kidsafe: A Sexual Abuse Prevention Program

AUDIENCE: Preschool age children. Elementary school age children. Parents. Other adults.

AVAILABLE FOR PURCHASE.

*Kidsafe* is a program that teaches parents and professionals how to build strong relationships with children, enhance communication skills, promote trusts and respect, and facilitate confidence and self-competence in children. The program is designed for adults to teach children from age three to twelve years. Children will learn personal safety skills through fun activities such as puppet plays, stories, role-plays, and crafts. All activities focus on empowering children by teaching them the skills they need to be safe. Workshops are also available.

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## Kinetic Video / [kineticvideo.com](http://kineticvideo.com)

255 Delaware Avenue  
Buffalo, NY 14202

PHONE: 716-856-7631  
TOLL FREE: 800-466-7631  
FAX: 716-856-7838  
E-MAIL: [info@kineticvideo.com](mailto:info@kineticvideo.com)  
WEBSITE: [www.kineticvideo.com](http://www.kineticvideo.com)



### **Confronting Date Rape: The Girl's Room**

AUDIENCE: High school age youth/teens.

AVAILABLE FOR PURCHASE.

This 45-minute video program realistically deals with the topic of acquaintance rape by examining the relationship between four high school friends whose lives have been affected by a past incident. Each morning before school, they meet to discuss their lives, their loves, and their feelings. This video contains interviews with rape crisis counselors and psychologists who examine the causes of acquaintance rape and the psychological consequences. The video presents strategies for preventing acquaintance rape and also provides some great discussion starters for life skills classes and/or counseling sessions.



### **When I Say Stop, I Mean Stop!**

AUDIENCE: High school age youth/teens.

AVAILABLE FOR PURCHASE.

This 25-minute video lets teens know that everyone has the right not to be pressured into any kind of sexual activity. Designed to be a guide for teens in handling sexual pressures, this video program uses an MTV-style format featuring a group of real teens, experts and educators to offer practical and specific advice on handling sexual harassment and pressure to be sexually active. The program provides viewers with verbal defence mechanisms to avoid unwanted sexual activity. The video includes a teacher's guide.



### **Male Rape**

AUDIENCE: High school age youth/teens. Parents. Male adolescents.

AVAILABLE FOR PURCHASE.

In this 45-minute British video production, victims of male rape, sexual abuse and assault, speak out. One was habitually sexually abused as a boy by his stepfather, another, as a teenager, had a one-time encounter with a stranger, and a third, as an adult, was violently raped while incarcerated. The video raises questions about the issues of resistance, fear, threat, and shame as a tool for starting discussions in therapy groups for either victims or perpetrators (of male on male rape).



## Kinetic Video (continued)



### No Means No!

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 28-minute video explores the grief, shame, loss, health problems, anger, and emotional problems surrounding rape through interviews with victims, rape counselors, and law enforcement personnel. Guidance counselors, rape counselors, crisis centers, high schools, colleges and others can use *No Means No!* in prevention programming and victim counseling.



### My Body Belongs to Me

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

Using age-appropriate dialogues between a guidance counselor, two appealing puppets, and members of the live student audience, this 25-minute video is designed to help young children protect themselves from sexual abuse by making it clear that their body belongs to them. The video/DVD includes a 32-page illustrated book and a teacher's guide. The *My Body Belongs to Me* book (in packages of 10) may be purchased separately.



### Club Drugs: What you Should Know

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**



This hard-hitting 16-minute video/DVD program will open teens' eyes to the facts, the effects, and consequences of using club drugs. A noted drug prevention specialist speaks to a group of teens about these popular drugs: Rohypnol (the acquaintance rape drug), Ecstasy, GHB, Ketamine, Methamphetamine, Party balls (the combining of various drugs), LSD, and the effect that alcohol has when used in conjunction with these drugs. Teens deliver a compelling cautionary message as they reveal the disastrous and long-term effect drugs have had on their lives. In addition, a group session, led by two counselors, shows viewers how they can use the support of peers to help them resist the pressure to try club drugs. Life-saving behaviors and strategies teens can employ to protect themselves are detailed.



### GHB: Drug Induced Rape

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 16-minute video, veteran Detective Trinkia D. Porrata talks candidly to viewers about drug-facilitated rape. The video focuses on three main areas: how drug-induced rapes occur; what individuals can do to protect themselves and their friends from such incidents; and what a person should do if it happens to them. Rohypnol and Gamma Hydroxy Butyrate (GHB) are two of the most common sedatives used by sexual predators. Both drugs can be dropped into a drink when no one is looking and can incapacitate a person for several hours. Detective Porrata discusses the effects of both substances, focusing on GHB, the more dangerous of the two drugs.

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## Kinetic Video (continued)



### **Sexual Abuse of Children: Victims and Abusers**

**AUDIENCE:** High school age youth/teens. Parents. Professionals. Educators.

**AVAILABLE FOR PURCHASE.**

This 32-minute documentary video looks at the impact of child sexual abuse through candid interviews with therapists, victims, and recovering offenders. Recovering molesters describe issues that led them to become abusers, including having been sexually abused themselves as children. Low self esteem is one of many traumatic consequences for victims of incest and other child sexual abuse. One survivor interviewed in the program says, “Victims feel dirty, different, and disgusting.” This program assures victims—and abusers—that they are not alone, and provides steps to begin their healing process. It provides compelling media support to health units on child abuse, family life, domestic violence, and safety. It also may be used for ancillary support for classes dealing with rape prevention and survival and behaviors associated with substance abuse.



### **Break the Silence: Kids Against Child Abuse**

**AUDIENCE:** Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 30-minute video, Jane Seymour introduces the reality of child abuse to young audiences. Physical abuse, sexual abuse, and neglect are explained in a way young children can understand. Four kids talk candidly about their abuse and their abusers as they describe how adults use fear, manipulation, and neglect to hurt children. As each story is told, animated versions of the child and the abuser help illustrate how the abuse happened and how it made the child feel. Each story has a happy ending. With the help of social workers, therapists, and foster families, these kids are receiving help to go on and lead normal lives. The video emphasizes that children should tell an adult if they feel they or someone they know are being abused, or if they know someone who is.

## Leadership Council, The

191 Presidential Boulevard, Suite C-132  
Bala Cynwyd, PA 19004

PHONE: 610-664-5007  
FAX: 610-664-5279  
E-MAIL: [info@leadershipcouncil.org](mailto:info@leadershipcouncil.org)  
WEBSITE: [www.leadershipcouncil.org](http://www.leadershipcouncil.org)



### Leadership Council, The

AUDIENCE: Professionals. Advocates.

The Leadership Council on Child Abuse & Interpersonal Violence was founded in 1998 by professionals concerned with the treatment of victims of trauma, both in professional circles and by the legal system. The Leadership Council is a nonprofit independent scientific organization composed of respected scientists, clinicians, educators, legal scholars, and public policy analysts. The Council's mission is to promote the ethical application of psychological science to human welfare. The Council is committed to providing the public with accurate, research-based information about a variety of mental health issues and to preserving society's commitment to protect its most vulnerable members. Many Leadership Council documents are available online through the website.

I C O N   K E Y			
 BOOK	 BOOKLET OR BROCHURE	 CARD(S)	 CASSETTE
 COLORING OR ACTIVITY BOOK	 CONSULTING	 CURRICULUM OR PROGRAM	 DOLLS OR PUPPETS
 DVD	 GAME	 HELPLINE OR HOTLINE	 MEDIA CAMPAIGN
 MUSIC	 ORGANIZATION	 PEER EDUCATION	 REFERRAL SERVICE
 SCREENING	 SELF DEFENSE TRAINING	 SEMINAR OR WORKSHOP	 THEATER OR DRAMA
 TOOLKIT	 VIDEO	 WEBSITE	 WORKBOOK

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## Leeds, Grenville & Lanark District Health Unit

458 Laurier Boulevard  
Brockville, ON K6V 7A3 CANADA

PHONE: 613-345-5685  
FAX: 613-345-7038  
E-MAIL: [info@healthunit.org](mailto:info@healthunit.org)  
WEBSITE: [www.healthunit.org](http://www.healthunit.org)



### Care for Kids

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** French.

**AVAILABLE FOR PURCHASE.**

The goal of the Care For Kids Program is to prevent child sexual abuse through sexual health education and promotion. Care For Kids is a comprehensive community approach to fostering healthy sexual development in early childhood. The curriculum promotes adult understanding of children's sexual development, open, comfortable communication between adults and children about sexuality, and adult responsibility for the safety and healthy development of children. The Care For Kids workshop introduces the child sexual abuse prevention curriculum written especially for ages 3-7. Recognizing that adults need to take responsibility for the safety and healthy development of children, the program provides specific ways to foster the open, non-threatening, developmentally-appropriate communications about the broad ranges of issues connected to healthy sexuality. In addition, it emphasizes the importance of raising nurturing and empathetic boys and girls, and demonstrates the activities that lead to these outcomes. The *Care For Kids* curriculum uses seven themes to communicate positive messages about sexuality to children: bodies, babies, feelings, girls and boys, touching, bedtime, secrets and surprises. The first four themes develop self-esteem and positive attitudes toward sexuality and gender. The last three themes develop an understanding of body boundaries and coping with boundary violations. The themes can be easily incorporated into already existing curriculum within the early childhood setting. Informational trainings are conducted for parents and community members, including preschools, childcare centers, etc. (See also: Prevent Child Abuse Vermont). *Care for Kids* has also been used therapeutically with preschool and primary age child abuse survivors. The English version of *Care For Kids* is available for purchase.

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## Lutheran Social Services of Wisconsin and Upper Michigan, Inc.

1220 Mound Avenue, Suite 304  
Racine, WI 53404

**PHONE:** 262-619-1633 (Stop Child Abuse and Neglect)  
262-619-1634 (Sexual Assault Services)  
262-637-SAFE (crisis line)  
**FAX:** 262-619-1638  
**E-MAIL:** [ldevinny@lsswis.org](mailto:ldevinny@lsswis.org)  
**WEBSITE:** [www.lsswis.org](http://www.lsswis.org)



### SCANMAN Puppet Show: Feeling Safe

**AUDIENCE:** Elementary school age children.

*Feeling Safe* is a puppet show presented to kindergarten children who are enrolled in public and private schools throughout Racine County, Wisconsin. The purpose of the puppet show is to teach children personal safety skills.

During the five acts of the 30-minute performance, children are told that they are special and have the right to be safe. Lessons taught include the dangers of being led away by strangers, the definitions of good and bad touches, and the importance of telling a trusted grownup if they feel unsafe. In addition to viewing the puppet show, each child receives a coloring book to take home with them that reinforces the lessons learned in the show. After the kindergarten presentation, a puppeteer talks with the children and reinforces all of the important concepts that they have been taught.



### Kids Can

**AUDIENCE:** Preschool age children. Parents. Educators.

**OTHER LANGUAGES:** The handouts are available in Spanish.

*Kids Can* is a child abuse prevention program for preschool age children, their parents, and teachers. The curriculum format is non-threatening, positive, and easy to understand. Dolls, posters, songs, games, and discussion all aid in teaching children how to recognize abuse and ask for help when needed.

The *Kids Can* curriculum spans three days and consists of three 30-minute sessions presented to children in small groups of 12-24 per session. There is a separate presentation for teachers and parents presented prior to the children's program.

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## Massachusetts Child Sexual Abuse Prevention Partnership / Prevent Child Abuse Massachusetts

14 Beacon Street, Suite 706  
Boston, MA 02108

**PHONE:** 617-742-8555 ext. 3  
**FAX:** 617-742-7808  
**E-MAIL:** [jetta@masskids.org](mailto:jetta@masskids.org)  
**WEBSITE:** [www.masskids.org](http://www.masskids.org)



### Massachusetts Child Sexual Abuse Prevention Partnership

**AUDIENCE:** Parents. Community members. Advocates.

Massachusetts Citizens for Children is the lead agency for the Massachusetts Child Sexual Abuse Prevention Partnership collaboration of 23 state-level private and public organizations that have come together to address the complex problem of child sexual abuse at the state level. In 2002, the United States Centers for Disease Control and Prevention (CDC) selected the Partnership to pilot and evaluate new strategies to engage adults and communities in the fight to end child sexual abuse. Effective programs will be tested and evaluated in three selected communities in Massachusetts. Parents, community adults, and professionals will be educated about the latest prevention strategies. They will learn to better recognize the signs of sexually abusive behavior, and develop the confidence, skills, and supports they need to stop it.

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## Metropolitan Organization to Counter Sexual Assault / MOCSA

3217 Broadway, Suite 500  
Kansas City, MO 64111

**PHONE:** Office: 816-931-4527, Crisis Line: 816-531-0233  
**FAX:** 816-931-4532  
**WEBSITE:** [www.mocsa.org](http://www.mocsa.org)



### Project Aware

**AUDIENCE:** Elementary school age children. Parents. Teachers. Other adults. Spanish speaking  
**OTHER LANGUAGES:** Spanish.

*Project Aware* is a sexual abuse education and prevention program which targets children in traditional and special education classes in kindergarten through the sixth grade. *Project Aware* provides children with knowledge and skills for self-protection from sexual abuse, encourages children to report abuse, and assures children that they are not to blame if they are sexually abused.

Forty-five minute presentations consist of age-appropriate videos, discussion, and visual aids. Typically, one visit is made to regular classroom, while three visits are necessary for special education classes. Presentations are also provided to parents and teachers to educate them about sexual abuse, reporting procedures, and how to respond to a child who discloses abuse. Parents are given the same information their children will receive prior to the presentation.

Coloring books that explain good, bad, and confusing touches are given to younger children to take home, while older children receive small informational cards that reinforce what they have learned. Informational brochures are also given to teachers and parents.

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## Migima Designs

P.O. Box 5217  
Portland, OR 97208

**PHONE:** 503-244-0044  
**FAX:** 503-244-0600  
**E-MAIL:** [marcia@migima.com](mailto:marcia@migima.com)  
**WEBSITE:** [www.migima.com](http://www.migima.com)



### Talking to Children About Preventing Sexual Molestation

**AUDIENCE:** Parents. Educators.  
**AVAILABLE FOR PURCHASE.**

This 25-minute cassette tape is designed to teach parents, teachers, and others how to talk to children about reducing the risk of sexual abuse. The cassette walks the listener through the various ways to talk to a child—including practical tips, actual words and phrases, and illustrative stories. One may listen to the tape in the privacy of his/her home or car, or use the tape as a soundtrack to accompany a slide show presentation to various community groups.



## Migima Designs (continued)



### SafeTOUCH Curriculum

**AUDIENCE:** Elementary school age children. Educators.

**AVAILABLE FOR PURCHASE.**

*SafeTOUCH* provides teachers with an outline for empowering children through activities, films, songs, games, role playing and discussion. The curriculum is divided into 5-day lessons for each grade level. Sections include identifying symptoms of abuse, setting up a school program, teaching tips, and resources.



### My Feelings

**AUDIENCE:** Elementary school age children.

**OTHER LANGUAGES:** French.

**AVAILABLE FOR PURCHASE.**

The *My Feelings* story book lets children know it is important to listen to and trust their instincts and feelings, to recognize the difference between OK and Not-OK touch feelings, and to say “NO.” The story includes children with and without disabilities.



### Anatomical dolls

**AUDIENCE:** Parents. Educators. Professionals. Dolls available in 3 different skin colors.

**AVAILABLE FOR PURCHASE.**

These anatomical dolls were created for sex education and sexual abuse prevention work with children. Dolls come with street clothes and underwear. All have oral and anal openings, ears, tongues, nipples, and hands with individual fingers. Female dolls have a vagina, clitoris and breasts. Males have a penis and testicles. Adult males have underarm hair, chest hair and a mustache. Adults have pubic hair. Dolls also come with a sanitary napkin, condom and a canvas carrying bag. Adults are 22” tall, children are 17” tall. Dolls come in three skin colors and are washable.



### Very Touching Book, A

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Law enforcement. Professionals.

**OTHER LANGUAGES:** Korean, Japanese, French.

**AVAILABLE FOR PURCHASE.**

*A Very Touching Book* uses humor and sensitivity to open communication with children and encourages adults and children to laugh, giggle, cuddle, and share. Designed for use by parents, treatment specialists, and investigators, it can be read to children to help facilitate discussion about touch and sexual abuse.

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## Mothers Against Sexual Abuse / MASA

P.O. Box 371  
Huntersville, NC 28070

PHONE: 704-895-0489  
FAX: 704-894-9031  
E-MAIL: [Clairemasa@aol.com](mailto:Clairemasa@aol.com)  
WEBSITE: [www.againstsexualabuse.org](http://www.againstsexualabuse.org)



### Mothers Against Sexual Abuse

AUDIENCE: Parents. Professionals. Community members.

AVAILABLE FOR PURCHASE.

Mothers Against Sexual Abuse (MASA) is a national non-profit organization dedicated to protecting children from sexual abuse. MASA:

- Conducts and sponsors child sexual abuse prevention and education conferences
- Maintains a national referral list of psychologists who work with adult survivors of sexual abuse, children and non-offending parents
- Supports non-offending parents/guardians of children who have been sexually abused
- Helps guide non-offending parents through the court system
- Proposes and supports legislation that will protect children, especially through the court system
- Maintains a speakers bureau to educate society as a whole about the tragedy of child sexual abuse

The book, *Childhood—It Should Not Hurt*, written by MASA founder, Claire Reeves, can assist non-offending parents who find themselves in disputed custody cases. This book also helps adult survivors and offers prevention information.

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## Ms. Foundation for Women / MFW

120 Wall Street, 33rd Floor  
New York, NY 10005

PHONE: 212-742-2300  
FAX: 212-742-1653  
WEBSITE: [www.ms.foundation.org](http://www.ms.foundation.org)



### Beyond Surviving: Toward a Movement to Prevent Child Sexual Abuse

AUDIENCE: Professionals. Prevention educators. Advocates.

In March 2002, the Ms. Foundation convened a roundtable discussion on child sexual abuse prevention. With a group of 27 activists and professionals working in a variety of venues, Ms. Foundation staff guided a discussion on what it would take to build a grassroots movement to end child sexual abuse. The resulting report describes the obstacles to creating an effective child sexual abuse prevention movement as well as concepts for creating new practices.

This document may be downloaded at no charge: [www.ms.foundation.org/user-assets/PDF/Program/safety.pdf](http://www.ms.foundation.org/user-assets/PDF/Program/safety.pdf) or request a copy from the Ms. Foundation.

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## National Catholic Services, LLC (The VIRTUSfi Programs) / National Catholic

801 Warrenville Road, Suite 175  
Lisle, IL 60532

PHONE: 630-725-0986  
TOLL FREE: 888-847-8870  
FAX: 630-725-1374  
E-MAIL: [pneal@virtus.org](mailto:pneal@virtus.org)  
WEBSITE: [www.virtus.org](http://www.virtus.org)



### VIRTUS® Programs—Protecting God’s Children® Child Sex Abuse Prevention Program for Parents and Guardians, The

**AUDIENCE:** Parents. Parents and guardians within the Catholic faith community.

**OTHER LANGUAGES:** Some products and services available in Spanish.

**AVAILABLE FOR PURCHASE.**

The VIRTUS programs were created and sponsored by National Catholic Services, LLC, for the protection of children and the prevention of wrongdoing. The *Protecting God’s Children* child sex abuse prevention program for parents and guardians is designed to empower parents and guardians to help prevent the sexual abuse of their own children and to help them educate their own children about the risks associated with child sexual abuse. This program provides parents with a rigorous awareness program about the risks associated with child sexual abuse and offers proven methods for recognizing the warning signs of abuse and identifying the behaviors of both abusers and victims. Importantly, the program focuses on both the prevention of abuse and the timely and effective reporting of suspicious behavior. The *Protecting God’s Children* program for parents and guardians utilizes a “train-the-facilitator” format so that a local parish or religious organization can use its own personnel (usually volunteers) to deliver this presentation to local congregations and other groups. The program includes a video: *Preventing Child Sexual Abuse* to help initiate discussion with program participants. The program also provides parents with Web-based monthly training bulletins to help keep them aware of the risks and warning signs of abuse.

*VIRTUS Online*™ is the foundation of all the VIRTUS programs. VIRTUS Online provides ongoing training, re-certification, and information from experts on a weekly basis. All VIRTUS Online training is tracked and recorded to ensure that curriculum objectives are met and to help Catholic dioceses comply with the training and verification requirements of the United States Conference of Catholic Bishops. Importantly, the VIRTUS Online platform provides dioceses with a comprehensive employment practices platform that supports the training and tracking of other staff and volunteer functions outside of the VIRTUS programs and entrenches a more comprehensive “safe environment” approach to a broad range of risk management issues, including the prevention of all forms of sexual abuse and sexual misconduct. In addition to dozens of free articles and interactive training components, parent training bulletins are provided monthly to those who participate in the *Protecting God’s Children* program for parents and guardians.

## National Catholic Services, LLC (continued)



### **VIRTUS® Programs—Touching Safety Program for Schools (a school-based curriculum)**

**AUDIENCE:** Teachers, catechists, youth ministers, and other caring adults within the Catholic faith community.

**OTHER LANGUAGES:** Some products and services available in Spanish.

**AVAILABLE FOR PURCHASE.**

The VIRTUS programs were created and sponsored by National Catholic Services, LLC, for the protection of children and the prevention of wrongdoing. *Touching Safety—Instructions for Educators, Catechists, Youth Ministers, and Other Caring Adults (Touching Safety)*, empowers parents and guardians—in partnership with religious educators and teachers—to help prevent sexual abuse and to help children about the risks associated with child sexual abuse. The program’s lessons are founded on the principles of appropriate relationship boundaries within the context of Church teachings. All lessons are age-appropriate, and help children develop the vocabulary and boundary distinctions necessary to help them begin to recognize inappropriate behavior by others, while practicing appropriate relationship boundaries in their own lives. Each lesson takes approximately 45 minutes to an hour to complete and focuses on an age-appropriate discussion of touching safety, relative to the specific roles that different people play in a child’s life. All of the lessons stress the importance of keeping private body parts “private.” Specific topics and learning activities are changed annually. The program also includes “opt-in” and “opt-out” provisions, allowing parents to maintain ultimate control over the education of their children.

VIRTUS Online™ is the foundation of all the VIRTUS programs. VIRTUS Online provides ongoing training, re-certification, and information from experts on a weekly basis. Importantly, the VIRTUS Online platform provides educators, youth ministers, and catechists with all the information and resources they need to present the *Touching Safety* program to the children in their care.

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## National Catholic Services, LLC (continued)



### **VIRTUS® Programs—Protecting God’s Children® Child Sex Abuse Prevention for Adults, The**

**AUDIENCE:** The Catholic faith community

**OTHER LANGUAGES:** Some products and services available in Spanish.

**AVAILABLE FOR PURCHASE.**

The VIRTUS programs were created and sponsored by National Catholic Services, LLC, for the protection of children and the prevention of wrongdoing. The *Protecting God’s Children* child sex abuse prevention program for adults is designed to empower clergy, staff members and volunteers to help prevent child sexual abuse within the Catholic faith community. This program provides adults with a rigorous awareness program about the risks associated with child sexual abuse and offers proven methods for recognizing the warning signs of abuse and identifying the behaviors of both abusers and victims. Importantly, the program focuses on both the prevention of abuse and the timely and effective reporting of suspicious behavior. The *Protecting God’s Children* program for adults utilizes a “train-the-facilitator” format so that a local parish or religious organization can use its own personnel (usually volunteers) to deliver this presentation to local congregations and other groups. The program includes two videos: *A Time to Protect God’s Children* and *A Plan to Protect God’s Children* to help initiate discussion with program participants.

*VIRTUS Online™* is the foundation of all the VIRTUS programs. VIRTUS Online provides ongoing training, re-certification, and information from experts on a weekly basis. All VIRTUS Online training is tracked and recorded to ensure that curriculum objectives are met and to help Catholic dioceses comply with the training and verification requirements of the United States Conference of Catholic Bishops. Importantly, the VIRTUS Online platform provides dioceses with a comprehensive employment practices platform that supports the training and tracking of other staff and volunteer functions outside of the VIRTUS programs and entrenches a more comprehensive “safe environment” approach to a broad range of risk management issues, including the prevention of all forms of sexual abuse and sexual misconduct.

## National Center for Missing & Exploited Children / NCMEC

699 Prince Street  
Alexandria, VA 22314-3175

**PHONE:** 703-274-3900  
**TOLL FREE:** 800-THE-LOST (1-800-843-5678)  
**TTY:** 800-826-7653  
**FAX:** 703-274-2200  
**E-MAIL:** go to website address  
**WEBSITE:** [www.missingkids.com](http://www.missingkids.com)



### CyberTipline and Child Pornography Tipline

**AUDIENCE:** Parents. Guardians. Community members.  
Trafficked and sexually-exploited children.

The CyberTipline was created for individuals to report incidents of child-sexual exploitation. NCMEC, in partnership with the Federal Bureau of Investigation, Immigration and Customs Enforcement, U.S. Secret Service, the U.S. Postal Inspection Services, and state and local law enforcement agencies, launched the CyberTipline on March 9, 1998. The number for the CyberTipline is 1-800-843-5678. The website is [www.cybertipline.com](http://www.cybertipline.com). Child-sexual exploitation may include:

- Possession, manufacture, and distribution of pornographic images of children
- Online enticement of children for sexual acts
- Child victims of prostitution
- Child victims of sex tourism
- Child victims of sexual molestation (not by a family member)
- Unsolicited obscene material sent to a child



### Teen Safety on the Information Highway

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents. Guardians.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 24-page booklet offers detailed information and safety tips for teenagers and parents/guardians of teenagers who use the Internet.

This brochure may be downloaded at no charge or order the first 50 copies free.



### Child Safety on the Information Highway

**AUDIENCE:** Elementary school age children. Parents. Guardians. Other family members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet offers online safety tips and information for parents, guardians, and families of elementary school age children who use computer online services.

This brochure may be downloaded at no charge or order the first 50 copies free.

## National Center for Missing & Exploited Children (continued)



### Campaign Against Child Sexual Exploitation

**AUDIENCE:** Parents. Guardians. Community members. African American and Latino communities.

**OTHER LANGUAGES:** Portions of collateral information are available in Spanish.

The goal of the Campaign Against Child Sexual Exploitation is to increase NCMEC's visibility as a resource in child sexual exploitation cases. The campaign information package includes *Preventing the Sexual Exploitation of Children*, *Parental Guidelines in Case Your Child Might Someday Be the Victim of Sexual Exploitation*, and the 11" x 17" campaign advertisement. The central messages of this campaign are:

- Child sexual exploitation is a major problem
- If you suspect it, report it to law enforcement
- Call NCMEC

NCMEC will encourage the public to access prevention information and report these crimes against children through NCMEC's Hotline at 1.800.843.5678 or online at [www.cybertipline.com](http://www.cybertipline.com). NCMEC/Florida is the central point for NCMEC child-protection education and prevention. To learn more about prevention programs and publications to assist with educational needs, call NCMEC/FL toll free at 1-866-476-2338.



### NetSmartz Workshop

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Guardians. Educators, law enforcement.

**AVAILABLE FOR PURCHASE.**

The NetSmartz Workshop® is an interactive, educational resource for children (5-17), parents, guardians, educators, and law enforcement that uses age-appropriate 3-D activities to teach children how to stay safer on the Internet. The overall goal of the NetSmartz Workshop® is to extend the safety awareness of children to prevent victimization and increase self-confidence whenever they go online.



### Guidelines for Programs to Reduce Child Victimization: A Resource for Communities When Choosing a Program to Teach Personal Safety

**AUDIENCE:** Educators. Prevention educators.

**AVAILABLE FOR PURCHASE.**

This 20-page document details the recommendations of NCMEC's Education Standards Task Force regarding guidelines for communities when choosing or developing programs to teach personal safety to children.

The first copy is free for individuals. The first 10 copies are free for schools and community groups. Each additional copy is \$3.



## National Center for Missing & Exploited Children (continued)



### Knowing My 8 Rules

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.

**OTHER LANGUAGES:** Albanian, Amharic, Arabic, Armenian (Eastern and Western), Bulgarian, Chinese, Czech, Danish, English, Farsi, French, German, Haitian Creole, Hmong, Hungarian, Italian, Japanese, Khmer, Lao, Pashto, Polish, Portuguese, Romanian, Russian, Slovak, Somali, Spanish, Tigrinya, Ukrainian, and Vietnamese.

**AVAILABLE FOR PURCHASE.**

*Knowing My 8 Rules* is a list of personal safety tips for children in many languages.

This brochure may be downloaded at no charge or order the first 5 copies free.



### Child Protection

**AUDIENCE:** Parents. Guardians.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 8-page brochure offers prevention tips and information for parents, guardians, and children.

This brochure may be downloaded at no charge or order the first 50 copies free.



### For Camp Counselors

**AUDIENCE:** Camp counselors.

**AVAILABLE FOR PURCHASE.**

This brochure offers information about detecting and reporting child sexual exploitation in a camp setting.

This brochure may be downloaded at no charge or order the first 50 copies free.



### Just in Case Series

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Guardians. Other family members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

The *Just in Case Series* brochures provide information for parents and families on a variety of topics including tips on how to choose a babysitter or daycare to help prevent abduction and sexual exploitation.

These brochures may be downloaded at no charge or order the first 50 copies free.

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## National Center for Missing & Exploited Children (continued)



### Know the Rules Series

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Guardians.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

Titles in the *Know the Rules* series of one-page informational handouts include:

- Abduction and Kidnapping Prevention Tips for Parents
- After School Safety for Children Who Are Home Alone
- Child Safety for Door-to-Door Solicitation
- For Child Safety in Amusement or Theme Parks
- For Child Safety in Youth Sports
- For Going To and From School More Safely
- General Parental Tips to Help Keep Your Children Safer
- Internet Safety Quiz for Parents
- Safety Tips for Halloween
- Safety Tips for the Holidays
- School Safety Tips
- Summer Safety Tips for Children
- Summer Safety Tips for Parents
- When Your Child is Flying Unaccompanied
- When Your Child is Traveling Unaccompanied by Bus or Train

These brochures may be downloaded at no charge or order the first 50 copies free.



### Help Delete Online Predators (HDOP)

**AUDIENCE:** Parents. Guardians. Other family members.

**OTHER LANGUAGES:** Spanish.

This 2004 ad campaign by the National Center for Missing & Exploited Children and its partner, the Ad Council, alerts families about online child sexual exploitation. This campaign includes an interactive website, [www.missingkids.com/adCouncil](http://www.missingkids.com/adCouncil) featuring print ads, online ads, public service announcements, a downloadable brochure, and a parent quiz on online chatroom acronyms.



### Personal Safety for Children: A Guide for Parents

**AUDIENCE:** Parents. Guardians. African American and Latino communities.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

The 14-page booklet provides parents and guardians with information about how to help keep their children safer at home, at school, and in the community.

This guide may be downloaded at no charge or order a free copy from NCMEC.

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## National Child Protection Clearinghouse

300 Queen Street  
Vic 3000  
Melbourne, AUSTRALIA

**PHONE:** 61 3 9214 7888  
**FAX:** 61 3 92147839  
**E-MAIL:** [ncpc@aifs.gov.au](mailto:ncpc@aifs.gov.au)  
**WEBSITE:** [www.aifs.gov.au/nch](http://www.aifs.gov.au/nch)



### National Child Protection Clearinghouse (Australia)

**AUDIENCE:** Professionals. Prevention educators.

The National Child Protection Clearinghouse (Australia) helps provide information to child abuse prevention advocates. The Clearinghouse maintains a catalog of research literature, specialized databases, and other information resources. The Australian Family & Society Abstracts database contains bibliographic and some full text information about the prevention of child abuse and neglect. The Clearinghouse disseminates information resources through regular paper and electronic publications. Advocates may join a mailing list to receive two issues papers and two newsletters per year. The Clearinghouse maintains and develops a 'good practice' programs/research database to document child abuse prevention projects and activities. Field professionals are invited to join an email list to discuss research, practice, and policy issues relating to child abuse prevention and protection.

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## National Children's Advocacy Center / NCAC

210 Pratt Avenue  
Huntsville, AL 35801

**PHONE:** 256-533-5437  
**FAX:** 256-534-6883  
**E-MAIL:** [bjackson@nationalcac.org](mailto:bjackson@nationalcac.org)  
**WEBSITE:** [www.nationacac.org](http://www.nationacac.org)



### National Children's Advocacy Center

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Professionals. Law enforcement.

The National Children's Advocacy Center (NCAC) in Huntsville Alabama, is a non-profit agency providing prevention, intervention, and treatment services to physically and sexually abused children and their families within a child-focused team approach. Since opening in 1985 as the nation's first Children's Advocacy Center, the NCAC has become a leader in the field of prevention and intervention of child maltreatment. The NCAC hosts the annual National Symposium on Child Abuse, the National CAC Academy, as well as many other professional child abuse training programs.



### Stop Child Abuse and Neglect

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. Parents. Educators. Prevention educators.

**AVAILABLE FOR PURCHASE.**

*Stop Child Abuse and Neglect (SCAN)* is a primary child abuse prevention program utilizing several program modes designed to protect children from child abuse and neglect through the education of school-age children, their parents, and other authority figures. *SCAN's* primary goals are to empower children by teaching them the skills they need to protect themselves from child abuse, helping them understand the different forms of abuse, and, if it is happening to them, how they can get help. Participants learn that it is NEVER the child's fault. Presentations inform students how to react in threatening situations and how to build self-confidence. *SCAN's* messages are presented using the following programs:

- "There is Someone to Talk To" (grades K-1): puppeteer and facilitator
- "Safety Inside and Outside the Home" (grades 3 and 5): video, presentation, role-playing
- "Come In From the Storm" (grade 7): video, presentation, role-playing

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## National Children's Alliance / NCA

1612 K Street NW, Suite 500  
Washington, DC 20006

**PHONE:** 202-452-6001  
**TOLL FREE:** 800-239-9950  
**FAX:** 202-452-6002  
**E-MAIL:** [info@nca-online.org](mailto:info@nca-online.org)  
**WEBSITE:** [www.nca-online.org](http://www.nca-online.org)



### National Children's Alliance

**AUDIENCE:** Children's Advocacy Centers.

National Children's Alliance (formerly the National Network of Children's Advocacy Centers) is a not-for-profit organization whose mission is to provide training, technical assistance and networking opportunities to communities seeking to plan, establish and improve Children's Advocacy Centers.

The National Children's Alliance consists of a network of Children's Advocacy Centers in all 50 United States, the District of Columbia, Saipan, and in various Native American Tribes. For a complete list of Children's Advocacy Centers, please visit the National Children's Alliance website: <http://www.nca-online.org/members.html>.

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## National Clearinghouse on Child Abuse and Neglect Information

330 C Street SW  
Washington, DC 20447

PHONE: 703-385-7565  
TOLL FREE: 800-394-3366  
FAX: 703-385-3206  
E-MAIL: [nccanch@caliber.com](mailto:nccanch@caliber.com)  
WEBSITE: <http://nccanch.acf.hhs.gov>



### Child Abuse Prevention Month (April)–Community Resource Packet

**AUDIENCE:** Community members. Prevention educators. Advocates.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

The National Clearinghouse on Child Abuse and Neglect Information (a program of the U.S. Department of Health and Human Services' Children's Bureau, Office on Child Abuse and Neglect) has partnered with key national child abuse prevention organizations to identify strategies to promote greater visibility of child abuse prevention activities during Child Abuse Prevention Month and throughout the year.

The Child Abuse Prevention Initiative Website helps communities to develop, promote, and sustain child abuse prevention activities during National Child Abuse Prevention Month in April, and throughout the year (<http://nccanch.acf.hhs.gov/topics/prevention/index.cfm>). This website includes downloadable items such as tips for involving the media, sample talking points, sample public service announcements, press releases, information on where to find child abuse data, and more.

Much of the information on the Clearinghouse website is available at no charge.

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## National/International Center for Assault Protection / NCAP/ICAP

606 Delsea Drive  
Sewell, NJ 08080

**PHONE:** 856-582-7000 ext.158  
**TOLL FREE:** 800-258-3189  
**FAX:** 856-582-3588  
**E-MAIL:** patstan1@patmedia.net  
**WEBSITE:** www.ncap.org



### Child Assault Prevention (CAP) Project

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. Parents. Educators. Prevention educators.

**OTHER LANGUAGES:** Spanish, French, Japanese, Russian, Slovenian.

**AVAILABLE FOR PURCHASE.**

The Child Assault Prevention (CAP) Project is a program of the National Center for Assault Prevention. CAP offers empowering workshops to parents, teachers and children as part of a community-based approach to prevention. Because CAP is community-based, the program encourages collaboration and networking among the agencies and organizations traditionally responsible for issues involving abuse and neglect. It encourages all community members to take an active part in empowering and protecting children. Extensive educational workshops help parents and teachers understand and recognize the nature of abuse, learn identifiers, and explore ways they can interact with children to prevent it. Workshops for children offer an interactive and entertaining way to educate children about their personal safety. Using guided group discussions and role-plays, the CAP team focuses on assault situations involving peers, strangers, and someone the child knows and trusts. Helping the children strategize solutions to these problem situations is both empowering and educational. After the children complete the workshop, they are invited to individually speak with members of the CAP team.



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## Nebraska Domestic Violence Sexual Assault Coalition / NDVSAC

825 M. Street, Suite 404  
Lincoln, NE 68508

**PHONE:** 402-476-6256  
**FAX:** 402-476-6806  
**E-MAIL:** [info@ndvsac.org](mailto:info@ndvsac.org)  
**WEBSITE:** [www.ndvsac.org](http://www.ndvsac.org)



### Reaching & Teaching Teens to Stop Violence

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 280-page curriculum includes presenter lesson plans, activities, role plays, teen survivor experiences, and suggested videos. The curriculum is divided into the following five units:

- Do You Hear What I Hear? (Sexual Harassment)
- Every 8 Seconds (Sexual Assault)
- When Flowers Don't Fix It (Dating Violence)
- The Power of Equality (Healthy Relationships)
- Toxic Scripts (Gender & Violence)

Each topic can be presented independently or in conjunction with any other unit. Each unit features goals and objectives; sample lesson plans for 3, 2, and 1 day programs; an overview of the unit topic; a variety of activities including role plays, video guides, teen stories, homework assignments; handouts and fact sheets; suggested videos; related readings; and, teacher and student evaluations. The curriculum also contains a five part appendix covering child sexual assault issues, additional activities, safety planning, video ordering information, and information for contacting local domestic violence and sexual assault programs.

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## Nevada Coalition Against Sexual Violence / NCASV

P.O. Box 530103  
Las Vegas, NV 89053

PHONE: 702-940-2033  
FAX: 702-940-2032  
E-MAIL: [jodi@ncasv.org](mailto:jodi@ncasv.org)  
WEBSITE: [www.ncasv.org](http://www.ncasv.org)



### Sexual Assault Prevention Program (SAPE)

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

This 45-minute curriculum is designed to promote sexual assault awareness and prevention strategies. Topics covered include date and acquaintance rape, sexual harassment, healthy vs. unhealthy relationships, statutory rape, and different forms of sexual violence. The curriculum and learning materials are presented in an interactive method that includes activities and can be taught in the classroom at the request of any teacher, dean, school nurse, or administrator. Each student is given an information and activity packet to take home. Teachers are also provided with materials if they would like to do follow-up activities in later classes.

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## New Dimension Media

680 North Lake Shore Drive, Suite 900  
Chicago, IL 60611

PHONE: 312-642-9400  
TOLL FREE: 800-288-4456  
FAX: 312-642-9805  
E-MAIL: [info@ndmquestar.com](mailto:info@ndmquestar.com)  
WEBSITE: [www.ndmquestar.com](http://www.ndmquestar.com)



### Boys Will be Boys: Sexual Harassment in the School

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

In this 13-minute video, students, parents, teachers and principals address sexual harassment in schools, why it has been tolerated, and how to change it.



### Teen Awareness/Sexual Harassment

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 24-minute video, with accompanying student guide, demonstrates what constitutes sexual harassment in the school environment, and suggests positive ways to deal with it.

## New Dimension media (continued)



### Caught In The Net

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 15-minute video profiles possible dangers inherent in using the Internet and helps sensitize young web surfers to the necessity for caution in its use.



### Tuning In To Sexual Harassment

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.

**AVAILABLE FOR PURCHASE.**

This 17-minute video describes sexual harassment in a manner appropriate to pre-teens and young teens. Through dramatic reenactments and peer commentary, it provides examples of inappropriate behavior and ways to deal with it. A study guide accompanies the video.

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## New England Adolescent Research Institute / NEARI Press

70 North Summer Street  
Holyoke, MA 01040

**PHONE:** 843-572-3498

**FAX:** 843-574-9394

**E-MAIL:** sbengis@aol.com

**WEBSITE:** [www.roblongo.com/npress.html](http://www.roblongo.com/npress.html)



### Moving Beyond Sexually Abusive Behavior: A Relapse Prevention Curriculum

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Adolescent aggressors/offenders. Professionals.

**AVAILABLE FOR PURCHASE.**

This 88-page curriculum guide/manual for therapists and 52-page student manual are designed to help therapists work with adolescent sex offenders to prevent relapse.

## New England Adolescent Research Institute (continued)



### **Facing the Future: A Guide for Parents of Young People Who Have Sexually Abused**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 160-page book designed for parents of sexual abusers will help parents:

- Understand what is and what's not normal in children and young people's sexual behavior
- Learn about pathways into, and patterns of, sexually abusive behavior
- Deal with the crisis of the abuse
- Cope with difficult feelings
- Make positive changes to how they behave as parents and as families
- Manage risky or worrying situations
- Work effectively with professionals and contribute to 'treatment' work



### **Using Conscience as a Guide: Enhancing Sex Offender Treatment in the Moral Domain**

**AUDIENCE:** Professionals.

**AVAILABLE FOR PURCHASE.**

This new book addresses a major task in treating patients with sexual behavior and sexual aggression problems, by teaching the reader how to work with conscience and conscience development.

Chapters include:

- Why Sex Offender Programs Should Pay Attention to the Conscience
- Theories About Moral Development
- An Inquiry into Your Conscience (16 Week Structured Program)

The author has also written an accompanying student manual that parallels the 16 week curriculum.



### **Growing Beyond Sexually Abuse Behavior: A Workbook for Teenage Girls**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Teenage female sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

*Growing Beyond* is a workbook for female adolescents who sexually abuse. This workbook is an excellent resource with ten chapters, appendices, and self-administered quizzes to test materials learned. Chapters listed below include homework assignments and exercises:

- Sharing your story
- The basics
- Your relationships
- Your true self
- Your sexuality
- Your abuse history
- The impact of sexual abuse
- Victim empathy
- Some more helpful tools
- Putting the puzzle together

## New York State Office of Children and Family Services

52 Washington Street  
Rensselaer, NY 12144

PHONE: 518-473-7793  
E-MAIL: [cfspio@dfa.state.ny.us](mailto:cfspio@dfa.state.ny.us)  
WEBSITE: [www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)



### Say No! Protecting Children Against Child Abuse

AUDIENCE: Parents.

OTHER LANGUAGES: Spanish.

This 13-page booklet defines child sexual abuse and provides suggestions to parents and guardians on how to teach children about protecting themselves against sexual abuse. The booklet also includes an updated bibliography providing additional resources on child sexual abuse.

This booklet may be downloaded at no charge: [www.ocfs.state.ny.us/main/publications/Pub1154-SayNO.pdf](http://www.ocfs.state.ny.us/main/publications/Pub1154-SayNO.pdf)

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## No Neutral Ground

P.O. Box 15951  
Newport Beach, CA 92659

PHONE: 949-646-1810  
E-MAIL: [NNGDF@aol.com](mailto:NNGDF@aol.com)



### Your Guide to Child Protection

AUDIENCE: Parents.

OTHER LANGUAGES: Spanish.

*Your Guide to Child Protection* is an online brochure designed to provide parents and other guardians with the following information to help prevent child sexual abuse:

- Child molesters—who they are
- Identifying characteristics of the child molester
- Kinds of traps a child molester sets for your children—and where he sets them
- How to choose a day care center
- Instructing your children what to watch for, and how to act if he or she is approached
- Critical safety tips for parents
- What to do if your child is molested

This guide is available online at no charge: [www.designm.com/protectkids/index.htm](http://www.designm.com/protectkids/index.htm).

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## Olweus Bullying Prevention Program

Clemson University

Clemson, SC 29634

**PHONE:** 864-710-4562  
**FAX:** 406-862-8971  
**E-MAIL:** nobully@clemson.edu  
**WEBSITE:** www.clemson.edu/olweus/

The Olweus [pronounced Ol-VEY-us] Bullying Prevention Program is a comprehensive, school-wide program designed for use in elementary, middle, or junior high schools. Its goals are to reduce and prevent bullying problems among school children and to improve peer relations at school. The program has been found to reduce bullying among children, improve the social climate of classrooms, and reduce related antisocial behaviors, such as vandalism and truancy. Pennsylvania was the first to implement this program state-wide, and it has been implemented in more than one dozen countries around the world.

Olweus provides "Train the Trainer" programs as well as guidelines, consultations and training manuals to assist school administrators in program implementation.

Core components of the program are implemented at the school, classroom, and individual levels.

- School-level components include-
- Formation of a Bullying Prevention Coordinating Committee
- Distribution of an anonymous student questionnaire assessing the nature and prevalence of bullying
- Training for committee members and staff
- Development of a coordinated system of supervision
- Adoption of school-wide rules against bullying
- Development of appropriate positive and negative consequences for students' behavior
- Holding staff discussion groups related to the program
- Involvement of parents

Classroom-level components include-

- Reinforcement of school-wide rules against bullying
- Holding regular classroom meetings with students to increase knowledge and empathy
- Informational meetings with parents

Individual-level components include-

- Interventions with children who bully
- Interventions with children who are bullied
- Discussions with parents of involved students

This program has been endorsed by the International Association of Chiefs of Police (IACP). They also have an anti-bullying campaign that can be found at their web site:

Direct web site: <http://www.iacp.org/>

Anti-bullying campaign: <http://www.iacp.org/Training/bullyingbrief.pdf>

## Ounce of Prevention Fund / OPF

122 S. Michigan Avenue, Suite 2050  
Chicago, IL 60603

PHONE: 312-922-3863  
FAX: 312-922-0626  
E-MAIL: [claired@ounceofprevention.org](mailto:claired@ounceofprevention.org)  
WEBSITE: [www.ounceofprevention.org](http://www.ounceofprevention.org)



### Heart to Heart

AUDIENCE: Parents. Teenage parents.

AVAILABLE FOR PURCHASE.

*Heart to Heart* uses curriculum-driven group sessions to share information and provide support for young parents about the risks of sexual abuse and the strategies they can use to protect their own children. The *Heart to Heart* program consists of 12-15 two-hour sessions and includes a volunteer mentor component, journaling, and a community service project. The group is best implemented in the context of an ongoing parent group, where relationships have developed, but can be conducted as a “stand alone” group. *Heart to Heart* groups can be facilitated by a paraprofessional team, but the model requires that clinical consultation be available for staff, and that intervention be available for participants.

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## Parenting Press

P.O. Box 75267  
Seattle, WA 98175

PHONE: 206-364-2900  
TOLL FREE: 800-992-6657  
FAX: 206-364-0702  
E-MAIL: [office@ParentingPress.com](mailto:office@ParentingPress.com)  
WEBSITE: [www.ParentingPress.com](http://www.ParentingPress.com)



### Loving Touches

AUDIENCE: Preschool age children. Elementary school age children.

AVAILABLE FOR PURCHASE.

This 32-page book teaches children how to ask for and give loving touches. Children will also learn how to respect their own and other's bodies.



## Parenting Press (continued)



### It's MY Body

**AUDIENCE:** Preschool age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

*It's MY Body* is a 32-page book that was written to help adults and preschool age children talk about sexual abuse together in a way which minimizes embarrassment and fear, but emphasizes self-reliance and open communication. There are no specific references and stories about sexual abuse in this book. This book helps children learn how their feelings can help them make decisions about sharing their bodies, and how to communicate those decisions to others. *It's MY Body* introduces two "touching codes" which children can use to protect themselves when they are uncomfortable.



### Protect Your Child From Sexual Abuse: A Parent's Guide

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

Written to accompany *It's MY Body*, this 64-page guide offers parents information about sexual abuse and what to do to prevent child abuse. This guide includes a variety of activities and games for parents and other adults to use as teaching tools with children.



### Trouble With Secrets, The

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

Secrets can be a confusing issue for children. This 32-page read-aloud book helps children distinguish between harmful secrets and good surprises.



### Telling Isn't Tattling

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

Many children and adults have trouble knowing the difference between "telling" and "tattling." This 32-page book helps children learn when to tell an adult they need help and when to deal with problems themselves. Adults learn when to pay attention to kids' requests for help. Thirteen stories portray typical examples of children telling or tattling. Each one ends with the question, "Is she/he telling or tattling?" Alternatives to tattling, and additional suggestions for telling, round out each story.



### Something Happened and I'm Scared to Tell

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

In this 32-page book, a friendly lion helps a young sexual abuse victim talk about sexual abuse and recover self-esteem. This book offers a gentle and positive approach to reassure children.

## Parents for Megan's Law

P.O. Box 145  
Stony Brook, New York 11790

**PHONE:** 888-ASK-PMFL or 631-689-2672

**E-MAIL:** pfmeganslaw@aol.com

**WEBSITE:** www.parentsformeganslaw.com

### Parents for Megan's Law



**AUDIENCE:** Parents and communities members who want information on prevention of child sex abuse.

Parents for Megan's Law, Inc. (PFML) is a non-profit 501 (c) (3) national community and victims rights organization dedicated to the prevention and treatment of childhood sexual abuse through the provision of education, advocacy, counseling, policy and legislative support services. Some examples of their activities are as follows:

- A helpline to assist communities in accessing information about registered sex offenders and to assist in effectively and responsibly managing Megan's Law notifications.
- Prevention Education Literature
- Advocacy through collaboration with local and federal law enforcement agencies, executive, legislative and judicial agencies.
- Policy and legislative support
- Educational forums on Megan's Law, childhood sexual abuse prevention education for adults and sexual abuse prevention workshops for children.
- PFML authors and distributes brochures to educate the public on their rights and responsibilities under Megan's Law and ways to prevent childhood sexual abuse.

## Pennsylvania Coalition Against Rape / PCAR

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Enola, PA 17025

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TOLL FREE: 800-692-7445  
TTY: 877-585-1091  
FAX: 717-728-9781  
E-MAIL: stop@pcar.org  
WEBSITE: www.pcar.org



### Xpose the Truth CD

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.  
**AVAILABLE FOR PURCHASE.**

This music CD contains ten powerful songs, all performed by young Pennsylvania artists. *Xpose* is a compilation of music, which includes rap, hip hop, alternative, and rock. Lyrics focus on self-esteem, healthy relationships, and statutory rape/sexual violence awareness and prevention. Appealing to both males and females, this CD can have a significant impact on teenagers and adults alike, both in the prevention of and healing from sexual violence.



### Reaching Out to Communities of Faith

**AUDIENCE:** Faith communities.  
**AVAILABLE FOR PURCHASE.**

In response to victims who seek refuge in their religious communities, this manual offers strategies for increasing the dialog between Christian and Jewish religious leaders and rape crisis service providers. Created with assistance and feedback from religious leaders, this resource provides relationship-building techniques, policies for reducing the risk of child sexual abuse in congregations, and clergy training programs. Spiral-bound and 87-pages in length, *Reaching Out to Communities of Faith* will help rape crisis programs that seek to broaden their outreach to this often isolated population.



### Sexuality and Sexual Assault Awareness for Empowerment (S.A.F.E.): A Preventative Educational Curriculum for Individuals with Physical Disabilities

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens. Physically-disabled children.  
**AVAILABLE FOR PURCHASE.**

*S.A.F.E.* is a comprehensive curriculum designed to assist facilitators in discussing the issues of sexuality, boundaries, sexual assault, and empowerment with individuals with physical disabilities.

## Pennsylvania Coalition Against Rape (continued)



### Three Kinds of Touches Book

**AUDIENCE:** Preschool age children. Hearing-impaired children. Visually-impaired children.

**OTHER LANGUAGES:** English Braille, Spanish, Spanish Braille.

**AVAILABLE FOR PURCHASE.**

One of four components to the *Three Kinds of Touches* series, this 82-page children's book helps teach children about three different kinds of touches: safe, "ouch," and "uh-oh". This book also portrays different cultures and abilities within the story line.



### Teen Sexual Violence Prevention Campaign

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Educators. Prevention educators.

**AVAILABLE FOR PURCHASE.**

PCAR's Teen Sexual Violence Prevention Campaign (TSVPC) provides sexual violence prevention educators and school personnel with multimedia tools that resonate with youth. Youth have been involved from the beginning in providing input regarding the form and direction of this campaign (see RYOT Against Rape below). The following elements are part of the TSVPC:

- *Xpose the Truth*: music CD features quality original music from young Pennsylvania artists. Music varies from rap and hip-hop to R&B and heavy metal. Lyrics focus on healthy relationships, self-esteem, statutory rape/sexual violence awareness and prevention
- *Survivor Story*—Music video featuring a song from Xpose the Truth deals with male sexual assault
- *Gonna Make It*—Music video featuring a song from Xpose the Truth focuses on incest, drug facilitated sexual assault, and male involvement in the prevention of sexual violence
- *TEENesteeem*—This magazine empowers teen girls with realistic advice and useful information on sexual violence prevention and statutory rape
- *ROAR* (Rappers and Rockers Organized Against Rape)—This 75-minute program employs live performances by ROAR musicians, music videos (*Gonna Make It* and *Survivor Story*), breakout sessions and discussion to delivering anti-sexual violence campaign messages to high school youth
- *TEENpcar.com*—This website features the latest interactive technology to capture teens' attention (males and females) and provides opportunities for teens to voice opinions, provide feedback and invites youth to join the teenpcar club
- *RYOT Against Rape* (Rallying Youth Organized Together Against Rape)—This teen board utilizes peer leadership and influence to help develop school and community-based responses to sexual violence prevention

TEENpcar.com (website)and RYOT Against Rape are PCAR resources only and not available for purchase.



### Risk Reduction Brochure

**AUDIENCE:** High school age youth/teens. Other adults.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

Written for teenagers and adults, this brochure defines sexual violence, shares the statistical prevalence of sexual assault, offers tips for reducing one's risk of being victimized, and suggests ways to end sexual violence.

## Pennsylvania Coalition Against Rape (continued)



### Child Sexual Abuse Brochure

**AUDIENCE:** Parents. Other caregivers.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

A resource for parents and caregivers, this brochure explains what child sexual abuse is, signs that a child is being abused, who sexually abuses children, what to do (and not to do) if a child discloses, why some children do not disclose, and how to protect children from sexual abuse.



### Safe Touch Rule

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Knowing the Safe Touch Rule* and what to do when someone breaks it will help kids stay safe. This 9-minute video combines animation, live action, and upbeat songs to make it fun and easy for kids to remember the Safe Touch Rule.



### Girl Power!

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.

Pre-adolescent females.

**AVAILABLE FOR PURCHASE.**

*Girl Power!* Is a curriculum that provides sexual assault prevention/education programming for pre-adolescent girls in a support group setting. *Girl Power!* focuses on the significant correlation between sexual assault and drug and alcohol abuse. The curriculum addresses identity, diversity, communication, decision-making, drug and alcohol prevention, and sexual assault prevention. The goal of *Girl Power!* is to help girls build personal and social competency skills that empower them to promote personal safety in their lives.



### Three Kinds of Touches Video

**AUDIENCE:** Preschool age children.

**AVAILABLE FOR PURCHASE.**

One of four components in the *Three Kinds of Touches* series, this 8-minute video teaches young children about Safe, Ouch, and Uh-Oh touches, and validates their feelings. Based on the book of the same name, the *Three Kinds of Touches* video captures children's interest through its colorful illustrations and children's narrative, while portraying children of different cultures and abilities.



### Three Kinds of Touches Flashcard Game

**AUDIENCE:** Preschool age children.

**AVAILABLE FOR PURCHASE.**

One of four components in the *Three Kinds of Touches* series, this flashcard game helps teach children to recognize Safe, Ouch, and Uh-Oh touches. Colorful illustrations hold children's attention and interest. Each heavy-duty laminated card has helpful activity questions printed on the back. Cards come with a carry-all vinyl pouch.

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## Pennsylvania Coalition Against Rape (continued)



### HERO Project

**AUDIENCE:** Parents. Community members. Non-mandated reporters.

**OTHER LANGUAGES:** Spanish.

HERO is a primary child abuse prevention strategy designed to reduce the incidence of child sexual abuse through a media campaign. Employing PSA's, print ads, newspaper inserts and other media, HERO increases awareness of child sexual abuse and encourages adults who are not legally mandated to report child sexual abuse to call the established 24-hour HERO Hotline if they suspect child sexual abuse in order to get information, support, and resources.



### Three Kinds of Touches—Curriculum

**AUDIENCE:** Preschool age children. Parents. Educators.

**AVAILABLE FOR PURCHASE.**

One of four components to the *Three Kinds of Touches* series, this curriculum was designed for educators presenting sexual abuse prevention education programming at the preschool level. In addition to the actual classroom presentation, much of the material is geared toward parents as primary educators regarding child safety. The curriculum includes classroom presentations, parent workshops, a teacher in-service, take-home materials, and program evaluations.



### TEENesteem Magazine

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Adolescent and teenage females.

**AVAILABLE FOR PURCHASE.**

This 21-page teen'zine for girls features articles exposing the dangers of club drugs and the reality of acquaintance rape. *TEENesteem* also addresses how to talk to parents about sex and the safety concerns of online dating. Mirroring other teen magazines, it includes horoscopes, an advice column, and fashion tips. All information serves to educate and empower girls to prevent sexual assault.



### Internet Safety

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Parents. Educators. Other adults.

**AVAILABLE FOR PURCHASE.**

This interactive curriculum is divided into four parts: “Click on Safety” for grades 4-6; “Techknowledgy” for grades 7-8; a parent’s program; and a teacher’s program. Programs for students contain assignments to test their problem-solving and Internet skills and provide them with action steps for reporting inappropriate activities. Adult programs are intended to present important information to assist them in understanding the Internet and its potential dangers to unsupervised children while providing reassurance that the Internet is a tool that can provide access to a vast and exciting world of knowledge, fun, and resources.

## Pennsylvania Coalition Against Rape (continued)



### Touching Safety Puppet Show

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This innovative puppet show is intended for presentation over three sessions. This risk-reduction program utilizes behavior skills training, which is designed to provide opportunities for children to practice self-protective responses.



### Truth and Consequences: Sexual Harassment

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Truth and Consequences: Sexual Harassment* is an interactive exercise/game that engages teens in dialogue about sexual harassment in the school and workplace.



### Truth and Consequences: Statutory Rape

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

Presented as an interactive exercise, this educational outreach tool engages teens in dialogue about statutory sexual assault. Game questions are designed to provide information on the legal and social responsibilities of being a young parent and on coercive/non-consensual sex.



### Empowering Young Women to Make Healthy Choices

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Adolescent and teenage females.

**AVAILABLE FOR PURCHASE.**

This curriculum manual provides tools and strategies to facilitate discussion about sexual violence in a manner that fosters the development of leadership and decision-making skills. Through the use of facilitated discussion, videos, role play and journaling, young women are empowered to make healthy choices in relationships.



### Building Healthy Relationships

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.

High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

The *Building Healthy Relationships* curriculum addresses sexual harassment, bullying, respect, and healthy relationships in ways that are educational and entertaining for all grades. *Building Healthy Relationships* is a two-part curriculum that includes different lesson plans and interactive activities for grades K-2, 3-5, 6-8, and 9-12.



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## Pennsylvania Coalition Against Rape (continued)



### **Statutory Rape: Strategies for Empowering Middle School Students**

**AUDIENCE:** Middle school age youth/adolescents.

**AVAILABLE FOR PURCHASE.**

This comprehensive training manual provides the presenter with critical information on statutory rape and is designed to heighten awareness regarding this crime. The format is flexible in that it can be combined with other curricula or used alone. The curriculum can extend from 15-45 minutes and employs multiple approaches such as handouts, lecture, and case study/role play.

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## Planned Parenthood Cincinnati Region / PPCR

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Cincinnati, OH 45219

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**E-MAIL:** [ppcr@ppfa.org](mailto:ppcr@ppfa.org)

**WEBSITE:** [www.plannedparenthood.org/cinci](http://www.plannedparenthood.org/cinci)



### **Sexual Abuse Prevention: 5 Safety Rules for Persons Who Are Mentally Handicapped**

**AUDIENCE:** Middle school age youth/adolescents. Professionals who work with developmentally disabled youth. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

*Sexual Abuse Prevention: Five Safety Rules for Persons Who Are Mentally Handicapped* is a 30-minute video that teaches persons with developmental and cognitive disabilities how to avoid potentially abusive situations. Five individual vignettes teach the following safety rules: your body belongs to you, keep your clothes on in public, say “No,” get away, and tell someone. Children and adolescents with disabilities are the actors in this program. The scenes depict realistic situations that might arise in a school bus, a restroom, or even at home. This program is especially appropriate for use in classes, group homes, or counseling situations for children, adolescents, and young adults with moderate and severe mental disabilities.

## Planned Parenthood Cincinnati Region (continued)



### Am I In A Healthy Relationship

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This educational brochure provides teens with easy-to-read information on:

- How to identify and resist sexual coercion
- Traits of abusive relationships: emotional, verbal, physical and sexual
- The risks associated with age-disparity relationships
- How drugs and alcohol affect decision-making
- How to say “NO” in a relationship
- Dating rights and self-esteem
- Where to get help if you are in an unhealthy relationship



### Looking For Love: Exploring Teen-Adult Relationships

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. At-risk youth.

**AVAILABLE FOR PURCHASE.**

This 22-minute video examines the serious issue of adolescents who are involved in “dating” relationships with persons who are significantly older (adults). This prevention program focuses on five teens who discuss their experiences with dating adults—both positive and negative. The video and accompanying instructional materials present four major themes as they relate to age-disparity relationships:

- Attraction: explores the reasons why teens choose to date adults
- Power: reveals how the imbalance of power in a relationship can be harmful to teens and lead to emotional, physical and sexual exploitation
- Responsibility: Presents the risks of unintended pregnancy and of contracting sexually transmitted infections from an older partner
- Looking For More—explores elements of healthy relationships and summarizes the dangers of “dating” an adult



### Big 3—A Sexual Abuse Prevention Videotape For Preschoolers, The

**AUDIENCE:** Preschool age children.

**AVAILABLE FOR PURCHASE.**

The *Big 3* introduces personal safety skills to preschool age children. Created for and used in Head Start and other preschool programs, this 12-minute, developmentally-appropriate videotape presents three easy-to-learn rules for personal safety. Using simple language and everyday situations children are likely to encounter, the videotape provides a framework for teaching and reinforcing sexual abuse prevention strategies. The *Big 3* teaches children three primary concepts of personal safety:

- NO: Saying no to unwanted touching
- GO: Getting away from the abuser
- TELL: Telling someone about what happened

Children learn to use the rules whenever they are touched in ways that make them feel scared or just “not right” inside. The *Big 3* comes with a guide which provides additional information and presentation ideas. The videotape is designed to allow the instructor to stop and review each personal safety rule before moving on to the next concept.

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## Planned Parenthood of Northern New England / PPNNE

183 Talcott Road, Suite 101  
Williston, VT 05495

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TOLL FREE: 800-488-9638  
FAX: 802-878-8971  
E-MAIL: [education@ppnne.org](mailto:education@ppnne.org)  
WEBSITE: [www.ppnne.org](http://www.ppnne.org)



### Sexual Violence in Teenage Lives: A Prevention Curriculum

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**OTHER LANGUAGES:**

**AVAILABLE FOR PURCHASE.**

This curriculum's unique approach to teaching teens about sexual violence and its prevention is rooted in a belief that teenagers need models of sexual health in order to change or prevent unhealthy behavior. Consequently, this curriculum teaches teenagers not only how to reduce the risks of sexual violence, but also how to establish and maintain relationships that are safe, healthy, and pleasurable. The curriculum contains 27 lesson plans, complete with background information for teachers and handouts for students. The lessons cover a wide range of topics including myths and facts about sexual violence; defining consent; exploring sex role stereotypes; evaluating television, music and advertisements; parties, alcohol and sexual violence; jealousy and breaking up; talking comfortably about sexuality; qualities of a healthy relationship; and relationship rights and responsibilities.

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## Carol A. Plummer, Ph.D.

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### **Preventing Sexual Abuse: Activities and Strategies for Those Working with Children and Adolescents**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Prevention educators.

**AVAILABLE FOR PURCHASE.**

This 179-page curriculum guide provides information on how to implement and present a child sexual abuse prevention curriculum to children. The curriculum guide includes:

- Guidelines for instructors
- How to implement a prevention program in the school system
- How to involve parents
- Curriculum and lesson plans for K-6 and children with developmental and cognitive disabilities
- Curriculum and lesson plans for grades 7-12
- Appendices with information such as sexual abuse definitions, the touch continuum, prevention skills, reporting child abuse, classroom and organizational resources

Contact Carol Plummer for information on the availability of this guide.



### **Child Sexual Abuse Prevention Consulting**

**AUDIENCE:** Community members. Educators. Professionals.

**OTHER LANGUAGES:** Some materials available in Spanish.

**AVAILABLE FOR PURCHASE.**

Carol Plummer is a child sexual abuse prevention consultant and therapist with over twenty years of experience in child sexual abuse prevention and program development. Her program designs include use of media, community collaborations, parent education, teacher and professional training, education of children (school and non-school-based efforts), and research/program evaluation.

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## PMT Consultants / Child Abuse Prevention Services

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Berkeley, CA 94712

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### Songs for Keeping Kids Safe

**AUDIENCE:** Preschool age children. Elementary school age children. Visually-impaired children. Physically-disabled children. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

The three songs on this CD can be used with the *Keeping Kids Safe* and *I'm Somebody* programs for children with and without disabilities. The songs can also be used by parents and grandparents at home or by teachers at circle or song time. The *Touching Song* highlights the difference between positive (heart), confusing (question mark) and negative (no) touches, and how children can protect themselves from negative and confusing touches. The *Funny Feelings Song* encourages children to trust their “funny feelings” or intuition about uncomfortable and potentially abusive situations. The *I'm Somebody Song* enhances children’s confidence and self-esteem by teaching about disabilities, rights, feelings, and similarities and differences between people.



### I'm Somebody—A Child Sexual Abuse Prevention Curriculum for Children with Disabilities

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Parents. Caregivers and educators working with children with disabilities. Hearing-impaired children. Visually-impaired children. Physically-disabled children. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

The *I'm Somebody* program uses puppets and song to help reduce the vulnerability of children with disabilities to sexual abuse. The *I'm Somebody* training manual contains abuse prevention curricula developmentally-appropriate and modified for children with physical, vision, cognitive, learning, and emotional disabilities. It includes a disabilities awareness, pride, and self-esteem building session. The training manual is used to train parents and professionals working with children with disabilities to teach their children socialization and self-protection skills. Parents and caregivers learn vocabulary and self-esteem building and abuse prevention strategies to teach their children individually, in small groups in schools or other community settings. The *I'm Somebody* curriculum specifically for hearing impaired children is available through PMT Consultants.

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## PMT Consultants (continued)



### Keeping Kids Safe—A Child Sexual Abuse Prevention Curriculum

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Educators.

**OTHER LANGUAGES:** Parent permission slips available in Spanish.

**AVAILABLE FOR PURCHASE.**

*Keeping Kids Safe* is a child sexual abuse prevention curriculum for children ages 3-7, children ages 8-11, parents, and teachers. The curriculum manual contains a facilitator's guide (with background information on child sexual abuse), the *Keeping Kids Safe* prevention philosophy, and strategies on talking to children during "private time" after each presentation or when sexual abuse is suspected. Tips on classroom management and cultural considerations during in-school presentations are also provided.

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## Prevent Child Abuse America / PCA America

Fulfillment Center  
One Community Place  
South Deerfield, MA 01373

**PHONE:** 800-835-2671

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**WEBSITE:** <http://pcaamerica.channing-bete.com/>



### Prevent Child Abuse America

**AUDIENCE:**

Since 1972, Prevent Child Abuse America (PCA) has been a leader in building awareness and providing education to the general public and to everyone involved in the effort to prevent the abuse and neglect of our nation's children. Working with chapters in 39 states and the District of Columbia, PCA provides leadership to promote and implement prevention efforts at the national and local level. PCA's local programs, prevention initiatives and events help spread the word about preventing child abuse in communities throughout the United States, creating awareness that prevention is possible.

For a complete list of Prevent Child Abuse state chapters and programs, please visit PCA's website at: [http://www.preventchildabuse.org/get\\_local/index.html](http://www.preventchildabuse.org/get_local/index.html).

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## Prevent Child Abuse America (continued)



### **It Shouldn't Hurt To Be A Child**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

The 16-page booklet, *It Shouldn't Hurt To Be A Child*, provides a general-purpose overview of child abuse. This resource covers causes, symptoms, and legal issues surrounding child abuse, and explains how people can volunteer to assist abused children and their families.



### **Talking About Child Sexual Abuse**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet highlights signs and behaviors in children that may indicate sexual abuse. *Talking About Sexual Abuse* suggests an approach on how to talk to a child about sexual abuse, provides instructions for screening baby sitters and child-care centers, teaches how to report suspected abuse, and offers guidance to adults who were sexually abused as children.



### **Staying Safe on The Internet: A Guide For Parents**

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This 16-page booklet helps parents to prevent online abuse in ways that allow their children to continue to enjoy the Internet for its educational and entertainment value. Providing information without being alarmist, the booklet explains why parental supervision is crucial; sources and warning signs of online abuse; and steps to take if abuse is suspected. Strategies include time limits and “parent control” options offered by service providers.



### **Helping Prevent Child Sexual Abuse**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

The 16-page booklet, *Helping Prevent Child Sexual Abuse*, prepares readers to protect children from sexual abuse with easy-to-follow information on the key points of prevention:

- Strategies for reducing the risk of abuse
- Characteristics of abusers
- How this type of abuse happens
- The damaging effects on abused children
- Signs that a child is being sexually abused
- Actions to take if abuse is discovered



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## Prevent Child Abuse America (continued)



### **Amazing Spider Man® and Power Pack® on Sexual Abuse**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

The 20-page comic book teaches children strategies for protecting themselves from sexual abuse. The comic-book format provides the ideal way to communicate important information to children in a nonthreatening and reassuring manner.



### **Prevent Child Abuse America Advocacy Guide**

**AUDIENCE:** Professionals. Prevention educators. Advocates.

**AVAILABLE FOR PURCHASE.**

The 208-page *Prevent Child Abuse America Advocacy Guide* is a user-friendly tool kit that helps ensure effective advocacy. Loaded with examples of activities that anyone interested in child abuse prevention can participate in, the kit provides comprehensive information on a range of advocacy strategies such as coalition-building; legislative, media, and grassroots advocacy; and e-advocacy. Readers also get suggestions for activities that can be initiated before, during, and after an election.



### **You Can Help Prevent Child Abuse**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

The 32-page booklet, *You Can Help Prevent Child Abuse*, provides a comprehensive overview of child abuse prevention basics. It tells what to do if abuse is known or suspected, and increases readers' ability to detect abuse by describing forms of abuse, causes, risk factors, short- and long-term effects, and signs of abuse.



### **Look At Child Sexual Abuse, A**

**AUDIENCE:** Parents. Professionals. Community members.

**AVAILABLE FOR PURCHASE.**

The 52-page booklet, *A Look At Child Sexual Abuse*, reviews and summarizes current research and discussion of the subject. This comprehensive guide provides definitions and characteristics of child sexual abuse, descriptions of an offender's motives and characteristics, and a discussion of treatment and prevention efforts.

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## Prevent Child Abuse America (continued)



### **Who Knew?® The Stop The Hurting Issue**

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Parents. Other family members.

**AVAILABLE FOR PURCHASE.**

In this 12-page workbook, preteens learn to reach out to a trusted adult if they or a friend is maltreated in any way. With the help of interactive exercises, they also learn to build protective skills that help reduce the risk of abuse. Family activity page reinforces the workbook's messages by promoting discussion and continued learning at home.



### **Basic Facts About Child Sexual Abuse**

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

*Basic Facts about Child Sexual Abuse*, a 16-page booklet, answers key questions about child sexual abuse and describes physical and behavioral symptoms a sexually abused child might present. Includes a discussion about factors that contribute to incestuous behavior.

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## Prevent Child Abuse North Carolina

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**E-MAIL:** [info@preventchildabusenc.org](mailto:info@preventchildabusenc.org)

**WEBSITE:** [www.preventchildabusenc.org](http://www.preventchildabusenc.org)



### **Advice to Professionals on Child Sexual Abuse Prevention Programs for Preschoolers and Elementary-Aged Children**

**AUDIENCE:** Professionals. Educators. Prevention educators.

**AVAILABLE FOR PURCHASE.**

This 19-page manual provides a review of the research literature on child sexual abuse prevention programs for young children and information on the following topics:

- Background on Child Sexual Abuse
- Characteristics of Victims and Perpetrators
- Child Sex Abuse Prevention Programs and the Topics Covered
- Program Effectiveness
- Recommendations

Critical program components necessary to increase disclosures are also outlined in the publication.

## Prevent Child Abuse Vermont

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WEBSITE: [www.pcavt.org](http://www.pcavt.org)



### Understanding and Responding to Sexual Behavior of Children (URSBC)

AUDIENCE: Professionals. Educators.

AVAILABLE FOR PURCHASE.

The *Understanding and Responding to the Sexual Behavior of Children (URSBC)* training helps participants better understand the sexual development of children, as well as how to respond to children's questions about sexuality and problematic child sexual behavior in ways that promote healthy development. This training was adapted from a curriculum developed the Kempe Children's Center at the University of Colorado in Denver. The goals of the trainings are to help participants:

- Become comfortable with discussing child sexual development
- Learn more about child sexual development
- Learn how to recognize children's healthy sexual behavior, problematic behavior, and abuse
- Practice responding to children's sexual behavior and questions about sexuality in ways that promote healthy development
- Increase awareness of the scope and nature of child sexual abuse

(Please refer to the Kempe Children's Center entry in this directory for more information.)



### Sexual Abuse Free Environment for Teens Program™ (SAFE-T™)

AUDIENCE: Middle school age youth/adolescents.

AVAILABLE FOR PURCHASE.

The *SAFE-T* Program is a skills-based violence prevention and health education curriculum that provides both victim and perpetrator prevention and addresses the role of bystanders within middle school communities. *SAFE-T* creates a partnership between schools, parents/guardians and community agencies to prevent sexual victimization and build healthy relationships in young adolescents. The program consists of a teacher's guide, teen-adult dialogue workbook, student workbook, student journal and *SAFE-T* video used in conjunction with the curriculum.

*SAFE-T*'s curriculum units are structured around helping teens identify those factors that put them at risk for being hurt and for hurting others, as well as developing protective factors and enhancing resilience. Examples of the skills and factors addressed include empathy, communication skills, coping skills, peer pressure, stereotyping, self-esteem, accountability, thinking errors/cognitive misattributions and drug and alcohol use. *SAFE-T* is a highly experimental and interactive curriculum that utilizes multiple instructional approaches. Within the classroom, interactions are participatory and use structured group activities to introduce program content and promote skill acquisition.

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## Prevent Child Abuse Vermont (continued)



### Care For Kids

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Community members.

**AVAILABLE FOR PURCHASE.**

The goal of the *Care For Kids* Program is to prevent child sexual abuse through sexual health education and promotion. *Care For Kids* is a comprehensive community approach to fostering healthy sexual development in early childhood. The curriculum promotes adult understanding of children's sexual development; open, comfortable communication between adults and children about sexuality; and adult responsibility for the safety and healthy development of children. The *Care For Kids* workshop introduces the child sexual abuse prevention curriculum written especially for ages 3-7. Recognizing that adults need to take responsibility for the safety and health development of children, the program provides specific ways to foster open, non-threatening, developmentally-appropriate communications about the broad ranges of issues connected to healthy sexuality. In addition, it emphasizes the importance of raising nurturing and empathic boys and girls, and demonstrates the activities that lead to these outcomes. The *Care For Kids* curriculum uses seven themes to communicate positive messages about sexuality to children: bodies, babies, feelings, girls and boys, touching, bedtime, secrets and surprises. The first four themes develop self-esteem and positive attitudes toward sexuality and gender. The last three themes develop an understanding of body boundaries and coping with boundary violations. The themes can be easily incorporated into already existing curricula within the early childhood setting. Informational trainings are conducted for parents and community members, including preschools, childcare centers, etc. (See also: Leeds Grenville & Lanark Health Unit.)

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## Prevent Child Abuse Virginia

4901 Fitzhugh Avenue  
Richmond, VA 23230

**PHONE:** 804-359-6166  
**TOLL FREE:** 800-CHILDREN (800-244-5373)  
**FAX:** 804-359-5065  
**E-MAIL:** mail@pcav.org  
**WEBSITE:** www.preventchildabuseva.org



### Hugs and Kisses

**AUDIENCE:** Elementary school age children.

*Hugs and Kisses* is a sexual abuse prevention play for children in kindergarten through 5th grade. It sensitively relates the story of a girl who is sexually abused. During the course of the play, she learns valuable lessons that allow her to get help from a trusted adult.

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## Prevent Child Abuse Wisconsin

214 N. Hamilton Street  
Madison, WI 53703

PHONE: 608-256-3374  
TOLL FREE: 800-CHILDREN (800-244-5373)  
FAX: 608-256-3378  
E-MAIL: [pcawi@preventchildabusewi.org](mailto:pcawi@preventchildabusewi.org)  
WEBSITE: [www.preventchildabusewi.org](http://www.preventchildabusewi.org)



### Protective Behaviors

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents.

**AVAILABLE FOR PURCHASE.**

*Protective Behaviors* is a violence prevention process for both children and adults. It is based on two simple, yet powerful, themes: 1) We all have the right to feel safe all the time and others have the right to feel safe with us; and 2) We can talk with someone (we trust) about anything, no matter how awful or small. The teaching materials are designed to help children and adults develop strategies for integrating these two themes into the way they live their lives.

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## Prevention And Motivation Programs, Inc. / Good-Touch/Bad-Touch®

P.O. Box 1960  
659 Henderson Drive, Suite H  
Cartersville, GA 30120

PHONE: 770-607-9111  
TOLL FREE: 800-245-1527  
FAX: 770-607-9600  
E-MAIL: gtbt1@aol.com  
WEBSITE: www.goodtouchbadtouch.com



### Good-Touch/Bad-Touch®

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. Parents. Educators. Visually-impaired children. Physically-disabled children. Children 4–13 years old with special needs.

**OTHER LANGUAGES:** Parent book available in Spanish.

**AVAILABLE FOR PURCHASE.**

*Good-Touch/Bad-Touch® (GTBT)* is a comprehensive, research-based child abuse prevention curriculum designed for preschool and kindergarten through sixth grade students. *GTBT* includes a 21 to 27-hour training for educators, child advocates, and counselors. *GTBT* also provides parents with materials to use with their children at home. It teaches children the skills they need to help prevent or interrupt abuse/sexual abuse in their own lives. Children learn what abuse is; are taught prevention skills (including personal body safety rules); and are motivated to act if threatened or victimized. *GTBT* uses educational and child development principals and grows in content as children grow in age. *GTBT* teaches that most touches are good and most people do not hurt children. The concept of sexual abuse is introduced in the early grades and expands significantly with the upper grades. In the 5th grade the definition of sexual abuse expands to include rape, sexual harassment, and child pornography. Internet safety is also included.



### Most Important Rule of All, The

**AUDIENCE:** Preschool age children. Elementary school age children. Parents. Other adults.

**AVAILABLE FOR PURCHASE.**

This book is for parents, other family members, counselors, religious community leaders, and other adults to read aloud with children to help teach *Good-Touch/Bad-Touch®* at home. This book is designed to give adults and children a common language to discuss sexual abuse prevention skills.



### Just For Parents

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This booklet for parents provides basic information about *Good-Touch/Bad-Touch®* and answers questions about sexual abuse, including signs and symptoms and what to do if their own child is a victim.

## Prevention and Motivation Programs, Inc. (continued)



### Good-Touch/Bad-Touch Coloring Book

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This coloring book is a replica of the *Good-Touch/Bad-Touch® Giant Storybook* and used to reinforce *Good-Touch/Bad-Touch®* safety lessons learned at school or at home.



### Talk for Parents and Kids

**AUDIENCE:** Preschool age children. Elementary school age children. Parents.

**AVAILABLE FOR PURCHASE.**

The DVD, *Talk for Parents and Kids*, shows *Good-Touch/Bad-Touch®* being taught by Pam Church in a kindergarten classroom. In a home setting, parents and children will learn five body safety rules around the issue of *Good-Touch/Bad-Touch®*. Children will learn skills to identify tricks that predators use, how to stay safe from such tricks, and how to tell someone. Parents will learn how to intervene and what to do if something does happen or has happened to their child.



### Parent Talk—A Conversation with Parents, The

**AUDIENCE:** Parents. Community members.

**AVAILABLE FOR PURCHASE.**

*Parent Talk* is a DVD for parents to watch on their own or with other adults. In a living room setting, Pam Church, author of *Good-Touch/Bad-Touch®* addresses questions about the issues of childhood sexual abuse. A special TV news report which addresses child sexual abuse follows this “question and answer” session.



### Body Safety Credit Card

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This wallet-sized card is used to reinforce the five safety rules the children learn during the *Good-Touch/Bad-Touch®* curriculum.



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## Project TRUST / Illusion Theater Project TRUST

2724 Bradfield Drive  
Lincoln, NE 68502

PHONE: 402-476-2424  
FAX: 402-476-2424  
E-MAIL: susanletheby@aol.com  
WEBSITE: (forthcoming)



### Project TRUST: Teaching and Reaching Using Students and Theater

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

The principal goal of *Project TRUST* has been to provide an innovative, non-threatening approach to the discussion of child sexual abuse and violence prevention through the use of theater. The acronym “TRUST” stands for “teaching and reaching using students and theater.” *Project TRUST* is the peer education licensing model for high school students offered through the Illusion Theater Company based in Minneapolis, MN. Using the *Project TRUST* model, high school student/actors are trained to present the plays *Touch*, *What Goes Around*, and *Everybody’s Business*. *Touch* helps elementary school age children learn personal body safety skills and how to protect themselves from touch that is wrong or makes them feel uncomfortable. *What Goes Around* and *Everybody’s Business* are used to build empathy and respect among middle and high school age students and model for them how to resolve conflicts, bullying, name-calling, sexual harassment and violence. The interactive nature of the programs provides children and teens with the opportunity to identify and rehearse responses to uncomfortable or exploitive situations.

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## Prometheus Books

59 John Glenn Drive  
Amherst, NY 14228

PHONE: 716-691-0133  
TOLL FREE: 800-421-0351  
FAX: 716-691-0137  
E-MAIL: [LRisio@prometheusbooks.com](mailto:LRisio@prometheusbooks.com)  
WEBSITE: [www.prometheusbooks.com](http://www.prometheusbooks.com)



### Bellybuttons are Navels

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

In this 44-page book, cheerful artwork and gentle words frame the story of two small children taking a bath. As Mary and her brother Robert splash about and play, they not only discover that boys and girls have some of the same body parts, but also that boys and girls have some distinguishing features—that have specific names. *Bellybuttons Are Navels* is designed primarily to initiate honest adult-child discussion, but also:

- Helps children learn to properly identify anatomy and develop a healthy acceptance of the total body
- Provides a basic vocabulary for introducing the topics of human sexuality, reproduction, sexual anatomy, and sexual abuse awareness
- Models sex-positive roles for children and adults

## radKIDS

72 Main Street, Unit 10  
West Harwich, MA 02671

PHONE: 508-430-2080  
TOLL FREE: 866-430-2080  
FAX: 508-430-9328  
E-MAIL: [radkids@radKIDS.org](mailto:radkids@radKIDS.org)  
WEBSITE: [www.radKIDS.org](http://www.radKIDS.org)



### **radKIDS Personal Empowerment Safety Education Program**

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

radKIDS, Inc. is committed to providing education that enhances the ability of children, parents, and families to utilize knowledge, skills, and power to protect themselves from violence and harm. radKIDS and the *radKIDS Personal Empowerment Safety Education Program* is a non-profit bullying, sexual abuse prevention, violence prevention, safety education, and self-esteem-building program for children, parents, and families. radKIDS teaches preschool through high school age children to become empowered with real life personal safety skills. The radKIDS comprehensive curriculum is based on accelerated learning theory and realistic physical resistance to escape violence. Curriculum topics include: bullying prevention, school safety, home safety, “out and about” safety, Internet safety, fire safety, bicycle safety, good, bad and uncomfortable touch, sexual assault prevention, stranger danger, and physical resistance to violence skills. radKIDS will return at no charge and practice with any child who wishes to participate in any radKIDS program internationally until their 12th birthday. radKIDS, Inc. recruits and trains instructors who are teachers, police officers, parents and other concerned community members. Instructors complete an intensive 30 hours of training in order to bring the *radKIDS Personal Empowerment Safety Education Program* to their communities.

## Raintree Girl Scout Council

223 NW 2nd Street  
P.O. Box 1350  
Evansville, IN 47706

PHONE: 812-421-4970

TOLL FREE: 800-757-9348

### Violence Against Women Awareness Patch

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

Raintree Girl Scout Council offers a scout patch called Violence Against Women Awareness Patch. This patch is designed to help girls learn about domestic and sexual violence against women. By learning about domestic and sexual violence, girls may make healthier relationship decisions. Opportunities to earn this patch are open to Brownies, Juniors, Cadets, and Seniors.

## Red Flag Green Flag® Resources

P.O. Box 2984  
Fargo, ND 58108

PHONE: 701-293-7298  
TOLL FREE: 800-627-3675  
FAX: 888-237-5332  
E-MAIL: [info@redflaggreenflag.com](mailto:info@redflaggreenflag.com)  
WEBSITE: [www.redflaggreenflag.com](http://www.redflaggreenflag.com)



### Red Flag Green Flag® People

**AUDIENCE:** Elementary school age children. Parents. Professionals. Law enforcement. Latino communities.

**OTHER LANGUAGES:** Spanish, French.

**AVAILABLE FOR PURCHASE.**

*Red Flag Green Flag® People* is a personal safety program designed to teach children how to recognize abusive situations, especially sexual abuse. Through the use of a 30-page workbook, children learn about appropriate and inappropriate kinds of touches—Green Flag touches and Red Flag touches. They learn how to recognize abusive situations, provide assertive responses, and who to go to for help. This program incorporates role playing to reinforce learned concepts and skills. Although the workbook was originally designed primarily for teaching personal safety skills to children in a classroom or group setting, other professionals have found it to be a valuable tool for investigative purposes and for preventing revictimization of children currently in treatment. When used with an individual child, the workbook helps to facilitate a focused, non-threatening discussion between child and adult. The facilitator's guide walks through each page of the children's book and includes discussion questions and related activities. For classroom presentation purposes, there is a program overview, teacher and parent meeting outlines, sample consent forms, and role-play scenarios. A parent's guide is also available to assist parents and other adults in reviewing the book and safety concepts with their child.



### Andy

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Andy* is a 19-page storybook about a child who is afraid to tell anyone that he was touched by someone in an inappropriate and confusing way. This book provides a way to introduce the subject of “secret touches” to children, and to help children learn they don't have to keep secrets that hurt.



### Annie

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Annie* is a 19-page storybook about a child who is afraid to tell anyone that she was touched by someone in an inappropriate and confusing way. This book provides a way to introduce the subject of “secret touches” to children, and to help children learn they don't have to keep secrets that hurt.

## Red Flag Green Flagfi Resources (continued)



### ABC's of Personal Safety

**AUDIENCE:** Preschool age children. Latino communities.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

Using the letters of the alphabet, this curriculum introduces personal safety concepts to children ages 3 to 5. Children will learn about “OK” and “Not OK” touches, “permission,” “stranger danger,” “secret touches,” as well as general safety rules. Children learn who their helpers are and where they can go to be safe. This curriculum includes an 11-minute video, coloring book, poster-sized edition of the children’s coloring book, and facilitator’s guide. Components of this curriculum may be purchased separately.



### Woodrow Project, The

**AUDIENCE:** Persons with mild to moderate developmental disabilities. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

Incorporating *Red Flag Green Flag® People* concepts and materials, this curriculum is designed to teach prevention skills to participants with mild developmental and cognitive disabilities. The 86-page facilitator’s manual contains a 25-minute videotape overview of the program, information on how to set up and use the curriculum in each of nine classroom sessions, excerpts from parent and staff meetings, and a portion of an actual classroom presentation.



### PowerPlays

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

The *PowerPlays* video and accompanying facilitator manual is part of a program to educate junior and senior high youth on how emotional, sexual and physical abuse impacts their relationships with others. These program materials can also be used to train a role-play group to present a violence in relationships program to others. The video, featuring local high school students, features role-plays on sexual harassment, emotional abuse, sexual assault /acquaintance rape, physical abuse, and domestic violence. The program manual contains introductions to the role-plays as well as discussion questions and relevant statistics on the issues being presented.



### New Beginnings

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

Although this program is designed primarily to give victims information concerning the dynamics of victimization in a support group setting, it can be used as an educational resource for classroom presentations on rape culture, violence in relationships, sexual assault, incest, or human sexuality. Topics covered include child sexual abuse, rape culture, relationships, incest, victimization, self-esteem, violence in relationships, sexuality, and assertion. A 60-page facilitator’s manual includes handouts, group activities and suggestions for supplemental books & videos.

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## Red Flag Green Flag Resources (continued)



### Red Flag Green Flag® People II

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Red Flag Green Flag® People II* focuses on child sexual abuse prevention where the offender is known to the child. Through the use of a 31-page workbook, children ages 8 to 11 learn how to recognize abusive situations involving people they already know—family, friends and acquaintances. This workbook emphasizes recognizing the abuse and then telling until someone listens. Role playing is recommended to reinforce learned concepts and skills. Although the workbook was designed to be used primarily to teach sexual abuse prevention skills to children in a classroom or group setting, it is also used as a stand-alone to teach individual children prevention skills and to prevent re-victimization of children currently in treatment. The user friendly facilitator’s guide, walks the facilitator through each page of the children’s book and includes page objectives, discussion questions, and optional activities. For classroom presentation purposes, there is a program overview, teacher and parent meeting outlines, sample consent forms, and role-play scenarios.

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## Safe Harbor Resources / SHR

Morgan County Campus,  
6999 Dolan Rd  
Glouster, OH 45732

**PHONE:** 740-767-3853

**TOLL FREE:** 888-806-4201

**FAX:** 425-696-3228

**E-MAIL:** [info@SafeHarborResources.org](mailto:info@SafeHarborResources.org)

**WEBSITE:** [www.SafeHarborResources.org](http://www.SafeHarborResources.org), [www.IntellAssure.com](http://www.IntellAssure.com)



### New Precautions, The

**AUDIENCE:** Leadership of organizations working with children.

**AVAILABLE FOR PURCHASE.**

Safe Harbor Resources (SHR) is a 501c 3 nonprofit organization which licenses its proprietary child protection procedures to youth-serving organizations wishing to strengthen their ability to prevent infiltration by sexual predators. SHR is an accreditation authority, awarding the Seal of Safe Selection Practice to organizations that properly implement SHR’s programs. The New Precautions<sup>sm</sup> is a registered service mark of Safe Harbor. SHR causes Child Protective Services records, voiced opinions of parents, newspaper arrest reports, as well as county criminal records to be brought into confidential consideration when choosing appropriate roles for new and incumbent workers/volunteers. SHR “deflects” predators, and screens the work assigned, not the individuals.



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## Safeguarding Our Children United Mothers / SOC-UM

Tracy, CA 95377

PHONE: 209-832-5703  
E-MAIL: xena\_boochie@yahoo.com  
WEBSITE: www.soc-um.org



### Celebrate Safety

**AUDIENCE:** Preschool age children. Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Celebrate Safety* is a personal safety curriculum for children ages 3 to 8. This curriculum incorporates a videotaped puppet show. The *Story of the Little Child* lets children know that they are unconditionally deserving of love and respect and should tell a trusted adult if abused. The second puppet show, *Smart About Strangers*, alerts children to stranger dangers and lures and teaches them what to do when approached by a stranger. *Celebrate Safety* is divided into four short segments with age-appropriate activities and role-plays for children. After participating in *Celebrate Safety*, children will be able to:

- Define good and bad secrets
- Define good, bad, and confusing touches
- Define their private zones as parts of their bodies covered by bathing suits
- Recognize abusive or potentially abusive situations and practice the Yell, Run, and Tell
- Understand and use the “family” code word
- Understand the “stranger” theory
- Understand that should something happen it is never their fault—they are children and should be protected

To view the facilitator’s guide for *Celebrate Safety*, visit: <http://www.soc-um.org/facilitatorhandbook.html>.

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## Safeguarding Our Children United Mothers (continued)



### Break the Silence–Yell and Tell

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

*Break the Silence–Yell and Tell* is a child sexual abuse prevention curriculum for children in Grades 3-6. The video, *Break the Silence*, is an integral part of the curriculum and uses animation and real life survivors of child abuse to emphasize telling a trusted adult when abuse occurs and to keep telling until help is found. *Yell and Tell* reinforces information and skills presented in *Break the Silence* as well as introducing more advanced but age-appropriate stranger and abusive scenarios. *Break the Silence–Yell and Tell* is designed to be a one day classroom event, but can also be divided into several shorter segments. After participating in *Break the Silence–Yell and Tell*, children will be able to:

- Define good and bad secrets
- Define good, bad, and confusing touches
- Define their private zones as parts of their bodies covered by bathing suits
- Recognize abusive or potentially abusive situations and practice the Yell, Run, and Tell
- Understand and use the “family” code word
- Understand the “stranger” theory
- Understand that should something happen it is never their fault—they are children and should be protected

*Break the Silence* includes lesson plans and activities, a facilitator handbook, in-service videos, diagnostics, post test, teacher testing report form, and teacher feedback form. To view the facilitator’s guide for *Yell and Tell*, visit: [www.soc-um.org/yat](http://www.soc-um.org/yat)

## SafePlace / Disability Services ASAP (A Safety Awareness Program)

P.O. Box 19454  
Austin, TX 78760

PHONE: 512-267-7233  
TTY: 512-482-0691  
FAX: 512-385-0662  
E-MAIL: [info@austin-safeplace.org](mailto:info@austin-safeplace.org)  
WEBSITE: [www.austin-safeplace.org](http://www.austin-safeplace.org)



### Kid&TeenSAFE

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Other family members. Special education professionals. Disability service providers. Visually-impaired children. Physically-disabled children. Developmentally and cognitively-disabled children.  
**OTHER LANGUAGES:** Spanish (simple language).  
**AVAILABLE FOR PURCHASE.**

*Kid&TeenSAFE* is an abuse prevention and personal safety training program of SafePlace in Austin, Texas for children and youth with disabilities. The primary focus is to prevent and reduce the risk of abuse by educating this population on their rights to safety and teaching skills to protect themselves from abuse and/or strategies for responding to abusive or potentially abusive people and situations. Sessions are modified according to the age and learning needs of each student and include presentation, discussion, and role plays. Topics include: defining personal safety; identifying feelings and types of touches and words; overview of safety rules (saying No, getting away and/or yelling, telling trusted adults); identifying body parts (including medical terms for private parts); secrets; bullying and sexual harassment. Sessions include role playing using personal safety rules. *Kid&TeenSAFE* offers training and education for families of children with disabilities as well as professionals who work with youth with disabilities. The focus of these sessions includes teaching about risk factors, incidence of abuse, possible indicators and impact of abuse, sensitively responding to suspicions or disclosures, and strategies for providing abuse prevention to youth with disabilities.

*Kid&TeenSAFE* also offers a national resource library of materials related to abuse and people with disabilities for family members, teachers, and other professionals interested in learning more about the topic and/or incorporating abuse prevention strategies at home, school, or service agency.

Although *Kid&TeenSAFE* primarily offers presentations and training in their local area. Train-the-trainer workshops are also available within the US on a fee-for-service basis.

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## Safer Society Foundation, Inc., The

P.O. Box 340  
Brandon, VT 05733

PHONE: 802-247-3132  
FAX: 802-247-4233  
E-MAIL: [ssfi@sover.net](mailto:ssfi@sover.net)  
WEBSITE: [www.saferociety.org](http://www.saferociety.org)



### From Trauma to Understanding

**AUDIENCE:** Parents of sexually aggressive/offending children.

**AVAILABLE FOR PURCHASE.**

This 32-page pamphlet offers reassurance, guidance, and hope to parents of children with sexual behavior problems. It reviews key issues such as common thoughts and feelings parents may experience, myths and facts about children's sexual behaviors, normal stages of sexual development, criteria for determining sexually abusive behavior, and reasons children may abuse. It also offers information on treatment goals and expectations, and how to deal with state agencies. The pamphlet emphasizes parental self-care and encourages parents who may be abusers to interrupt their own abusive patterns and seek specialized treatment. It provides clear procedures and steps for home supervision of children with sexual behavior problems.



### Pathways: A Guided Workbook for Youth Beginning Treatment

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.  
Young sexual aggressors/offenders.

**OTHER LANGUAGES:** Spanish–Del Camino.

**AVAILABLE FOR PURCHASE.**

In this 292-page workbook, clients learn about the thinking and feelings that are part of their sexual behavior problems. It presents the assault cycle and relapse prevention techniques as tools for understanding and prevention. It helps clients look at the maintenance behaviors that keep them cycling through anger, boredom, and other feelings that feed their cycles. By educating clients on appropriate behavior and basic sexuality information, this workbook helps clients redress their social deficits. It addresses victim empathy issues, including clarification and restitution. By signing a contract with significant support people, clients recognize and formalize a list of people who can help them continue a life that includes accountability for their actions.



### Tell It Like It Is

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.  
Teenage sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

In this 144-page book, thirteen teenage sexual abusers share what helped them and offer reassurance that treatment is worth the embarrassment, emotional risk-taking, and the plain hard work required. Topics include abuse cycles, dating, thinking errors, family matters, substance abuse, life without treatment, victims and being victimized, thoughts and fantasies, friends and peers, sexuality and homophobia, empathy, and female abusers.

## Safer Society Foundation, Inc. (continued)



### Supervision of the Sex Offender

**AUDIENCE:** Law enforcement. Professionals.

**AVAILABLE FOR PURCHASE.**

This 154-page guide to working with sex offenders provides how-to information that offers probation and parole officers, therapists, court officials, and other professionals instruction on all areas of supervising sex offenders. Topics covered include pre-sentence investigation reports, risk assessment, establishing the links in the community to corroborate the offender's behavior, case planning and ongoing supervision, testifying in court, documentation, relapse prevention, maintaining confidentiality, theories of sexual deviance, typologies of sex offenders, and burnout. It covers the unique issues presented in working with juveniles, families, females, mentally challenged offenders, and culturally diverse populations. Guide includes sample forms and a glossary.



### Roadmaps to Recovery

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents. Young sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

In this 240-page workbook, young people with sexual touching problems learn behavior management, identification of feelings, healthy boundaries and relapse prevention through simplified language, concrete images, and comic-book style drawings. Readers explore their past and current behaviors and feelings. Topics covered include definition of a touching problem, right and wrong thinking, making and following safety rules, learning to talk about feelings, understanding cycles, and making and sharing a safety plan. The workbook includes homework assignments and a certificate of completion.



### Sexual Abuse Cycle in the Treatment of Adolescent Sexual Offenders, The

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents. Other family members. Young sexual aggressors/offenders. Developmentally and cognitively-disabled children.

**AVAILABLE FOR PURCHASE.**

This 90-minute video introduces the concept and components of the sexual abuse cycle as a framework for teaching young offenders to recognize the events, thoughts, and feelings that led to their sexual offenses. It also identifies the interventions offenders can learn to remain offense-free. This resource includes a brief overview of the use of the cycle with the offender's family, adaptations for pre-adolescent and intellectually-challenged offenders, and a reference packet.

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## Safer Society Foundation, Inc. (continued)



### **Because There Is A Way to Prevent Child Sexual Abuse: Facts About Abuse and Those Who Might Commit It**

**AUDIENCE:** Parents. Community members.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This 14-page booklet brings together current research, clinical experience, and conversations with survivors of abuse and recovering sexual abusers in clear language. It includes checklists of what to look for in children, in adults, and in the victim-abuser relationship; information about the adults and children who choose to sexually abuse a child; and suggestions for positive family and community responses to community notification. This brochure provides simple, easy-to-understand information about sex offenders and community notification. It can be used as a tool for officials responsible for community notification or for anyone who wants to raise community awareness.



### **Relapse Prevention Workbook for Youth in Treatment, The**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Young sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

This 160-page workbook instructs juvenile sexual offenders about relapse prevention and how to use a variety of techniques to prevent sexually abusive behavior. It helps youth learn about relapse prevention cycles and interventions, and includes homework assignments.



### **STOP! Just for Kids: For Kids with Sexual Touching Problems, By Kids with Sexual Touching Problems**

**AUDIENCE:** Elementary school age children. Preadolescent sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

This 160-page book is a teaching tool for therapists treating preadolescents with serious sexual behavior problems. It carefully considers topics such as the illegality of sexual abuse, consequences, responsibility, consent, empathy, denial, and sexuality.

## Safer Society Foundation, Inc. (continued)



### Nationwide Referral Database for Sexual Offender Treatment

**AUDIENCE:** Sexual aggressors/offenders. Professionals.

Individuals, programs, professionals, and family members are invited to call the Safer Society Foundation, Inc. for referrals to specialized programs that provide services for abuse-reactive children, juvenile and adult sex offenders throughout the United States. The referral line offers a list of clinicians who provide treatment for sexual offending. The database can be queried to provide referrals to treatment providers in given geographic areas, who serve a given age or gender, who provide residential or outpatient treatment, and who treat special populations such as developmentally-disabled or hearing-impaired offenders.

The Safer Society Foundation, Inc. provides this service via telephone or fax at no cost. Referrals can be made via phone Monday through Friday from 9:00 a.m.-4:30 p.m. Eastern Standard Time at (802) 247-5141. To procure a Referral Fax form, please call our regular business line (802) 247-3132 or access the form via our web site: [www.safersociety.org](http://www.safersociety.org).



### Do Children Sexually Abuse Other Children?

**AUDIENCE:** Parents.

**AVAILABLE FOR PURCHASE.**

This brochure helps parents identify child sexual abuse, especially in cases where another child or adolescent is the perpetrator. It includes normal behaviors, behaviors that indicate a problem may exist, what every child needs to know, how to talk with your child, and how to obtain help.



### What's Happening in Our Family?

**AUDIENCE:** Parents. Educators. Professionals.

**AVAILABLE FOR PURCHASE.**

This 212-page book helps parents, educators, and counselors understand how abuse occurs using stories that expose the manipulative relationships established and maintained by abusers. Chapters explain how sexual abuse begins in hidden ways and deepens in secrecy; discuss what harm may be caused and how long it may last; suggest how to cope with the “whirlpool” of emotions; help adults provide the support children need; and explain guidelines for keeping children safe.



### Adult Relapse Prevention Workbook, The

**AUDIENCE:** Adult aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

This 304-page workbook teaches adult sexual abusers in treatment the skills to live an abuse-free life. Changing emotions, consequences, urge control, effects on victims, empathy, communication, sex, love and friendship are all placed in the context of learning to develop and use a relapse prevention plan. The workbook uses cognitive-behavioral methods of consciously changing behaviors, thoughts, and feelings to increase adequate coping responses. The underlying message is that the sex offender has the power to make healthy choices and live an offense-free life. Each chapter includes homework exercises to help the client solidify and internalize his or her new knowledge.

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## Safer Society Foundation, Inc. (continued)



### Pathways Guide for Parents of Children and Adolescents with Sexual Behavior Problems

**AUDIENCE:** Parents of young sexual aggressors/offenders.

**AVAILABLE FOR PURCHASE.**

This 97-page book provides information for parents seeking to understand and help a child with sexual behavior problems. Topics include getting help, understanding the assessment and treatment processes, parental involvement in and support of treatment, supervision of the child, helping the victim, the needs of siblings, and family reunification. Many helpful guidelines and suggestions are included in each chapter.

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## Safety Awareness and Family Education Network, Inc. / S.A.F.E. Network, Inc.

1175 Shaw Avenue 104 #142  
Clovis, CA 93612

**PHONE:** 559-297-1033

**TOLL FREE:** 800-643-3310

**FAX:** 559-297-1033

**E-MAIL:** [staff@safenetwork.org](mailto:staff@safenetwork.org)

**WEBSITE:** [www.safenetwork.org](http://www.safenetwork.org)



### Personal Safety Training Curricula

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Teenage parents.

**AVAILABLE FOR PURCHASE.**

*S.A.F.E. Network's Personal Safety Training Curricula* teaches youth ages 4-19 the behaviors of sexual predators and the appropriate responses to inappropriate advances and behaviors by those predators. Using age appropriate lessons, visual aids, games, activities, and handouts, students learn to instinctively recognize predatory behaviors and ways to handle risky situations. The program promotes empowering youth with the right to say no and the right to tell.

*Personal Safety Training Curriculum* meets all criteria established by the National Center for Missing and Exploited Children (NCMEC) in their "Curriculum Scorecard" and utilizes the primary educational goals for child sexual abuse prevention set out by the Department of Justice, Federal Bureau of Investigation, and NCMEC.



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## Sensibilities, Inc. / Cordelia Anderson Prevention Consulting/Training

4405 Garfield Avenue South  
Minneapolis, MN 55409

PHONE: 612-824-6217  
FAX: 612-824-6930  
E-MAIL: Cordelia@visi.com



### Child Sexual Abuse Prevention Consulting

AUDIENCE: Community members. Educators. Professionals.

AVAILABLE FOR PURCHASE.

Cordelia Anderson, consultant, has over 27 years experience in child sexual abuse prevention program development, training and consulting with attention to sexual/relational health. She is also a founding member of the Association for Sexual Abuse Prevention (ASAP). She currently serves as a consultant and advisor to numerous national organizations such as the National Center for Missing & Exploited Children, the Jacob Wetterling Foundation, Stop It Now!, and the Boy Scouts of America. Ms. Anderson is a perennial favorite as a speaker and educator at local, regional, and national anti-sexual violence conferences.

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## Sexual Abuse Prevention & Education Resources, Intl. / SAPERI

1471 Swamp Fox Lane  
Charleston, SC 29412

PHONE: 843-345-5445  
FAX: 843-795-3392  
E-MAIL: robertelongo@aol.com  
WEBSITE: www.roblongo.com



### Sexual Abuse Prevention and Education Resources, Intl. (SAPERI)

AUDIENCE: Professionals.

Sexual Abuse Prevention and Education Resources International (SAPERI) is dedicated to providing professionals and others with current and emerging information in assessing and treating youth with sexual behavior problems and violence and aggression problems. SAPERI publishes books and related materials, and provides education, consultation and training to a variety of organizations and agencies. The New England Adolescent Research Institute Press (NEARI) is the publishing arm of SAPERI.

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## Sexual Assault Resource Agency / SARA

P.O. Box 6880  
Charlottesville, VA 22906

**PHONE:** 434-295-7273 ext. 27  
**TTY:** 434-295-2457  
**FAX:** 434-220-4791  
**E-MAIL:** JoannesK@ntelos.net  
**WEBSITE:** [www.sexualassaultresources.org](http://www.sexualassaultresources.org)



### Voices for Interpersonal Violence Alternatives

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

The mission of Voices for Interpersonal Violence Alternatives (VIVA) is to serve all Charlottesville, Virginia area teens by having teens provide a forum for awareness, discussion, and education regarding dating and sexual violence, and to encourage healthy relationships among their peers. Two plays developed by VIVA provide springboards for discussion.

*I Never Saw It Coming* is a play about relationship and sexual violence among teens. The play, written with the input and guidance of VIVA members, consists of monologues, short scenes and ensemble pieces. The play is followed by a discussion facilitated by trained VIVA members to review issues presented during the play, answer questions, and allow for an exchange of information and opinions.

*Ear of the Beholder*, is an interactive play for middle school students that addresses sexual harassment. The play uses scenarios and narrative pieces to define sexual harassment and identify several assertive methods to confront harassment. The audience is invited to share their observations and engage in dialogue with trained teen facilitators. After viewing each scenario, audience members choose which assertive response to employ and the play continues. Students observe situations successfully resolved based on responses selected.

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## Sexual Assault Support Services / SASS

7 Junkins Avenue  
Portsmouth, NH 03801

PHONE: 603-436-4107  
FAX: 603-430-4017  
E-MAIL: dlavoie@sassnh.org  
WEBSITE: www.sassnh.org



### Personal Body Safety

**AUDIENCE:** Preschool age children. Elementary school age children.

*Personal Body Safety* is designed to teach sexual abuse prevention by approaching it as safety education. *Personal Body Safety* curriculum is provided to schools, and teachers are trained to provide a few simple introductory lessons. The presentation is designed so that the introduction solicits information from the students about safety rules they already know, and sets out simple body safety rules about touching that children can understand. The puppet scenarios are stories reflecting children's experiences and pose a dilemma involving inappropriate touch or exposure to adult sexual behavior. Students participate in crafting a solution which the puppets act out. The rules are reinforced with an activity sheet. A parent newsletter goes home with children to help reinforce body safety rules and other safety information.



### Power in Relationships

**AUDIENCE:** Middle school age youth/adolescents.

During this interactive session, students brainstorm a list of ways people have power and briefly discuss positive and negative uses of power. Through guided discussions, students define and come up with examples of passive, aggressive and assertive responses. Students play the power game by becoming a game piece or controlling the throwing of the die. After the game, students are led through a discussion of how the game mirrors real life in that passive responses do not move you forward or backward, aggressive responses set you back, and assertive responses move you forward toward your goal or a good resolution to the problem. Passive responses are also identified as sometimes being the best choice if there is risk of harm, or if the individual is unable to use an assertive response at that time.



### Images in the Media

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

During this presentation, teens develop an awareness of gender stereotypes that influence behaviors by actively deconstructing media messages and by developing an understanding of the link between sexual violence and media messages of violence and objectification. Can be adapted for 8th through 12th grades.

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## Sexual Assault Training and Investigations / SATI

P.O. Box 33  
Addy, WA 99101

PHONE: 509-684-9800  
FAX: 509-684-9801  
E-MAIL: [joanne@mysati.com](mailto:joanne@mysati.com)  
WEBSITE: [www.mysati.com](http://www.mysati.com)



### Sexual Assault Risk Reduction Curriculum

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Curriculum is gender neutral and addresses both male victimization and sexual orientation.

The *Sexual Assault Risk Reduction Curriculum* was specifically developed to reduce the incidence of adolescent sexual assault through risk-reduction educational strategies. This curriculum can be useful in assisting school personnel, police, and community agency staff in implementing high-quality educational programs. The curriculum includes lessons for high school and middle school age youth. The lessons can be used in either school or non-school settings, such as health clinics, after-school programs, youth centers and camps. The program encourages agencies interested in the implementation of a sexual assault curriculum to collect their own data about sexual assault and to customize the lessons and presentations to reflect the adolescent sexual assault characteristics in their own communities.

The *Sexual Assault Risk Reduction Curriculum* is a result of a collaborative project funded by a grant from the Office of Community Oriented Policing Services (COPS) and is available at no charge at: [www.mysati.com/curriculum.htm](http://www.mysati.com/curriculum.htm).

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## Stop Educator Sexual Abuse, Misconduct and Exploitation / S.E.S.A.M.E., Inc.

P.O. Box 94601  
Las Vegas, NV 89193

PHONE: 702-371-1290  
E-MAIL: Babe4justice@aol.com  
WEBSITE: www.sesamenet.org



### S.E.S.A.M.E.

**AUDIENCE:** Parents. Educators. Advocates. Professionals. Those who have been sexually abused, harassed, or exploited by educators.

SESAME (Stop Educator Sexual Abuse, Misconduct and Exploitation) works to prevent sexual exploitation, abuse, and harassment of students by teachers and other school staff. SESAME's goals are to:

- Increase public awareness of educator sexual abuse by breaking the silence in a strong and united voice
- Foster recovery of victims and survivors through mutual support, referrals and resources
- Encourage victims and survivors of educator sexual misconduct to report offenders to the State Education Department Credentialing Offices as well as local law enforcement offices
- Insist upon implementation and adherence of child-centered student sexual harassment policies, regulations and laws
- Direct attention to the maintenance of proper boundaries between school staff and students by promoting the adoption of Professional Standards and Codes of Ethics

## Stop It Now! / Now!

351 Pleasant Street, Suite B-319  
Northampton, MA 01060

**PHONE:** 413-268-3096  
**TOLL FREE:** Toll-free helpline for concerns about child sexual abuse: 888-PREVENT  
**FAX:** 413-268-3098  
**E-MAIL:** [info@stopitnow.org](mailto:info@stopitnow.org)  
**WEBSITE:** [www.stopitnow.org](http://www.stopitnow.org)



### Stop It Now!

**AUDIENCE:** Individuals. Family members. Community members. Adults who are concerned about their sexual behaviors. People at risk to sexually abuse. People who have sexually abused. Parents of youth with sexual behavior problems. Latino and African American communities.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

Stop It Now! is a national nonprofit organization that employs a public health approach to preventing the perpetration of child sexual abuse. Stop It Now! was founded in 1992 with the belief that adults can prevent child sexual abuse. Through its public education, public policy, and research programs, Stop It Now! reaches families where a parent, child, or other relative may be at risk to abuse a child; abusers themselves; and those at risk to abuse; helping them to stop or prevent the sexual abuse and seek help.

Stop It Now! has produced the following child sexual abuse prevention educational materials. They are available for bulk purchase through the Safer Society Foundation at: (802)247-3132. Sample copies are available for free.

- *Do Children Sexually Abuse Other Children*
- *Because There is a Way to Prevent Child Sexual Abuse: Facts About Abuse and Those Who Might Commit It*

For more information on these brochures, please see the directory entry for the Safer Society Foundation, Inc.

The following Stop It Now! affiliates are currently working to prevent child sexual abuse nationally and internationally:

#### Stop It Now! Georgia

*A program of Prevent Child Abuse Georgia*

1720 Peachtree Street, NW, Suite 600,

Atlanta, GA 30309

404- 870-6565

[www.stopitnow.org/ga/](http://www.stopitnow.org/ga/)

[info@stopitnowga.org](mailto:info@stopitnowga.org)

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## Stop It Now! (continued)

### **Stop It Now! Philadelphia**

*A program of Joseph J. Peters Institute*  
1211 Chestnut Street, Suite 300  
Philadelphia, PA 19107  
215-665-8362  
[www.stopitnow.org/philadelphia/](http://www.stopitnow.org/philadelphia/)  
[tglackman@jjp.org](mailto:tglackman@jjp.org)

### **Stop It Now! Minnesota**

*A program of Project Pathfinder, Inc.*  
1821 University Avenue West, Suite. N385  
St. Paul, MN 55104  
651-644-8515  
[www.stopitnow.org/mn/](http://www.stopitnow.org/mn/)  
[stopitnowmn@projectpathfinder.org](mailto:stopitnowmn@projectpathfinder.org)

### **Stop It Now! UK and Ireland**

*A program of the Lucy Faithful Foundation*  
Tink Palmer, Central Coordinator  
PO Box 9841  
Birmingham  
B48 7WB  
England  
Helpline: 0808 1000 900  
Home office: 1677460168  
[www.stopitnow.org.uk](http://www.stopitnow.org.uk)  
[tinkpalmer@stopitnow.org.uk](mailto:tinkpalmer@stopitnow.org.uk)

### **Stop It Now! Virginia**

*A program of the Virginia Department of Health*  
Rebecca Odor, Director of Violence Prevention  
109 Governor Street, 8th Floor  
Richmond, VA 23219-3623  
804-864-7740  
[becky.odor@vdh.virginia.gov](mailto:becky.odor@vdh.virginia.gov)

If you are interested in creating a Stop It Now! initiative in your state or area, please contact Stop It Now!

## Stop It Now! (continued)



### PARENTalk

**AUDIENCE:** Parents of young sexual aggressors/offenders. Parents of youth with sexual behavior problems.

*PARENTalk* is a newsletter written by and for parents of youth with sexual behavior problems. Unlike any other resource, *PARENTalk* contains personal stories from parents wanting to help others understand how they can prevent child sexual abuse. Stop It Now! has developed these newsletters to show how families can recognize warning signs in children or adolescents with sexual behavior problems and take action before abuse is perpetrated. The first edition of *PARENTalk* was published in the Spring of 1998 as a new resource by and for parents of children with sexual behavior problems. *PARENTalk* provides parents and families with a sense of hope that their lives will be better, and that healing is possible.

The latest issue of *PARENTalk* as well as back issues are available online: [www.stopitnow.org/parentalk](http://www.stopitnow.org/parentalk). Hard copies of *PARENTalk* are also available by request. Please contact Stop It Now! by email or phone.



### Stop It Now! Helpline

**AUDIENCE:** Individuals. Family members. Community members. Adults who are concerned about their sexual behaviors. People at risk to sexually abuse. People who have sexually abused. Parents of youth with sexual behavior problems.

The Stop It Now! Helpline provides support and information to individuals, family members, and community members who are concerned about child sexual abuse. The helpline is available Monday-Friday, 9:00 a.m. to 5:00 p.m. Eastern Standard Time. All calls are confidential. The helpline also receives calls from parents of youth with sexual behavior problems.

All calls are confidential. The helpline is available Monday-Friday, 9:00 a.m. to 5:00 p.m. Eastern Standard Time.



### Working Up

**AUDIENCE:** Parents of youth with sexual behavior problems.

*Working Up* is a series of proceedings from the National Child Welfare Foundation's "Working Up" project. The project was a forward-thinking and prevention-oriented project that provided a summarized explanation of the project's findings.

*Working Up* is available on Stop It Now!'s website. Please contact Stop It Now! for more information.

I C O N   K E Y			
 <b>BOOK</b>	 <b>BOOKLET OR BROCHURE</b>	 <b>CARD(S)</b>	 <b>CASSETTE</b>
 <b>COLORING OR ACTIVITY BOOK</b>	 <b>CONSULTING</b>	 <b>CURRICULUM OR PROGRAM</b>	 <b>DOLLS OR PUPPETS</b>
 <b>DVD</b>	 <b>GAME</b>	 <b>HELPLINE OR HOTLINE</b>	 <b>MEDIA CAMPAIGN</b>
 <b>MUSIC</b>	 <b>ORGANIZATION</b>	 <b>PEER EDUCATION</b>	 <b>REFERRAL SERVICE</b>
 <b>SCREENING</b>	 <b>SELF DEFENSE TRAINING</b>	 <b>SEMINAR OR WORKSHOP</b>	 <b>THEATER OR DRAMA</b>
 <b>TOOLKIT</b>	 <b>VIDEO</b>	 <b>WEBSITE</b>	 <b>WORKBOOK</b>

ions or concerns about a child or between two children and adults who are at risk to sexually abuse. The helpline is also available by request. Please contact Stop It Now! by email or phone.

The helpline is available Monday-Friday, 9:00 a.m. to 5:00 p.m. Eastern Standard Time. All calls are confidential. The helpline also receives calls from parents of youth with sexual behavior problems.

### Child Sexual Abuse

**AUDIENCE:** Advocates.

*Child Sexual Abuse* is a series of proceedings from the National Child Welfare Foundation's "Working Up" project. The project was a forward-thinking and prevention-oriented project that provided a summarized explanation of the project's findings. The project was a forward-thinking and prevention-oriented project that provided a summarized explanation of the project's findings.

*Child Sexual Abuse* is available on Stop It Now!'s website. Please contact Stop It Now! for more information.



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## Stop Sex Offenders / SSO

P.O. Box 3623  
Tequesta, FL 33469

PHONE: (unlisted)  
WEBSITE: [www.stopsexoffenders.com](http://www.stopsexoffenders.com)



### Questions to Ask Prospective Babysitters

AUDIENCE: Parents. Other caregivers.

*Questions to Ask Prospective Babysitters* assists parents in screening potential babysitters. Parents should ask as many questions as they can, especially if the babysitter is someone they do not know. The responses parents receive from asking these questions will provide them with a significant amount of information about the applicant. Parents are encouraged to invite the babysitter over a few times while they are at home so they can monitor the relationship between their children and the babysitter. Parents will be able to see how the babysitter reacts, how their children respond, and they will be able to get an overall idea on how they get along with each other.

Questions may be downloaded at no charge: <http://www.stopsexoffenders.com/childsafety/babysitterfaq.shtml>.

## Sunburst Visual Media

P.O. Box 11210  
Tempe, AZ 85284-0021

PHONE: 800-431-1934  
TOLL FREE: 800-431-1934  
FAX: 888-803-3908  
E-MAIL: [service@sunburstvm.com](mailto:service@sunburstvm.com)  
WEBSITE: [www.sunburstvm.com](http://www.sunburstvm.com)



### When Should You Tell? Dealing with Abuse

AUDIENCE: Elementary school age children.

AVAILABLE FOR PURCHASE.

Getting young victims of sexual abuse to tell someone can help prevent further abuse. This 14-minute video program uses one child's experience to demonstrate that no girl or boy ever needs to keep scary secrets. This program also helps abused children recognize that what they are experiencing is not the norm and that they can be helped by telling a trusted adult. Video comes with a teacher's guide.



### My Body Belongs to Me

AUDIENCE: Elementary school age children. Parents.

AVAILABLE FOR PURCHASE.

This 25-minute video is designed to help young children protect themselves from the trauma of sexual abuse by making it clear that their body belongs to them. A guidance counselor and members of a studio audience engage in age-appropriate dialogue to sensitively reinforce the idea that every child's body is private. Video defines private parts as the area of the body covered by your bathing suit, explains good and bad touches, and stresses what children should do if someone ever tries to give them bad touches. Video also warns children against anyone who might call bad touches, "our little secret." Declaring that no child ever needs to keep such a secret, video advises children to tell a grown-up at once. A 32-page illustrated book, *My Body Belongs to Me*, designed for parent/child use, and a teacher's guide accompany the video.



### Dating, Sex, and Trouble: Acquaintance Rape

AUDIENCE: High school age youth/teens.

AVAILABLE FOR PURCHASE.

Pointing out that sexual assault can be anything from unwanted kissing and touching to rape, this 24-minute video program emphasizes every person's right to safeguard his or her own body. Peer hosts, a psychologist, and a counselor discuss coerced sexual activity and acquaintance rape. This program also shows how myths about dating behavior and drug and alcohol use can contribute to abuse. Interviews with real rape victims demonstrate that rape can happen to anyone, male or female, and that half of all rapes reported happen on dates. Video resource lists steps to take to cut the risk of assault, describes what to do if rape does occur, and stresses the importance of telling someone at once. Video comes with a teacher's guide.

## Sunflower House, A Child Abuse Prevention Center

15540 West 65th Street  
Shawnee, KS 66217

PHONE: 913-631-5800  
FAX: 913-631-5885  
E-MAIL: [suninfo@sunflowerhouse.org](mailto:suninfo@sunflowerhouse.org)  
WEBSITE: [www.sunflowerhouse.org](http://www.sunflowerhouse.org)



### **P.S. It's My Body! Personal Safety Curriculum**

**AUDIENCE:** Preschool age children. Elementary school age children. Middle school age youth/adolescents. Parents. Educators. Professionals.

**OTHER LANGUAGES:** Certain parts of the curriculum are available in Spanish.

**AVAILABLE FOR PURCHASE.**

This curriculum contains more than 120 developmentally-appropriate activities for kids pre-K through middle school. The implementation of this curriculum is flexible and is filled with activities that range from 5 to 45 minutes. The comprehensive program includes:

- Staff Training for school personnel on recognizing and reporting child abuse and neglect
- Parent Education on safety tips, child sexual abuse and child protection strategies
- *P.S. Happy Bear*, a delightful, interactive play for children ages 4-7, to teach core personal safety concepts
- *P.S. It's My Body! Curriculum*, a user-friendly activity curriculum with more than 125 children's activities, and parent & professional resources (includes program coordination pieces and developmentally-appropriate activities for children pre-K thru middle school)

Five activity units include specific goals and objectives, a list of additional resources (video & books), at least one parent/child take-home activity, and dozens of classroom activities for kids. Activities emphasize recognizing, resisting and reporting. Activities also touch on other aspects of safety such as asking for help, recognizing feelings, effective communication, bullying, and sexual harassment. Each activity includes a list of supplies, directions and 305 follow up questions to reinforce the key messages. The script for the 25-minute personal safety play, *P.S. Happy Bear*, is also available in Spanish.

## SVE and Churchill Media

6677 N. Northwest Hwy  
Chicago, IL 60631

PHONE: 773-775-9550  
TOLL FREE: 800-829-1900  
FAX: 800-624-1678  
E-MAIL: [custserv@svemedia.com](mailto:custserv@svemedia.com)  
WEBSITE: [www.svemedia.com](http://www.svemedia.com)



### Big Boys Don't Cry

AUDIENCE: High school age youth/teens.

AVAILABLE FOR PURCHASE.

During this 45-minute video, a troubled 17-year old, sees his younger brother spending time alone with their uncle. This triggers long-buried memories of being sexually abused as a small boy by the same uncle. The 17-year old must now confront his own prior molestation and take action to rescue his brother and reveal the secret. This program gives insight into the suffering caused by childhood sexual abuse.

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## Task Force for Child Survival and Development, The

750 Commerce Drive, Suite 400  
Decatur, GA 30030

PHONE: 404-371-0466  
FAX: 404-371-1087  
E-MAIL: [info@taskforce.org](mailto:info@taskforce.org)  
WEBSITE: [www.taskforce.org](http://www.taskforce.org)



### Lessons from Public Health Experience in Other Areas

AUDIENCE: Community members. Professionals.

AVAILABLE FOR PURCHASE.

The Task Force for Child Survival and Development is a nonprofit public health organization which focuses on both international and domestic health and human development. The Task Force works to convene people and organizations from public and private sectors to help them work together to achieve consensus and implement programs.

The scope of the Task Force's work has expanded to include many aspects of child health and development such as child sexual abuse prevention.

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## Teach-A-Bodies

P.O. Box 416  
Grapevine, TX 76099

**PHONE:** 817-416-9138  
**TOLL FREE:** 888-228-1314  
**FAX:** 817-416-9136  
**E-MAIL:** [cynthia@teach-a-bodies.com](mailto:cynthia@teach-a-bodies.com)  
**WEBSITE:** [www.teach-a-bodies.com](http://www.teach-a-bodies.com)



### Teach-A-Bodies

**AUDIENCE:** Educators. Prevention educators. Professionals. Developmentally and cognitively-disabled children. Dolls representing different multicultural groups available.

**AVAILABLE FOR PURCHASE.**

Teach-A-Bodies manufactures and sells anatomically detailed children's dolls. These dolls can be used to enhance child sexual abuse prevention programs by teaching children proper anatomical terminology.

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## Team for West Virginia Children

P.O. Box 1653  
Huntington, WV 25717

**PHONE:** 304-523-9587  
**FAX:** 304-523-9595  
**E-MAIL:** [team@teamwv.org](mailto:team@teamwv.org)  
**WEBSITE:** [www.teamwv.org](http://www.teamwv.org)



### Child Assault Prevention Project

**AUDIENCE:** Elementary school age children. Parents. Educators.

**AVAILABLE FOR PURCHASE.**

The Child Assault Prevention (CAP) Project is a school-based program that uses workshops to educate children on how to reduce their vulnerability. The workshops are presented by trained volunteers and consist of 3 skits: a bully confrontation; a stranger attempting to grab a child using a trick; and an adult known to the child making the child uncomfortable with a kiss and then telling him/her to keep it a secret. CAP also includes a workshop for parents and teachers.

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## Texas Association Against Sexual Assault / TAASA

7701 N. Lamar Boulevard, Suite 104  
Austin, TX 78752

PHONE: 512-474-7190

FAX: 512-474-6490

WEBSITE: [www.taasa.org](http://www.taasa.org)



### Students Taking Action for Respect (STAR)

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

Students Taking Action for Respect (STAR) is a growing community of youth leaders who train, practice and present awareness, positive youth development and early awareness programming on sexual harassment and assault to their peers in schools and community groups.

Students Taking Action for Respect is the first program of its kind in the nation. It has been nationally recognized for its student-developed design, involving students in informing their peers, rather than bringing in an adult to talk about sexual violence issues.

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## United Learning

1560 Sherman Avenue, Suite 100  
Evanston, IL 60201

PHONE: 847-328-6700

TOLL FREE: 800-323-9084

FAX: 847-328-6706

E-MAIL: [info@unitedlearning.com](mailto:info@unitedlearning.com)

WEBSITE: [www.unitedlearning.com](http://www.unitedlearning.com)



### Matter of Choice: A Program Confronting Teenage Sexual Abuse, A

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 20-minute video program addresses the topic of date and acquaintance rape by communicating honestly and openly with teenagers. Victims, perpetrators, and professionals tell their stories through interviews and give advice on how to avoid being sexually assaulted. Video comes with leader's guide and handout masters.



### I Am the Boss of My Body: Preventing Child Sexual Abuse

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

This 18-minute video seeks to empower young elementary school age children to understand their right to body safety. The video includes a facilitator's guide with lesson plans, student objectives, activities, discussion questions, internet resources, script, and handout masters.

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## United Learning (continued)



### Teens Stopping Rape

**AUDIENCE:** High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This 25-minute video examines relationships, power games, sex, peer pressure, and partying with relation to acquaintance rape. The video features survivor stories and teen dialog. Students learn a variety of specific techniques for stopping rape. Video includes a teacher's guide with lesson plans, student activities, discussion questions, script, and handout masters.

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## Virginia Department of Health / VDH

Center for Injury and Violence Prevention  
Virginia Department of Health  
109 Governor Street, 8th Floor  
Richmond, VA 23219

**PHONE:** 804-864-7740

**TOLL FREE:** 800-732-8333

**FAX:** 804-867-7748

**E-MAIL:** [becky.odor@vdh.virginia.gov](mailto:becky.odor@vdh.virginia.gov)

**WEBSITE:** [www.vahealth.org/civp/sexualviolence](http://www.vahealth.org/civp/sexualviolence)



### Isn't She a Little Young?

**AUDIENCE:** Males ages 18-29. Community members.

The Virginia Department of Health worked with American Associates for Research to develop this public awareness campaign on statutory rape. This campaign targets men age 18-29 and hopes to change the norms surrounding sexual relationships with minors so that it is no longer accepted. The campaign consists of billboards as well as posters and postcards. The campaign also features a website: [www.varapelaws.org](http://www.varapelaws.org).



### Hugs & Kisses

**AUDIENCE:** Elementary school age children.

**AVAILABLE FOR PURCHASE.**

Theatre IV's play, *Hugs and Kisses*, is a prevention program for children in kindergarten through fifth grade. The play sensitively relates the story of a little girl who is sexually abused and during the course of the play learns valuable lessons that enable her to seek and obtain help from a trusted adult.

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## Virginia Sexual and Domestic Violence Action Alliance / VSDVAA

1010 North Thompson Street, Suite 202  
Richmond, VA 23230

PHONE: 804-377-0335  
TTY: 804-377-7330  
FAX: 804-377-0339  
E-MAIL: [vadv@tni.net](mailto:vadv@tni.net)  
WEBSITE: [www.vadv.org](http://www.vadv.org)



### Teens Building Violence-Free Relationships

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.

*Teens Building Violence-Free Relationships* is a facilitator's guide which includes:

- Training for presentors
- Activities designed to build healthy relationships among teens
- Activities designed to provide teens with information on interpersonal violence and sexual harassment and sexual assault
- Handouts to accompany activities

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## Wellness Reproductions and Publishing

135 Dupont Street  
P.O. Box 9120  
Plainview, NY 11803

PHONE: 516-349-5520  
TOLL FREE: 800-999-6884  
FAX: 800-262-1886  
E-MAIL: [info@guidancechannel.com](mailto:info@guidancechannel.com)  
WEBSITE: [www.wellness-resources.com](http://www.wellness-resources.com) or [www.guidancechannel.com](http://www.guidancechannel.com)



### Teen Relationship Workbook, The

AUDIENCE: Middle school age youth/adolescents. High school age youth/teens.

AVAILABLE FOR PURCHASE.

This 135-page, spiral bound, reproducible workbook provides professionals with a hands-on tool to help teens develop healthy relationships and prevent dating abuse and domestic violence. It is organized into 6 sections including: Evaluating Your Relationships, Understanding Abuse, Social Influences, Building Healthy Relationships, Making Good Decisions, and Review. Tips for facilitators and parent resource sections are also included.



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## Wellness Reproductions and Publishing (continued)



### Healthy Relationships Bingo For Teens

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Healthy Relationships Bingo For Teens* offers a way to open a discussion about developing and maintaining healthy relationships. This game explores the following topics: Things to Look for in a Healthy Relationship; “Red Flags”; Obstacles to a Healthy Relationship; “Green Flags”; Skills to Building a Healthy Relationship. Players learn skills in a nonthreatening format that is both engaging and educational. Game includes a reproducible activity handout.



### Teen Relationship Cards

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

This skill-building card game contains 72 cards with open-ended questions corresponding to activities in the *Teen Relationship Workbook*. May be used independently or with corresponding workbook.

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## West Virginia Foundation for Rape Information and Services / FRIS

112 Braddock Street  
Fairmont, WV 26554

**PHONE:** 304-366-9500

**FAX:** 304-366-9501

**E-MAIL:** [fris@labs.net](mailto:fris@labs.net)

**WEBSITE:** [www.fris.org](http://www.fris.org)



### R.E.S.P.E.C.T. (Responsible Education for Self-Protection Establishing Confidence and Trust)

**AUDIENCE:** Middle school age youth/adolescents.

**AVAILABLE FOR PURCHASE.**

*R.E.S.P.E.C.T.* is a school-based curriculum designed to provide adolescent students with information and skills needed to prevent violence in their relationships. This 300+ page curriculum is comprised of 5 units: healthy relationships, sexual harassment, sexual assault, dating violence, and child sexual abuse.

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## West Virginia Foundation for Rape Information and Services (continued)



### What Every Parent Should Know About the Internet

**AUDIENCE:** Parents.

*What Every Parent Should Know About the Internet* is a brochure designed to provide parents with information about cyberstalking, pornography and child sexual victimization. It includes definitions, statistics, preventive measures, ways to monitor a computer's history, what to do if cyberstalking does occur, and cites additional resources.

This brochure can be downloaded at no charge: [www.fris.org](http://www.fris.org).



### Date and Acquaintance Rape

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. College-age students.

This brochure addresses acquaintance rape. It provides definitions, West Virginia state law references, risk reduction suggestions, and information for victims.

This brochure can be downloaded at no charge: [www.fris.org](http://www.fris.org).



### Child Sexual Abuse Brochure

**AUDIENCE:** Parents.

The *Child Sexual Abuse* brochure provides parents/caregivers with basic information on child sexual assault. It defines child sexual abuse, lists the common emotional responses to child sexual abuse and identifies signs of possible child sexual abuse. This brochure also provides parents with suggestions for preventive measures as well as ways to support a child if abuse has occurred. A list with contact information for the rape crisis centers in West Virginia is also included.

This brochure can be downloaded at no charge: [www.fris.org](http://www.fris.org).



### When Drugs are Used for Rape

**AUDIENCE:** High school age youth/teens. College-age students.

This brochure includes general information on drug facilitated sexual assault, signs of a drug facilitated assault, information on certain drugs as well as alcohol, risk reduction tips, and specific information for victims.

This brochure can be downloaded at no charge: [www.fris.org](http://www.fris.org).

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## Colleen Wingrove

3909 Tura Road  
McFarland, WI 53558

PHONE: 608-219-8818

E-MAIL: [cmwingrove@charter.net](mailto:cmwingrove@charter.net)



### **Enhanced Choices for Teens and Adults: Sexual Violence and Child Abuse Prevention Through Asset Building Skills.**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Enhanced Choices for Teens and Adults* is a prevention curriculum using Howard Gardner's theory of multiple intelligence. This curriculum encourages participants to develop critical thinking skills and places greater emphasis on artistic activities because art involves interdisciplinary intelligence. Information is presented in a safe, creative manner, allowing for the acquisition of asset-building skills and empowering participants to develop resiliency techniques. This three-ring bound, 250-page curriculum includes:

- Laminated color images
- Research review
- Assessment and evaluation tools
- Nine lesson plans (including child abuse/sexual violence)

## Wisconsin Coalition Against Sexual Assault / WCASA

600 Williamson Street, Suite N-2  
Madison, WI 53703

PHONE: 608-257-1516  
TTY: 608-257-1516  
FAX: 608-257-2150  
E-MAIL: [wcasa@wcasa.org](mailto:wcasa@wcasa.org)  
WEBSITE: [www.wcasa.org](http://www.wcasa.org)



### Sexual Violence Prevention: Recommended Concepts for Children

AUDIENCE: Educators. Prevention educators.

This list of recommended concepts has been prepared to help teachers select or develop effective, age-appropriate, personal safety curricula and integrate those messages throughout their interactions with students. Also included are some brief insights into the philosophy of the concepts and tips for their facilitation.

This document is available free of charge by contacting [Trainer@wcasa.org](mailto:Trainer@wcasa.org).

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## Women s Coalition of St. Croix / W.C.S.C.

P.O. Box 222734  
Christiansted, VI 00822

PHONE: 340-773-9272  
FAX: 340-773-9062  
E-MAIL: [wscstx@attglobal.net](mailto:wscstx@attglobal.net)  
WEBSITE: [www.wcstx.com](http://www.wcstx.com)



### St. Croix Child Abuse and Neglect Task Force

AUDIENCE: Preschool age children. Elementary school age children. Middle school age youth/adolescents. High school age youth/teens. Parents. Caribbean, African American, Latino and Caucasian communities.

The St. Croix Child Abuse and Neglect Task Force conducts the following workshops: Comfortable-uncomfortable Touches (K-3); Child Sexual Abuse Prevention (Grades 3-6); Sexual Harassment in Schools (K-12); Conflict Resolution/Peer Mediation School Violence Prevention; Cultural Diversity; Incest, Child Abuse, Respect/Self-Esteem and How to Recognize Child Abuse. The Women's Coalition of St. Croix is willing to share information about any and all of these programs.

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## Women s Resource Center of the New River Valley / WRC

1100 Fairfax Street  
Radford, VA 24141

PHONE: 540-639-1123  
TOLL FREE: 800-788-1123  
FAX: 540-633-5742  
E-MAIL: [peaceline@wrcnrsv.org](mailto:peaceline@wrcnrsv.org)  
WEBSITE: [www.wrcnrsv.org](http://www.wrcnrsv.org)



### Peaceline

**AUDIENCE:** Elementary school age children. Middle school age youth/adolescents.  
High school age youth/teens.

**AVAILABLE FOR PURCHASE.**

*Peaceline* is a pro-active sexual assault prevention education program for middle and high school age youth in both school and community settings. Peaceline uses a video, handouts and interactive experiences to help participants distinguish between healthy and unhealthy relationships. Each lesson includes definitions, activities, handouts and resource information.

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## WomenSport International / WSI

P.O. Box 743  
Vashon, WA 98070

PHONE:  
E-MAIL: [carole\\_oglesby@csun.edu](mailto:carole_oglesby@csun.edu)  
WEBSITE: [www.womensportinternational.org](http://www.womensportinternational.org)



### Sexual Harassment and Abuse in Sport

**AUDIENCE:** Parents. Sports organizations.

This brochure is designed to raise awareness of sexual harassment and abuse in sport and to help sport organizations develop effective policies and practices for harassment and abuse prevention.

To view the text of the brochure, please visit: [www.sportsbiz.bz/womensportinternational/taskforces/harassment\\_brochure.htm](http://www.sportsbiz.bz/womensportinternational/taskforces/harassment_brochure.htm).

## Sandy Wurtele

University of Colorado at Colorado Springs  
Department of Psychology  
1420 Austin Bluffs Parkway  
Colorado Springs, CO 80933-7150

PHONE: 719-262-4150

FAX: 719-262-4166

E-MAIL: [swurtele@uccs.edu](mailto:swurtele@uccs.edu)



### Body Safety Training Program

**AUDIENCE:** Preschool age children. Elementary school age children. Parents.  
Curriculum includes pictures of children from multicultural backgrounds.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

The *Body Safety Training Program* curriculum emphasizes developing prevention skills in young children using techniques such as modeling, rehearsal, social reinforcement, shaping, and feedback. The classroom teacher or a trained facilitator teaches the *Body Safety Training* program to small groups of children using a script and picture cards. Groups of 4 to 10 allow each child time to practice the behavioral skills. In the parent version, parents are provided with a script, picture cards, and a token reward system to teach their children self-protection skills.

*Body Safety Training* can be offered over several days in 15-minute segments. Key program concepts include:

- Understanding the concept of body ownership
- Identifying “private parts”
- Distinguishing appropriate from inappropriate situations in which a bigger person (stranger, relative, acquaintance) looks at or touches their private parts
- Responding to inappropriate touch
- Understanding abuse is never a child’s fault

This curriculum uses stories about children in potentially dangerous situations to practice how children could respond.

## Yello Dyno

203 Barsana  
Austin, TX 78737

PHONE: 512-288-2882 ext. 100  
TOLL FREE: 888-935-5639  
FAX: 512-288-2898  
E-MAIL: [jan@yellodyno.com](mailto:jan@yellodyno.com)  
WEBSITE: [www.yellodyno.com](http://www.yellodyno.com)



### Parent Workshop: Raising Safe Kids in an Unsafe World

AUDIENCE: Parents.

AVAILABLE FOR PURCHASE.

In this 45-90 minute multimedia presentation, parents learn the secret of Yello Dyno's fun, entertaining, and non-threatening approach to children's personal safety. The workshop teaches parents nine secrets for identifying child predators, the methods used to trick children, and at least 15 personal safety tips they can teach their children immediately.



### Play It Safe on the Internet

AUDIENCE: Elementary school age children.

AVAILABLE FOR PURCHASE.

*Play It Safe on the Internet* is a video that helps alert children to online dangers. Key lessons and fundamental online safety rules are woven throughout a true internet story. The happy ending opens children up for discussion.



### Can't Fool Me!

AUDIENCE: Elementary school age children.

OTHER LANGUAGES: Spanish.

AVAILABLE FOR PURCHASE.

*Can't Fool Me!* incorporates video and music to teach children the Yello Dyno Personal Safety Rules.



### Tricky People

AUDIENCE: Elementary school age children.

AVAILABLE FOR PURCHASE.

*Tricky People!* (for grades 4-5) and *Tricky People! Advanced* (for grades 5-6) curricula incorporate video and music to reinforce right understanding, build self-esteem, reawaken survival instincts. In *Tricky People! Advanced*, Lyle's Close Call emphasizes the importance of recognizing the early warning signs of danger and knowing the right action steps to get away.

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## Yello Dyno (continued)



### Safety Party

**AUDIENCE:** Preschool age children. Elementary school age children.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

*Safety Party!* is a video and curriculum featuring the Yello Dyno character. Yello Dyno reinforces key lessons using songs and sound effects to help young children relax and laugh as they learn. The Yello Dyno method is built on teaching children to recognize deceptive behavior; reawaken instincts and feelings (intuition), and build self-confidence. Safety rules are written in rhyme and then embedded in music and dramatic stories.

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## You Have the Power, Inc.

2814 12th Avenue South, Suite 211  
Nashville, TN 37204

**PHONE:** 615-292-7027

**FAX:** 615-292-4088

**E-MAIL:** sara.kemp@yhpt.org

**WEBSITE:** www.yhpt.org



### View from the Shadows, Volumes 1, 2, and 3, A

**AUDIENCE:** Parents. Professionals. Other adults.

**AVAILABLE FOR PURCHASE.**

This three-part video series on child sexual abuse takes a rare look into the mind of the perpetrator. A discussion guide and resource guidebook are included to help de-brief viewers. Viewers will learn how to lower a child's risk of victimization.

Volume 1: *Exposing the Minds of Child Sex Offenders* (18 minutes) provokes awareness, thought, and dialogue through interviews with incarcerated sex offenders, therapists, and survivors of child sexual abuse. This video provides insight into how offenders manipulate children and the community, rationalize their behavior, and avoid detection. Adult survivors share how they have been affected by victimization.

Volume 2: *Treating Child Sex Offenders* (22 minutes) gives an overview of two different approaches to treatment for sex offenders. Through interviews with incarcerated sex offenders, survivors, therapists, and a family reunified after abuse has occurred in the home, this video stimulates discussion about sex offender behavior, treatment programs and how society should cope with these issues.

Volume 3: *In Talking About Child Sex Abuse* (28 minutes), Cordelia Anderson, a nationally recognized expert, advises parents who want to know, "How do I talk to my children about sexual abuse?" Two child victims share their stories. "Johnny" was abused by an uncle when he was 10 years old. Melissa, 11, was abused at home by a close friend of the family.



## You Have the Power, Inc. (continued)



### **Una Vision Desde Las Sombras: Abuso Sexual Infantil en la Comunidad Hispana**

**AUDIENCE:** Parents. Educators. Professionals. Advocates. Latino communities.

**OTHER LANGUAGES:** This video is only available in Spanish (with English subtitles).

**AVAILABLE FOR PURCHASE.**

In this 18-minute Spanish-language video (with English subtitles), two Latinas share their stories of child sexual abuse. A therapist talks about tactics offenders use with victims, how abuse can be prevented, why children don't tell, and the healing process. An attorney and advocate discuss why the Latino community is hesitant to report child sexual abuse, emphasize that reporting is important, and encourage viewers to learn about local laws so they will be able to get help for both the victim and offender. This video will help Latino parents understand how to prevent child sexual abuse, how to recognize the signs, and how to intervene appropriately.



### **Abuso Sexual Infantil: Un Recurso Guia para Ayudar a Ninos, Padres y Profesionales**

**AUDIENCE:** Parents. Professionals. Educators.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This Spanish-language resource guidebook covers topics such as signs/symptoms of child sexual abuse, how abusers "set up" children, internet safety, and why children don't tell.



### **Behind the Screens**

**AUDIENCE:** Middle school age youth/adolescents. High school age youth/teens. Parents.

**AVAILABLE FOR PURCHASE.**

This 16-minute video tells how two young girls unwittingly became involved with adult male pedophiles while online. Video offers expert advice on how to stay safe on the Internet.



### **Our Children: A Resource Guide to Help Children, Parents, and Professionals**

**AUDIENCE:** Parents. Professionals.

**OTHER LANGUAGES:** Spanish.

**AVAILABLE FOR PURCHASE.**

This resource guide designed for parents and professionals covers the following topics:

- How does an abuser "set-up" a child?
- Why do children keep sexual abuse a secret?
- Internet safety
- What are the rights of child victims?

Books are available free of charge to Tennessee residents. Outside Tennessee, the books cost \$1.00 each. For more information, please email [sara.kemp@yhtp.org](mailto:sara.kemp@yhtp.org).

# Preventing Online Exploitation

Children are vulnerable to sexual abuse when they log on to the Internet. Two reports by Finkelhor, Mitchell, and Wolak provide insight to this increasing problem:

- Nearly 24 million youth ages 10 through 17 were online regularly in 1999.<sup>1</sup>
- Almost one in five (19 percent) of young Internet users surveyed received an unwanted sexual solicitation in the previous year.<sup>2</sup>
- Three percent received an aggressive solicitation involving offline contact or attempts or requests for offline contact.<sup>1</sup>
- Seventy percent of unwanted solicitations happened when the youth was using a computer at home.<sup>2</sup>
- Only 17% of youth and approximately 10% of parents could name a specific authority (such as the FBI, the National Center for Missing and Exploited Children's CyberTipline, or an Internet service provider) to which they could make a report.<sup>1</sup>
- In almost half of incidents (49%), youth did not tell anyone about an unwanted sexual solicitation.<sup>2</sup>
- Only 10% were reported to an authority like a teacher, an Internet service provider, or law-enforcement agency. Even with aggressive episodes, only 18% were reported to an authority.<sup>1</sup>

## FOOTNOTES:

<sup>1</sup> *Online Victimization: A Report on the Nation's Youth*, Finkelhor, Mitchell & Wolak. National Center for Missing and Exploited Children. June 2000. [http://www.missingkids.com/en\\_US/publications/NC62.pdf](http://www.missingkids.com/en_US/publications/NC62.pdf)

<sup>2</sup> *Highlights of the Youth Internet Safety Survey*, Finkelhor, Mitchell & Wolak. National Center for Missing and Exploited Children. March 2001. [http://www.missingkids.com/en\\_US/documents/internetsafety\\_surv.pdf](http://www.missingkids.com/en_US/documents/internetsafety_surv.pdf)

## Web-based Resources

The following websites provide information for children, teens, parents, and educators on preventing online child sexual abuse and exploitation.

### [www.acestudy.org/docs/GoldintoLead.pdf](http://www.acestudy.org/docs/GoldintoLead.pdf)

The ACE (Adverse Childhood Experiences) Study is a major research project that reveals a powerful relationship between adverse emotional experiences of children and subsequent development of organic disease in adulthood -

including the leading causes of adult mortality in the United States (i.e., smoking, alcohol use, obesity, physical inactivity, use of illicit drugs, promiscuity, and suicide attempts). Adverse childhood experiences were defined as emotional, physical, or sexual abuse, emotional or physical neglect, and growing up in a house where someone was an alcoholic, a drug user, mentally ill, suicidal, where the mother was treated violently, or where a household member had been imprisoned during the childhood of the adults in the study. The findings from the ACE Study suggest that problems such as addiction frequently have their origins in the traumatic experiences of childhood - and that the molecular structure of various chemicals or the physiologic effects of certain behaviors (e.g., overeating, sexual behaviors) - while ultimately leading to disease and disability, may be particularly effective in ameliorating their effects.

**[www.aecf.org/kidscount/sld/index.jsp](http://www.aecf.org/kidscount/sld/index.jsp)**

This database, launched in July 2005, contains more than 75 measures of child well-being. It includes the most timely data available on Education, Employment and Income, Poverty, Health, Basic Demographics, and Youth Risk Factors for the U.S., all 50 states, and D.C.

Depending on availability, three to five years of trend data is currently available for most indicators.

This easy-to-use, powerful online database allows you to generate custom reports for a geographic area (Profiles) or to compare geographic areas on a topic (Ranking, Maps, and Line Graphs).

Data from the Annie E. Casey Foundation's 2006 KIDS COUNT Data Book are now available in an easy-to-use, powerful online database, entitled "State Level Data Online". This database allows you to generate custom graphs, maps, ranked lists, and state-by-state profiles; or, download the entire data set as delimited text files. The pull-down menus also allow you to read the book online or view the book in PDF format. Additionally, you can order a free copy of the Data Book at

[www.aecf.org/publications/browse.php?filter=15](http://www.aecf.org/publications/browse.php?filter=15).

**[www.childstats.gov/index.asp](http://www.childstats.gov/index.asp)**

The Federal Interagency Forum on Child and Family Statistics, or the Forum, is a working group of Federal agencies that collect, analyze, and report data on issues related to children and families. The Forum has partners from 20 Federal agencies as well as partners in private research organizations.

Published: July 2006

The Forum's signature report, *America's Children: Key National Indicators of Well-Being*, is an annual indicators report that details the status of children and families in the United States. All data are updated annually on the Forum's website (<http://childstats.gov>). A more detailed report alternates every other year with a condensed version that highlights selected indicators. This year, the Forum is publishing the Brief and will return to the detailed report in July 2007.

**[www.cyberangels.org](http://www.cyberangels.org)**

Cyber Angels is a program of the Guardian Angels and is one of the leading online safety and education programs in cyberspace. This website may be viewed in English, Spanish, German, and French. Resources include advice for parents, children, "tweens," and teens.

**[www.cybersmartcurriculum.org/home](http://www.cybersmartcurriculum.org/home)**

The CyberSmart! School Program, in conjunction with Macmillan/McGraw-Hill, offers a free online K-8 curriculum that helps empower children to use the Internet safely, responsibly and effectively. The CyberSmart! Education Company is dedicated to teaching secure, responsible and effective Internet and computer use. A non-profit 501 C (3) corporation, CyberSmart! is a national leader calling for a nationwide commitment and coordinated action agenda to teach cyber skills in order to build the social foundation and culture of secure computing in the 21st century. CyberSmart! also offers fee-based training resources for K-12 administrators, technology leaders, librarians, media specialists, classroom teachers, and parents.

**[www.getnetwise.org](http://www.getnetwise.org)**

GetNetWise is a public service provided by a wide range of Internet industry corporations and public interest organizations. The GetNetWise coalition wants Internet users to be only "one click away" from the resources they need to make informed decisions about their family's use of the Internet. This website offers:

- information on the risks kids face online, based on age levels or types of activities. Includes quick tips for kids, teens, and families
- assistance in identifying Internet safety software and hardware that filter explicit or violent content, monitor a child's Internet access, or limit time online
- sample contracts for kids' Internet use
- links to great Internet sites families can visit together
- information and education on how to identify and report online abuses

### **www.isafe.org**

i-SAFE America, Inc. educates and empowers youth to safely and responsibly take control of their Internet experiences. The i-SAFE program provides students with the awareness and knowledge they need in order to recognize and avoid dangerous, destructive, or unlawful behavior and to respond appropriately. Their Safe Schools Education Initiative and Outreach Campaign brings students, parents, and school community leaders together to help spread this knowledge throughout the community.

### **www.KeepYourChildrenSafe.com**

This website provides parents with practical, easy-to-understand information on child internet safety. The website includes:

- statistics and information about the latest threats to children
- software reviews and a list of free software and resources for parents
- a directory of websites for parents and children
- a discussion forum for parents
- a glossary of common Internet related terms
- A monthly newsletter containing the latest news on Internet safety for children

### **www.missingkids.com/cybertip**

The National Center for Missing and Exploited Children (NCMEC), in partnership with the Federal Bureau of Investigation, Bureau of Immigration and Customs Enforcement, U.S. Secret Service, U.S. Postal Inspection Service, state and local law enforcement, and Internet Crimes Against Children Task Forces, provides a way to report child sexual exploitation through the national CyberTipline and the Child Pornography Tipline. See also: “Child Safety on the Information Highway” [www.missingkids.com/en\\_US/publications/NC03.pdf](http://www.missingkids.com/en_US/publications/NC03.pdf). This downloadable and printable booklet provides adults with basic information on safely using the Internet.

### **www.netsmartz.org**

The NetSmartz Workshop is an interactive, online, educational safety resource from the National Center for Missing & Exploited Children and Boys & Girls Clubs of America that teaches children how to stay safer on the Internet. The goal of the NetSmartz Workshop is to extend the safety awareness of children to prevent victimization and increase self-confidence whenever they go online.

### **www.protectkids.org**

This website provides educational information for parents and provides links to other resources such as parental control software.

### **www.safekids.com and www.safekids.com/safeteens**

The Online Safety Project is part of the Smithsonian Institution’s Permanent Research Collection of Information Technology. A free subscription to the SafeKids/NetFamilyNews Newsletter is offered through this site. This site covers the following information:

- child/teen safety on the information highway
- kid’s rules for online safety
- guidelines for parents
- privacy issues
- family contract for online safety

### **www.stopsexoffenders.com**

The Stop Sex Offenders website offers numerous articles and information on child and family safety including child safety maneuvers, Internet safety, take-action campaigns, sex offenders registry news, books and book reviews, and more.

### **www.usict.org/resources.asp**

The goal of the United States Internet Crime Task Force (USICT), Inc. is to develop programs and procedures to monitor the Internet, educate the public, unify law enforcement and promote the safety of children on the Internet.

**[www.usict.org/viper/](http://www.usict.org/viper/)**

VIPER (Virtual Internet Predator Enticement Repository), [www.usict.org/viper/](http://www.usict.org/viper/), is a NetSafe initiative of The United States Internet Crime Task Force, Inc. The VIPER database is made available only to software vendors, law enforcement, and the federal government. Its database contains intelligence data from chat room communities.

**[www.webwisekids.com](http://www.webwisekids.com)**

Web Wise Kids is a non-profit organization dedicated to protecting children from online predators. Web Wise Kids teaches adults about the dangers online and how to use this program to protect children.

**[www.WiredKids.org](http://www.WiredKids.org)**

WiredKids, a project of Wiresafety, provides information to children, teens, parents and teachers about online safety and privacy. It is a place for kids and teens to learn about being safe and protecting themselves and their privacy while online.

## Online Documents

**Children's Internet Protection Act**

**[www.fcc.gov/cgb/consumerfacts/cipa.html](http://www.fcc.gov/cgb/consumerfacts/cipa.html)**

The *Children's Internet Protection Act (CIPA)* is a federal law enacted by Congress in December 2000 to address concerns about access in schools and libraries to the Internet and other information. Schools and libraries subject to CIPA are required to adopt a policy addressing: (a) access by minors to inappropriate matter on the Internet and World Wide Web; (b) the safety and security of minors when using electronic mail, chat rooms, and other forms of direct electronic communications; (c) unauthorized access, including so-called "hacking," and other unlawful activities by minors online; (d) unauthorized disclosure, use, and dissemination of personal information regarding minors; and (e) restricting minors' access to harmful materials.

**Internet Crimes Against Children**

**[www.ojp.usdoj.gov/ovc/publications/bulletins/internet\\_2\\_2001/NCJ184931.pdf](http://www.ojp.usdoj.gov/ovc/publications/bulletins/internet_2_2001/NCJ184931.pdf)**

Office for Victims of Crime (OVC) Bulletin.  
December 2001.

This bulletin highlights some of the challenges law enforcement and victim service professionals face in addressing Internet crimes against children and focuses attention on how best to respond to their needs and the needs of their families.

**Online Victimization: A Report on the Nation's Youth**

**[www.missingkids.com/en\\_US/publications/NC62.pdf](http://www.missingkids.com/en_US/publications/NC62.pdf)**

Finkelhor, Mitchell & Wolak. June 2000.

This report describes ways in which young Internet users have been victimized or potentially victimized online. It also provides information on how families and young people are addressing matters of danger and protection on the Internet. This report highlights the extent of the impact of the Internet on youth and how relatively few families or young people are prepared to deal with it. It further highlights the need for private and public initiatives to raise awareness and provide solutions.

**Highlights of the Youth Internet Safety Survey**

**[www.missingkids.com/en\\_US/documents/internetsafety\\_surv.pdf](http://www.missingkids.com/en_US/documents/internetsafety_surv.pdf)**

Finkelhor, Mitchell & Wolak. March 2001.

The Youth Internet Safety Survey, conducted by the Crimes against Children Research Center at the University of New Hampshire, collected information about incidents of possible online victimization through telephone interviews with a national sample of 1,501 youth ages 10 through 17 who used the Internet regularly (at least once a month for the past 6 months). The survey addressed three main issues: sexual solicitations and approaches, unwanted exposure to sexual material, and harassment.

### **Parents Guide to the Internet**

[www.ed.gov/pubs/parents/internet/index.html](http://www.ed.gov/pubs/parents/internet/index.html)

This U.S. Department of Education resource can assist adults in learning more about computers and the Internet so that they can help keep children safe online.

### **A Parents Guide to Internet Safety**

[www.fbi.gov/publications/pguide/pguide.htm](http://www.fbi.gov/publications/pguide/pguide.htm)

The Federal Bureau of Investigation, in conjunction with the National Center for Missing and Exploited Children, provides this guide to assist parents in keeping children safe while using the Internet. This guide was prepared from actual investigations involving child victims, as well as investigations where law enforcement officers posed as children. This document is available in English and Spanish.

### **Protecting Children in Cyberspace: The ICAC Task Force Program**

[www.ncjrs.org/pdffiles1/ojdp/191213.pdf](http://www.ncjrs.org/pdffiles1/ojdp/191213.pdf)

This bulletin discusses the emerging online threat to children and teenagers and the efforts of the Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) Internet Crimes Against Children (ICAC) Task Force Program. The ICAC Program is designed to enhance the response of state and local law enforcement to child pornography and enticement offenses.

### **Protecting Children Online: An ECPAT Guide**

[www.ecpat.net/eng/Ecpat\\_inter/Publication/Other/English/Pdf\\_page/ecpat\\_onlinesafety.pdf](http://www.ecpat.net/eng/Ecpat_inter/Publication/Other/English/Pdf_page/ecpat_onlinesafety.pdf)

ECPAT (End Child Prostitution, Child Pornography and Trafficking of Children for Sexual Purposes) is a network of organizations and individuals working together to eliminate the commercial sexual exploitation of children. It encourages the world community to ensure that children everywhere enjoy their fundamental rights free from all forms of commercial sexual exploitation. Protecting Children Online explains how computer technology can and has been used to exploit children. This booklet is available in English, Thai, Japanese, and Swedish.



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### Additional Ways to Access Information

All articles listed in selected bibliographies are part of the NSVRC resource library collection. To access the online library database, go to the NSVRC website at [www.nsvrc.org](http://www.nsvrc.org), and select the *Library* tab.

To find child sexual abuse prevention resources, select *Searches/Special Searches*, and select “Child Sexual Abuse Prevention Project”; this automated search will result in a complete list of library resources related to this directory. Additionally, a *Browse* search under the series title, “Child Sexual Abuse Prevention Project” will also retrieve this complete list. These materials may also be searched in the library database. In the *Powersearch* screen, search for “Child Sexual Abuse Prevention Project” in the “series” field, and search for other desired keywords in other fields. Criteria such as language, media format, or year can be specified under *Search Options*.

Due to copyright restrictions, the full text of many of the resources in the NSVRC library is not available online. When the full text of an item is available online, the library will provide a direct link to the resource through the library record. To obtain a copy of an article that is not available online or for further assistance, please contact the NSVRC. If copyright restrictions apply, the NSVRC will provide ordering and/or publisher information.

The NSVRC offers customized technical assistance in locating child sexual abuse prevention resources through a variety of methods. You may submit your requests by:

**Mail:** NSVRC  
123 North Enola Drive  
Enola, PA 17025  
**Email:** [resources@nsvrc.org](mailto:resources@nsvrc.org)

**Telephone:** 877-739-3895 (toll-free)  
**TTY:** 717-909-0715  
**Fax:** 717-909-0714  
**Online Request Form:** [www.nsvrc.org/request](http://www.nsvrc.org/request)

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Librarian  
National Sexual Violence Resource Center  
123 North Enola Drive  
Enola, PA 17025

Or e-mail: [resources@nsvrc.org](mailto:resources@nsvrc.org).