2018 Annual Report for the Emerging Infections Program for Clostridioides difficile Infection

Accessible Version: https://www.cdc.gov/hai/eip/Annual-CDI-Report-2018.html

In 2018, a total of 15,591 cases of *C. difficile* infection (CDI) were reported to the Emerging Infections Program (EIP) in 35 counties in 10 states (California, Colorado, Connecticut, Georgia, Maryland, Minnesota, New Mexico, New York, Oregon, and Tennessee).

The overall distribution of EIP CDI cases and crude incidence by selected demographic factors and epidemiologic classification is presented in Table 1. Data in this report are not intended to be directly compared to annual reports from other years and should not be used to determine annual changes in EIP CDI incidence rates because single year calculations do not account for changes in testing practices by reporting facilities.

Demographic Characteristic	Population ≥1 Year of Age	Community-Associated CDI ^b		Healthcare-Associated CDI ^b		All CDI ^c	
		No.	Incidence ^d	No.	Incidence ^d	No.	Incidence ^d
Sex							
Male	5,866,907	2905	49.52	3640	62.04	6545	111.56
Female	6,116,019	4995	81.68	4051	66.23	9046	147.91
Age group							
1-17 years	2,526,903	675	26.70	228	9.03	903	35.74
18-44 years	4,691,190	1951	41.59	836	17.82	2787	59.41
45-64 years	3,088,096	2443	79.11	2227	72.12	4670	151.23
≥65 years	1,676,737	2832	168.91	4399	262.35	7231	431.25
Race							
White	8,053,029	6330	78.60	5600	69.54	11930	148.14
Other	3,929,897	1571	39.98	2090	53.18	3661	93.16
Total ^c	11,982,926	7901	65.93	7690	64.18	15591	130.11

^a The epidemiologic classification was statistically imputed for 1.5% of the observed CDI cases, and race was statistically imputed for 18.7% of the observed CDI cases. The weighted frequency of cases in Colorado and Georgia was based on 33% random sampling for cases aged ≥18 years.

^b A CDI case was classified as community-associated if the *C. difficile*-positive stool specimen was collected on an outpatient basis or within 3 days after hospital admission in a person with no documented overnight stay in a healthcare facility in the preceding 12 weeks. All CDI cases that do not meet the aforementioned criteria were classified as healthcare-associated.

^c Subcategories may not add to total due to rounding.

^d Cases per 100,000 persons.

Diagnostic testing

In 2018, 85% of participating laboratories reported routinely using a nucleic acid amplification test (NAAT) either alone or as part of a multistep testing algorithm for CDI diagnosis. Among all CDI cases identified in 2018, 21% were positive by a toxin enzyme immunoassay (EIA), 21% were positive by NAAT only (toxin-negative), 55% were positive by NAAT but no information was available regarding toxin-positivity (e.g., diagnosed by a laboratory that only utilized NAAT), and 3% were diagnosed by other methods (e.g., cell cytotoxicity assay).

Laboratory Characterization of C. difficile Isolates

This section will be updated once the data are available.

Note: Data in this report were generated on March 17, 2020.

Appendix*

An initial chart review was performed on all CDI cases in eight EIP sites and on a random sample of cases in the two remaining EIP sites with the largest surveillance catchment areas (CO and GA).¹ A subsequent comprehensive chart review was performed on all community-associated cases and a subset of healthcare-associated cases. Of 7418 cases with data available, 7091 (95.6%) received CDI treatment. These included 4798 (67.7%) cases treated with vancomycin (excluding vancomycin tapers), 366 (5.2%) with vancomycin tapers, 3268 (46.1%) with metronidazole, and 188 (2.7%) with fidaxomicin. Bezlotoxumab was administered to 7 cases. Overall, the average duration of therapy was 14 days (range: 1–104 days).

Of the 7091 treated cases, 3334 (47.0%) either required hospitalization for their CDI or were already hospitalized at the time of their CDI diagnosis. The average length of hospital stay was 8 days (range: 0–365 days). Among 3126 hospitalized cases with treatment dates available: 2664 (85.2%) were treated with vancomycin (excluding vancomycin taper), and on average, received 49.5% (range: 0% to 100%) of their therapy as inpatient and 50.5% (range: 0% to 100%) as outpatient; 1443 (46.2%) were treated with metronidazole, and on average, received 76.2% (range: 0% to 100%) of their therapy as inpatient and 23.8% (range: 0% to 100%) as outpatient; and 72 (2.3%) were treated with fidaxomicin, and on average, received 61.7% (range: 0% to 100%) of their therapy as inpatient.

References

¹Centers for Disease Control and Prevention. Healthcare-Associated Infections - Community Interface (HAIC). *Clostridioides difficile* infection (CDI) tracking. Available at: <u>https://www.cdc.gov/hai/eip/cdiff-tracking.html</u> Accessed November 17, 2020.

*The appendix Includes results of special analyses that are requested or of interest during a particular surveillance year.