

## MYANMAR (BURMA)

## STRATEGIC FOCUS

The U.S. Centers for Disease Control and Prevention (CDC) office was formally established at the U.S. Embassy in Yangon, Myanmar in January 2015. CDC supports Myanmar's goal of reaching the Joint United Nations Programme on HIV/AIDS (UNAIDS) 95-95-95 targets by 2030, whereby 95 percent of all people living with HIV (PLHIV) will know their HIV status, 95 percent of all people with diagnosed HIV will receive sustained antiretroviral therapy (ART), and 95 percent of all people receiving ART will have viral suppression. Through the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), CDC has been instrumental in building a sustainable HIV response with other technical and donor partners, by developing strategies and operational guidelines for HIV/AIDS prevention and treatment and strengthening surveillance and laboratory systems.

In addition to strengthening Myanmar's national HIV response, CDC has been supporting efforts to mitigate the COVID-19 pandemic and address the tuberculosis (TB) epidemic and critical health security initiatives, such as the Field Epidemiology Training Program and vaccine-preventable disease control, including supporting the national roll out of COVID-19 vaccines.

## KEY ACTIVITIES AND ACCOMPLISHMENTS

## HIV

- CDC/PEPFAR support in Myanmar focuses on technical assistance (TA) and targeted support to improve the clinical cascades for HIV prevention, testing, and treatment of key populations (KP) affected by high HIV prevalence and ongoing high-risk behaviors.
- Working in close collaboration with the Global Fund for AIDS, TB and Malaria, UNAIDS, the World Health Organization (WHO), and other partners, CDC provides TA to develop national strategies to increase the yield of HIV testing, to increase early enrollment in treatment, and to achieve high rates of retention in treatment including ensuring viral load (VL) suppression and TB prevention, diagnosis, and treatment.
- CDC has provided technical support to develop the HIV Testing Guidelines, incorporating the modalities of index testing, self-testing and peer-led community-based screening in previously unreached KP communities. CDC also helped to update the HIV Treatment Guidelines in Myanmar, including the full implementation of Test and Start—the initiation of ART upon diagnosis—for all PLHIV since 2017, and incorporating key aspects of differentiated services to suit the needs of KP in Burma.
- CDC is working with key partners (WHO, UNAIDS and the Global Fund) to strengthen HIV diagnostic and VL testing quality management systems and to build capacity for national scale-up of routine HIV VL testing.
- CDC has provided TA to support KP surveillance as well as collection and use of data to inform program monitoring and quality improvement at national and sub-national levels, including through treatment and prevention program reviews.

## Tuberculosis (non-PEPFAR)

- CDC is working with USAID and partners to provide TA and help build capacity for sustaining TB diagnostic and treatment services following the major disruptions from the COVID-19 pandemic and the military-led coup d'état on February 1, 2021.
- CDC has provided technical support for assuring the quality of laboratory diagnostic services, and the design and implementation of the national tuberculosis prevalence survey, and planning for a national drug-resistant TB survey.

## Key Country Leadership

President:  
H.E. Myint Swe

Minister of Health & Sports:  
Dr. Thet Khaing Win

U.S. Ambassador:  
Thomas Vajda

CDC/DGHT Director:  
Mitesh Desai

**Country Quick Facts**  
([worldbank.org/en/where-we-work](http://worldbank.org/en/where-we-work))

Per Capita GNI:  
\$1,260 (2020)

Population (millions):  
54.41 (2020)

Under 5 Mortality:  
19/1,000 live births (2019)

Life Expectancy:  
67 years (2019)

**Global HIV/AIDS Epidemic**  
([aidsinfo.unaids.org](http://aidsinfo.unaids.org))

Estimated HIV Prevalence  
(Ages 15-49): 0.7% (2019)

Estimated AIDS Deaths  
(Age ≥15): 7,300 (2019)

Estimated Orphans Due to  
AIDS: 120,000 (2019)

Reported Number Receiving  
Antiretroviral Therapy (ART)  
(Age ≥15): 176,697 (2019)

**Global Tuberculosis  
(TB) Epidemic**  
([who.int/tb/country/data/profiles/en](http://who.int/tb/country/data/profiles/en))

Estimated TB Incidence:  
322/100,000 population (2019)

TB Patients With Known HIV  
Status Who Are HIV-positive:  
7.8% (2019)

TB Treatment Success Rate:  
88% (2018)

Estimated TB Mortality:  
41/100,000 population (2019)

## DGHT Country Staff: 4

Locally Employed Staff: 3  
Direct Hires: 1  
Fellows & Contactors: 0

Our success is built on the backbone of science and strong partnerships.

September 2021 | The CDC Division of Global HIV & TB activities are implemented as part of the U.S. President's Emergency Plan for AIDS Relief (PEPFAR); non-HIV related TB activities are supported by non-PEPFAR funding

