



Maine Viral Hepatitis & Liver Cancer Prevention Profile

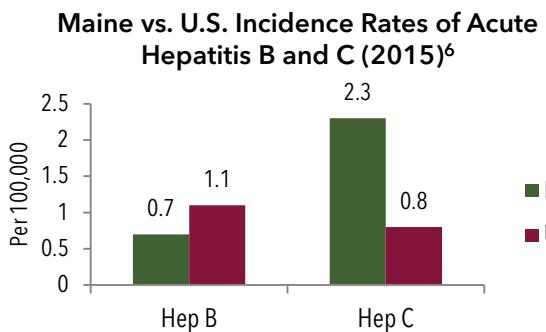
Each year in the United States, around 31,000 people get liver cancer.¹ Did you know that among people with certain liver cancers in the United States, more than half have hepatitis C and around 15% have hepatitis B?² Less than 18% of people diagnosed with any kind of liver cancer live five or more years.³



Populations at higher risk of hepatitis B infection include people born in Asia and sub-Saharan Africa, people who inject drugs, incarcerated individuals, men who have sex with men and health care workers at risk of occupational exposure.⁴

Populations at higher risk of hepatitis C infection include baby boomers (born 1945-1965), those who inject drugs or who have ever injected drugs, individuals with HIV, and prior recipients of transfusions or organ transplants.⁴

What's happening in Maine?



Take Action!

Most new liver cancer cases diagnosed each year could be prevented through these strategies:⁴

SURVEILLANCE	VACCINATION	SCREENING	TREATMENT	POLICY, SYSTEMS & ENVIRONMENTAL (PSE) CHANGE
<p><i>State- and national-based surveillance systems provide essential data for program planning.</i></p> <ul style="list-style-type: none"> Use cancer registry data to: <ul style="list-style-type: none"> Describe disease burden Identify disease trends to inform patterns of access to care Use National Notifiable Diseases Surveillance System and Viral Hepatitis Surveillance Program to: <ul style="list-style-type: none"> Describe infection of disease Monitor trends in incidence and prevalence of risk factors for disease Follow the CDC Guidelines for Viral Hepatitis Surveillance and Case Management 	<p><i>95% of hepatitis B infections can be prevented with immunization, and promising practices.⁷</i></p> <ul style="list-style-type: none"> Identify individuals recommended for <u>hepatitis B vaccination</u> Administer vaccination as part of routine services 	<p><i>Early detection is key.</i></p> <ul style="list-style-type: none"> Identify patients who are at high risk for <u>hepatitis B</u> or <u>hepatitis C</u> infections Test according to age- and risk-based guidelines Assess for risk factors for liver cancer, including: <ul style="list-style-type: none"> Heavy alcohol use Obesity Type II diabetes¹ 	<p><i>Viral hepatitis is curable, and treatment could prevent 90,000 liver cancer deaths by 2030.⁸</i></p> <ul style="list-style-type: none"> Ensure those infected with <u>hepatitis B</u> or <u>hepatitis C</u> receive appropriate care and treatment Partner with insurers to develop solutions to lower cost of treatment 	<p><i>PSE change leads to broader impact and sustainability.</i></p> <ul style="list-style-type: none"> Build infrastructure that allows the identification, follow-up and monitoring of individuals with hepatitis B and hepatitis C infections Work with stakeholders to support improvements in research, prevention, screening, diagnosis and care⁸

REFERENCES: 1. Centers for Disease Control and Prevention. (2017). *Liver Cancer*. Retrieved from <http://bit.ly/2xm0EVg>. 2. El-Serag, H.B. & Kanwal, F. (2014). Epidemiology of Hepatocellular Carcinoma in the United States: Where Are We? Where Do We Go? *Hepatology*, 60(5), 1767-1775. doi: 10.1002/hep.27222 3. Centers for Disease Control and Prevention. (n.d.). *5-Year Relative Survival by Selected Primary Site, Race, Sex and Age Group*. Retrieved from <http://bit.ly/2VqMLn> 4. Centers for Disease Control and Prevention. (2016). *CDC Fact Sheet: Viral Hepatitis and Liver Cancer*. Retrieved from <http://bit.ly/211K2pV> 5. Centers for Disease Control and Prevention and National Cancer Institute. (2017). *United States Cancer Statistics: 1999-2014 Incidence and Mortality Web-Based Report*. Retrieved from <http://bit.ly/2in7Ytp> 6. Centers for Disease Control and Prevention. (2017). *Surveillance of Viral Hepatitis- United States - 2015*. Retrieved from <http://bit.ly/2z3D4GS> 7. Centers for Disease Control and Prevention. (2017). *Viral Hepatitis: Vaccination of Adults*. Retrieved from <http://bit.ly/2x2tIq> 8. National Academy of Sciences, Engineering, and Medicine. (2017). *A National Strategy for the Elimination of Hepatitis B and C: Phase Two Report*. Retrieved from <http://bit.ly/2yMQ07I>

*Refers to cancer that begins in the liver or intrahepatic bile duct.

Learn more about viral hepatitis at www.cdc.gov/hepatitis and more about liver cancer at www.cdc.gov/cancer/liver



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