

FOLLOW THESE 6 STEPS

to help keep us all healthy at pools and beaches

1

GET VACCINATED AGAINST COVID-19

if you are 12 years or older.



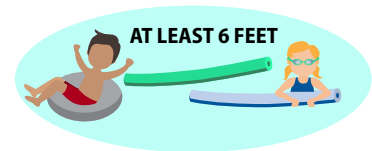
2

If you are not fully vaccinated*, **WEAR A MASK** indoors, except in the water.



3

If you are not fully vaccinated*, **STAY AT LEAST 6 FEET APART**—in and out of the water, indoors and outdoors—from people you don't live with.



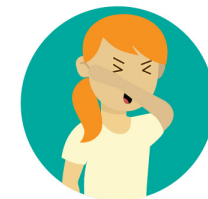
4

DON'T SHARE ITEMS that come in contact with the face (such as goggles, nose clips, and snorkels).



5

COVER YOUR COUGHS AND SNEEZES with a tissue or your elbow, throw the tissue in the trash, and wash your hands.



6

WASH YOUR HANDS OFTEN with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol.



* People are fully vaccinated 2 weeks after their second dose of a 2-dose vaccine (such as the Pfizer-BioNTech or Moderna vaccine) or 2 weeks after a single-dose vaccine (such as Johnson & Johnson's Janssen vaccine).

Now, **let's swim!**



cdc.gov/coronavirus