Revised Transactional Model of Occupational Stress and Coping

Adapted from Goh, Sawang, and Oei (2010) and applied to trauma patient care

1. Primary Appraisal: Trauma nurse determines whether trauma care situation is a threat, challenge, or benign

2. Secondary Appraisal: Trauma nurse determines what can be done such as stress management

3. Negative Stress Response: Trauma nurse experiences secondary traumatic stress and decreased work productivity

4. Coping Strategies Deployed: Trauma nurse uses coping strategies to mitigate negative stress response

5. Residual Stress: Trauma nurse experiences negative stress for prolonged period of time