# Percentage* of Adults Aged $\geq 18$ Years with Arthritis, ${ }^{\dagger}$ by Sex and Age Group - National Health Interview Survey, § United States, 2019 



* With 95\% confidence intervals indicated with error bars.
${ }^{\dagger}$ Arthritis is based on a "yes" response to a survey question that asked, "Have you ever been told by a doctor or other health professional that you had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"
${ }^{\S}$ Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

In 2019, among adults aged $\geq 18$ years, prevalence of arthritis (including rheumatoid arthritis, gout, lupus, and fibromyalgia) increased with age among both men and women. For men, prevalence increased from $5.8 \%$ among those aged $18-44$ years to $22.3 \%$ among those aged $45-64$ years, $40.1 \%$ among those aged $65-74$ years, and $44.7 \%$ among those aged $\geq 75$ years. For women, prevalence increased from $6.6 \%$ among those aged $18-44$ years to $29.3 \%$ among those aged $45-64$ years, $48.6 \%$ among those aged $65-74$ years, and $57.8 \%$ among those aged $\geq 75$ years. Women were more likely to have arthritis than were men overall ( $24.3 \%$ versus $18.3 \%$ ) and in all age groups except $18-44$ years, where the difference did not reach statistical significance.

Source: National Center for Health Statistics. National Health Interview Survey, 2019. https://www.cdc.gov/nchs/nhis.htm
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