

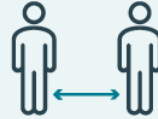


COVID-19

ACT NOW!



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS

Use Masks to Slow the Spread of COVID-19

Updated Feb. 10, 2021

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[Your Guide to Masks](#)

[Masks Protect You & Me](#)

[How to Wear Masks](#)

[How to Store and Wash Masks](#)

[Improve How Your Mask Protects You](#)

[Types of Masks](#)

I wear a mask because...

CDC staff give their reasons for wearing a mask.



Wear a mask because...

More Information

[Requirement for Face Masks on Public Transportation Conveyances and at Transportation Hubs](#)

[CDC calls on Americans to wear masks to prevent COVID-19 spread](#)

Last Updated Feb. 10, 2021

Content source: [National Center for Immunization and Respiratory Diseases \(NCIRD\), Division of Viral Diseases](#)