

COVID-19

ACT NOW!



Frequently Asked Questions about v-safe

Updated Jan. 20, 2021

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How can I participate in v-safe?

Once you get a COVID-19 vaccine, you can enroll in **v-safe** using your smartphone. Your healthcare provider will give you an information sheet on **v-safe** that explains how to register and get started. **v-safe** is free to use — you will need a smartphone with a modern browser and access to the internet to participate. Participation is voluntary and you can opt out at any time. To opt out, simply text “STOP” when **v-safe** sends you a text message. You can also start **v-safe** again by texting “START.”

Other v-safe Resources

- [V-safe After Vaccination Health Checker](#) >
 - [Troubleshooting](#) >
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If you would like to participate in **v-safe**, you must sign up within 42 days of getting your first COVID-19 vaccine dose.

How long do v-safe check-ins last?

During the first week after you get your vaccine, **v-safe** will send you a text message each day to ask how you are doing. Then you will get check-in messages once a week for up to 5 weeks. The questions **v-safe** asks take less than 5 minutes to answer.

If you need a second dose of vaccine, **v-safe** will provide a new 6-week check-in process so you can share your second-dose vaccine experience as well. Finally, you'll receive check-ins 3, 6, and 12 months after your final dose of vaccine.

Is my health information safe?

Yes. Your personal information in **v-safe** is protected so that it stays confidential and private. To the extent **v-safe** uses existing information systems managed by CDC, FDA, and other federal agencies, the systems employ strict security measures appropriate for the data's level of sensitivity.

How does my participation in v-safe make a difference?

By participating in v-safe, you can tell CDC if you have any side effects after a COVID-19 vaccine. This information helps CDC monitor the safety of COVID-19 vaccines in near real time. If any serious health problems are reported, they can be quickly investigated by CDC's medical experts and scientists. In addition, traditional vaccine safety systems, such as [Vaccine Adverse Event Reporting System](#) (VAERS) and the [Vaccine Safety Datalink](#) (VSD), will also be used to monitor the safety of COVID-19 vaccines. These systems are part the nation's comprehensive approach to vaccine safety.

What if I have a health problem I think is related to my COVID-19 vaccination between v-safe check-ins or after I've finished v-safe?

If at any time you have symptoms or health problems following COVID-19 vaccination that concern you, please contact your healthcare provider. In addition to your participation in **v-safe**, you can also [report your experience to VAERS](#).

Need help with v-safe?

[Troubleshooting](#)

[Frequently Asked Questions](#)

Live v-safe support:

Available Monday-Friday 8:00 a.m. – 8:00 p.m. ET

Call 800-CDC-INFO (800-232-4636) TTY 888-232-6348

Email:

[Contact Form](#)



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