

COVID-19

CASES ARE RISING.
ACT NOW!



Holiday Celebrations and Gatherings

Updated Jan. 14, 2021 [Print](#)



Holidays & Gatherings

Enjoy holidays and gatherings and take steps to celebrate safely.

Holidays >

Coping with Holiday Stress >

As cases, hospitalizations, and deaths continue to increase across the United States, the safest way to celebrate holidays is to celebrate at home with people who live with you.

Gatherings with family and friends who do not live with you can increase the chances of getting or spreading [COVID-19](#) or the [flu](#).

Cases in the last 7 days

1,737,820

More Information

[How Right Now: Practicing Gratitude Works](#) 

[How Right Now: Find What Helps This Season](#) 

[Stress and Coping](#)

[Travel During the COVID-19 Pandemic](#)

[Know Your Travel Risk](#)

[Know When to Delay Your Travel to Avoid Spreading COVID-19](#)

[Travel Planner](#)

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Content source: [National Center for Immunization and Respiratory Diseases \(NCIRD\), Division of Viral Diseases](#)