

WAYS TO PARTICIPATE

All members of your pharmacy team can help fight type 2 diabetes by getting involved in one or more of the following tiers.



TIER 1

Promote awareness of pre-diabetes and the National DPP among patients at risk

TIER 2

Screen and test patients for prediabetes, and refer those eligible to a CDC-recognized organization offering the program



TIER 3

Offer the National DPP lifestyle change program

WHO WE ARE

The CDC-led National DPP is a partnership of public and private organizations working together to build the infrastructure for nationwide delivery of the lifestyle change program.

This evidenced-based program aims to prevent or delay the onset of type 2 diabetes in adults with prediabetes. Visit the National DPP website to learn more about how you can get involved.



Centers for Disease
Control and Prevention
National Center for Chronic
Disease Prevention and
Health Promotion

The National Diabetes Prevention Program (National DPP) is led by the Centers for Disease Control and Prevention (CDC).

FIGHT TYPE 2 DIABETES AT YOUR PHARMACY



HELP FIGHT TYPE 2 DIABETES IN YOUR COMMUNITY

To better address the growing problem of type 2 diabetes, Congress authorized the Centers for Disease Control and Prevention (CDC) to establish the National Diabetes Prevention Program (National DPP), a public-private initiative that provides the framework for type 2 diabetes prevention efforts in the United States. The National DPP lifestyle change program is a proven way for you to improve both the health of your patients and your business, using a CDC-approved curriculum and resources. Get involved now and make an impact in your community.



THE NATIONAL DPP LIFESTYLE CHANGE PROGRAM

Yearlong group program offered in person, online, via distance learning, or through a combination of these approaches

- Taught by a trained lifestyle coach
- Uses a CDC-approved curriculum
- Includes regular interactions between the lifestyle coach and patients
- Focuses on behavior change to improve healthy eating, increase physical activity, and manage stress

PHARMACISTS WHO SUCCESSFULLY IMPLEMENTED THE PROGRAM HAVE ALREADY HAD POSITIVE EXPERIENCES

Your customers will thank you.

It's rewarding to develop relationships with your community and see patients reduce their risk of type 2 diabetes.

You'll diversify your business.

The National DPP is a unique way for you to advance your pharmacy brand and potentially generate additional revenue.

Free resources are available.

CDC has developed a full curriculum and a user-friendly action guide to help you get the program off the ground.

**Visit NationalDPPCSC.cdc.gov
to learn more about how you
can get involved.**